



Humboldt County Transition Age Youth Collaboration

Local Resource Guide for Transition Age Youth

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Have we missed something? Do we have old information? Let us know by sending an email with new resources or corrections to humboldtyouth@gmail.com. We appreciate your help!

Leadership and Skill-Building Information and Services

Name: Humboldt County Transition Age Youth Collaboration (HCTAYC)

Address: 134 D St., Suite 101, Eureka, CA 95501

Phone: (707) 476-2260

Website: www.humboldtyouth.org

Description: Provides leadership development trainings to all transition age youth (16-26 years old) in Humboldt, and may offer support for youth to attend leadership development events on a local, state and national level. Youth Advisory Board applications are available; YAB members receive monthly stipends for their participation in meetings, social events and conferences.

Name: Independent Living Skills (ILS)

Address: 134 D St., Suite 101, Eureka, CA 95501

Phone: (707) 476-1291 or (707) 476-1293

Website: <http://co.humboldt.ca.us/HHS/SSB/IndependentLivingSkillsProgram.asp>

Description: Voluntary program designed to assist youth in transitioning from the foster care system. Youth who have been in foster care after their sixteenth birthdays are eligible for ILSP services until the day before their 21st birthdays. Youth are referred to the program by their social worker or probation officer. ILS Coordinator offers three kinds of service: Workshops, Special Events and Individual Services. ILS also assists youth in obtaining their birth certificates, California ID cards and other documents. To encourage participation, the program provides incentives. To encourage youth to finish high school, eligible youth who are active in the program (meaning have attended at least 6 events) receive a household start-up kit containing brand new dishes, sheets, pots, pans, a phone, and many other items as a gift upon graduation.

Name: California Youth Connection (CYC)

Address: Humboldt Chapter: 134 D St., Suite 101, Eureka, CA 95501

Website: www.calyouthconn.org

Description: CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy. CYC Chapters in counties throughout the state identify local issues and use grassroots and community organizing to create change.

Name: Youth in Mind

Address: 2147 Oregon St., Berkeley, CA 94705

Phone: (916) 217-7227

Website: www.yimcal.org

Description: Youth in Mind is a statewide organization made up of young people affected by the mental health system seeking to promote positive change through leadership and advocacy within the field of mental health. Youth in Mind members participate in all levels of system change including member leadership summits, mental health conferences, and local advocacy opportunities.

Name: The Ink People

Address: 411 12th St, Eureka

Phone: (707) 442-8413

Website: <http://inkpeople.org/>

Description: The Ink People's office is open Tues-Sat 11-4 and the first Saturday of each month from 6-9 PM for Arts Alive! This is a public benefit community cultural development organization founded in 1979. They encourage people to exercise their humanity, build civic discourse and engage their creative potential. Offers

exhibitions, classes, workshops, films, an arts and humanities library, poetry readings, free Internet access, and special events. Facilities include shared studios for photography, printmaking, painting & drawing, digital arts, and fiber arts, and a performance/meeting space.

Name: Media & Art Resource Zone (MARZ) Project

Address: 411 12th St., Eureka, CA 95501

Phone: (707) 442-8413

Website: www.myspace.com/marzproject

Description: Located at the Ink People Center For the Arts. After school youth project Tuesday-Friday 3-6pm. Promotes self discovery and leadership skills; encourages teens to explore positive means of expression; program is free.

Mental Health and Counseling Information and Services

Name: Mental Health Bill of Rights

Website: http://www.aacap.org/cs/root/resources_for_families/patient_bill_of_rights (children)

Website: <http://www.rtc.pdx.edu/FeaturedDiscussions/pgFD00main.php> (youth)

Website: http://www.naswdc.org/practice/behavioral_health/mental.asp (all)

Description: Bills of rights for children, youth, and all recipients of mental health care.

Name: Humboldt County Mental Health Office of Patients' Rights

Address: Public Health Building, 529 I St., Eureka, CA 95501

Phone: (707) 476-4948 or (707) 268-2183

Email: sinfantino@co.humboldt.ca.us, jsnow@co.humboldt.ca.us

Description: Works with Mental Health Branch to ensure the rights of all clients/patients who avail themselves of county mental health services. At a client's request, represents that client at Probable Cause Hearings inside Sempervirens, investigates any request or complaint and generally speaks for those who may not be able to speak for themselves.

Name: Humboldt County Mental Health Department

Address: 727 Cedar Street, Garberville, CA 95542

Phone: 707-923-2729

Website: <http://co.humboldt.ca.us/HHS/MHB/>

Description: Outpatient counseling on Fridays. Walk-in clinic every other week.

Name: Humboldt County DHHS, Mental Health Branch

Address: 1711 3rd St. Eureka (children, youth and family) 720 Wood Street, Eureka (adult)

Phone: 707-268-2800 (children, youth and family services) 707-268-2945 (adult services)

Website: <http://co.humboldt.ca.us/HHS/MHB/>

Description: Mental Health case management for adults and children who are receiving services at County Mental Health. Comprehensive mental health services and referral point. Call during business hours to make an appointment, reach staff or speak to receptionist.

Name: Humboldt County Mental Health- Crisis Line

Phone: 707-445-7715

Website: <http://co.humboldt.ca.us/HHS/MHB/>

Description: Talk with a live person 24 hours/day. Call anytime day or night. Trained crisis specialists answer the phone. They can listen, and/or make referrals to community resources, and have a list of counselors who accept insurance.

Name: National Alliance on Mental Illness (NAMI) Humboldt Chapter

Phone: 707-444-1600

Website:

http://www.nami.org/Template.cfm?Section=your_local_NAMI&Template=/CustomSource/LocalDetail.cfm&ocalID=000000017&fromHL=no&state=CA

Description: NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness.

Name: Hope Center

Address: 2933 H St., Eureka

Phone: 707-441-3723

Description: Free, supportive space for people with mental illness, ongoing groups, peer to peer support, advocacy, drop-in services.

Name: Hospice of Humboldt

Address: 2010 Myrtle Ave./P.O. Box 3611, Eureka, CA 95502

Phone: 707-445-8443

Website: www.hospiceofhumboldt.org/

Description: Bereavement, terminally ill patient care and respite. Provides social workers, a chaplain, grief groups and counselors. 8-week sessions of peer support for children aged 5 through 12, teens, and adults who have experienced the death of a loved one.

Name: California Department of Mental Health

Website: <http://www.dmh.ca.gov/>

Description: The California Department of Mental Health (DMH), entrusted with leadership of the California mental health system, ensures through partnerships the availability and accessibility of effective, efficient, culturally competent services. This is accomplished by advocacy, education, innovation, outreach, understanding, oversight, monitoring, quality improvement, and the provision of direct services.

Name: California Mental Health Services

Website: <http://www.ca.gov/Health/MentalHealthServ.html>

Name: Catholic Charities of Humboldt and Del-Norte

Address: 2936 J St., Eureka, CA 95501

Phone: 707-444-9611

Website: www.srcharties.org/programs-delnorte.html

Description: Treatment/counseling for chemical dependency, abuse and other problems. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Catholic Charities accepts Medi-Cal and sliding fee scale. Limited scholarships (no charge to patient) for patients with no funds. Will conduct home based visits in some cases.

Name: Children, Youth and Family Services, Humboldt County Mental Health

Address: 1711 Third Street, Eureka, CA 95501

Phone: 707-268-2800 or 1-888-849-5728

Website: www.co.humboldt.ca.us/hhs/socialservices

Description: Mental health assessments and treatment. Accepts Medi-Cal, has sliding scale fees based on income. Provides an array of mental health, alcohol and drug related services that promote health and mental health. Includes assessment process, individual, family and group counseling, Day Treatment, In-Home Intensive Services, medication evaluation and management, case management with a focus on linkage and brokerage to other resources and services in the community.

Name: Co-Dependents Anonymous

Phone: 707-442-9155 Monique, 707-445-3833 Andrea

Description: Offers support and fellowship to those having difficulty maintaining functional relationships.

Name: Covered Bridge Counseling Center

Address: 2367 Harrison Ave., Eureka, CA 95501

Phone: 707-443-1130

Description: Individual and group psychotherapeutic services for children, and their families. Specializing in pediatric ADD & ADHD.

Name: Fortuna Community Services

Address: 2331 Rohnerville Road, Fortuna, CA 95540

Phone: 707-725-1166

Description: Counseling, in-home support, information and referral.

Name: Changing Tides Family Services

Address: 805 7th St., Eureka

Phone: 707-445-1195

Website: www.hccc1.org

Description: Mental health case management for children and their families if child is full scope Medi-Cal.

Name: Humboldt County Network of Care

Website: <http://humboldt.networkofcare.org/mh/home/index.cfm>

Description: Resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features.

Name: Humboldt Family Service Center

Address: 1802 California Street, Eureka, CA 95501

Phone: 707-443-7358

Website: www.humboldtfamilyservicecenter.org

Description: Low cost counseling, Children of Divorce Workshop, Family Violence Program. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Medi-Cal and sliding fee scale. Also an office in Fortuna and Arcata – Call Eureka office to make an appointment.

Name: Humboldt Open Door Clinic

Address: 770 10th Street, Arcata, CA 95521

Phone: 707-826-8633 ext.155

Website: www.opendoorhealth.com/humboldt

Description: Community medical clinic with outpatient counseling.

Name: Hupa Valley Tribal Human Services Department- Indian Child Welfare/Children and Family Services

Address: P.O. Box 1267, Hoopa, CA 95546

Phone: 530-625-4236

Website: www.hoopa-nsn.gov/departments/hsdepartment.htm

Description: Individual, family, group and marriage counseling, support groups. Crisis intervention, counseling, emergency housing, food and transportation.

Name: M/WEND

Address: 930 3rd St. Eureka, CA 95501

Phone: 707-441-8630

Website: www.ncamphp.org/showrecord.asp?id=300

Description: Court approved services for perpetrators of domestic violence. Assessments and group therapy. Regular therapy/ family. Classes for parents on prevention of child abuse.

Name: Mental Health America

Website: <http://www.nmha.org/>

Description: Advocacy, public education, and support for Americans with mental health conditions.

Name: Mental Health Services Act (Proposition 63)

Website: http://www.dmh.ca.gov/prop_63/MHSA/docs/Mental_Health_Services_Act_Full_Text.pdf

Description: Proposition 63 (now known as the Mental Health Services Act or MHSA) provides the first opportunity in many years for the California Department of Mental Health (DMH) to provide increased funding, personnel and other resources to support county mental health programs and monitor progress toward statewide goals for children, transition age youth, adults, older adults and families.

Name: Mobile Medical Office

Address: P.O. Box 905, Eureka CA, 95500-0905

Phone: 707-443-1186; 707-443-9108 counseling

Website: <http://www.mobilemed.org/index.html>

Description: Traveling medical clinic provider including counseling. Comprehensive primary care services including physical care and mental health screenings. Preventive dental care, substance abuse outpatient and referral services, homeless support services, help with public benefits such as health insurance applications, food stamps and social security disability applications. Provides bilingual after-hours clinic. All services are free for patients under 200% of poverty level and no one is ever turned away due to inability to pay. These services are provided via two out-reach vans that circulate in the community. Call for schedules, or see website.

Name: NorthCountry Clinic- Arcata

Address: 785 18th Street, Arcata, CA 95521

Phone: 707-822-2481

Website: www.opendoorhealth.com/

Description: Community medical clinic with outpatient counseling.

Name: NorthCountry Clinic- McKinleyville

Address: 1644 Central Avenue, Suite A, McKinleyville, CA 95519

Phone: 707-839-1909

Website: www.opendoorhealth.com/

Description: Community medical clinic with outpatient counseling.

Name: North Coast Veterans Resource Center

Address: 2107 3rd St., Eureka, CA 95501

Phone: 707-442-4322

Website: www.humboldt.edu/~ves/Pages/community.html#NCV

Description: Offers a variety of services for veterans including, but not limited to housing, employment, and referrals for mental health services.

Name: North Coast Association of Mental Health Providers (NCAMHP)

Website: www.ncamhp.org

Description: A web-based resource guide for licensed, independent counselors.

Name: Remi-Vista Youth and Family Services

Address: 3960 Walnut Drive Suite B Eureka, CA 95501

Phone: 707-268-8722

Website: www.remivista.com

Description: Comprehensive children's services for mental health and developmental disabilities. Group home, in-home behavioral services, transitional housing, foster care, supportive living services. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Remi Vista also offers group therapy and case management. Accepts Medi-Cal. No sliding fee scale.

Name: Redwoods Rural Health Center

Address: 100 Westcoast Road, P.O. Box 769, Redway, CA 95560

Phone: 707-923-2783

Website: www.rrhc.org

Description: Community medical clinic with outpatient counseling.

Name: Redwood Family Institute

Address: 935 3rd Street, Eureka, CA 95501

Phone: 707-444-8895

Website: www.redwoodfamilyinstitute.org

Description: Counseling within a Christian framework for families, children and adolescents, pre-marital counseling, sexual abuse recovery counseling.

Name: Rio Dell Community Resource Center

Address: 95 Center Street, Rio Dell, CA 95562

Phone: 707-764-2259

Description: Phone consultation and referral for health, counseling, alcohol and drug treatment. Support groups offered throughout the year, call for details.

Name: St. Joseph Resource Center- Eureka

Address: 212 G Street, Eureka, CA 95501

Phone: 707-442-5239

Description: Phone consultation and referral for health, counseling, alcohol and drug treatment.

Name: The St. Joseph Resource Center- Fortuna

Address: 2331 Rohnerville Rd., Fortuna, CA 95540

Phone: 707-725-5239

Description: Phone consultation and referral for health, counseling, alcohol and drug treatment.

Name: Willow Creek Community Resource Center

Address: 38883 Highway 299, Willow Creek, CA 95573

Phone: 530-629-3141

Description: Phone consultation and referrals for health, counseling, alcohol and drug treatment. Support groups and special presentations offered throughout the year, call for details.

Name: Support After Suicide

Phone: 707-839-3349

Description: Support for family and friends suffering from a loss due to suicide, meets 7pm on the 3rd Monday of each month at the Adorni Center in Eureka.

Drugs and Alcohol Information and Services

Name: Al-Anon, Alateen, Family Groups

Phone: 707-443-1419

Description: Support for family, friends and children of people experiencing addiction.

Name: Alcohol/Drug Care Services

Address: 528 5th St. Eureka, CA 95501

Phone: 707-445-1391

Website: www.4drugrehab.com/facility-654.html

Description: Assessments, residential treatment, intensive and regular outpatient programs, aftercare, transition housing, and referral to sober living houses. The only detox available in the area includes a 72 hour minimum stay, all supporting services, and referrals for continued treatment upon detox completion. Detox is \$15.75 per day including meals and supplies for ADLs.

Name: Alcohol and Drug Care Services, Inc.

Address: 1335 C Street, Eureka, CA 95501

Phone: 707-476-4054

Description: Residential alcohol and drug detoxification.

Name: Alcohol and Drugs Programs Branch, DHHS

Address: 720 Wood St. Eureka, CA 95501

Phone: 707-445-6250, 707-441-3787

Website: http://co.humboldt.ca.us/hhs/alcohol_and_drug_programs/

Description: Comprehensive alcohol and other drugs programming, from assessment to aftercare.

Name: Alcoholics Anonymous (AA)

Address: PO Box 7102 Eureka, CA 95501

Phone: 707-442-0711 (24-hour)

Website: www.alcoholics-anonymous.org

Description: Support to those recovering from alcoholism/trying to stop drinking. An answering service that has a schedule of AA meeting times and locations for Humboldt County. If requested an operator can forward the caller to an AA representative.

Name: Catholic Charities of Humboldt- Del Norte

Address: 2936 J Street, Eureka, CA 95501

Phone: 707-444-9611

Description: Treatment/counseling for chemical dependency, abuse, other problems. PYRAMID program for teens 13-17 years old that includes preventive substance abuse education at area high schools, individual counseling and support groups.

Name: Center for Individual Recovery Services

Address: 173 S. Fortuna Blvd., P.O. Box 779, Fortuna, CA 95540

Phone: 707-725-6499

Description: Outpatient alcohol and drug counseling for groups and individuals, community education, support groups. (Sliding fee scale.)

Name: Clean and Sober House

Address: 819 I Street, Eureka, CA 95501

Phone: 707-444-2763

Description: Housing for men and women (no children) in recovery. Requires person to have existing income.

Name: Crossroads

Address: 1205 Myrtle Avenue, P.O. Box 1332, Eureka, CA 95501/95502

Phone: 707-445-0869

Description: Inpatient long term drug and alcohol treatment program for men and women.

Name: Family Recovery Services

Address: St. Joseph's Hospital, 2630 Harrison Avenue, Eureka, CA 95501

Phone: 707-445-9251 or 800-334-4774

Description: Inpatient detoxification and intensive outpatient chemical dependency treatment for adults and their families. Information, assessment, referral.

Name: Fortuna Community Services

Address: 2331 Rohnerville Road, Fortuna, CA 95540

Phone: 707-725-1166

Description: Counseling, in-home support, information and referral.

Name: Healthy Moms Program

Address: 2910 H St. Eureka, CA 95501

Phone: 707-441-5220

Website: www.co.humboldt.ca.us/iisSearch.asp?strSearch=healthy+moms

Description: Day treatment and outpatient programs for substance abusing pregnant and parenting women with a child five years of age and under. Outpatient day treatment, classes and support groups, with emphasis on parenting. Childcare available for participating clients.

Name: Hoopa Tribal Alcohol Program

Address: P.O. Box 1267, Hoopa, CA 95546

Phone: 530-625-4236

Description: Drop-in center for education, referral and counseling, community education and prevention.

Name: Humboldt County Mental Health

Address: 727 Cedar Street, Garberville, CA 95542

Phone: 707-923-2729 or 923-2720

Description: Outpatient treatment, prevention and intervention for groups and individuals, couples, and families affected by alcohol or other drug abuse and related issues.

Name: Humboldt County Office of Alcohol and Other Drugs Programs

Address: 2922 I Street, Eureka, CA 95501

Phone: 707-445-6250

Description: Outpatient treatment, prevention, and intervention for individuals and adolescents and their families affected by alcohol or other drug abuse and related issues.

Name: Humboldt Family Service Center

Address: 1802 California Street, Eureka, CA 95501

Phone: 707-443-7358

Description: Drug education program, counseling, Children of Divorce Workshop, Family Violence Program.

Name: Humboldt Recovery Center

Address: 1303 11th St. Eureka, CA 95501

Phone: 707-443-4237

Description: Six month residential inpatient/six month aftercare treatment program for men and women with alcohol and other drug dependency problems. Substance abuse treatment services residential and aftercare. Accepts private insurance, self payment, sliding fee scale.

Name: Humboldt Women for Shelter

Address: P.O. Box 969, Eureka, CA 95502

Phone: 707-443-6042 (24 hour crisis line), 707-444-9255 (office)

Email: humwomen@humboldt1.com

Description: Battered women's alcohol services program. Provides support groups, individual counseling, information referrals and advocacy for women dually impacted by domestic violence and alcohol.

Name: Narcotics Anonymous (NA)

Address: PO Box 6634 Eureka, CA

Phone: 707-444-8645

Website: www.na.org

Description: Support to those seeking help in recovery from drug addiction. Group of recovering addicts supporting one another in the effort to stay clean. An answering service that has a schedule of NA meeting times and locations for Humboldt and Del Norte counties. If requested, you can be forwarded to an NA representative.

Name: North Coast Substance Abuse Council

Address: 205 Myrtle Ave. Eureka, CA 95502

Phone: 707-445-3869

Website: www.ncsac-crossroads.org

Description: Comprehensive range of alcohol and other drug treatment services including assessments, residential treatment, aftercare and outpatient.

Name: Singing Trees Recovery Center

Address: 2061 Highway South 101, P.O. Box 8, Garberville, CA 95542

Phone: 707-247-3495 or 800-344-3799

Description: Residential treatment for drug and alcohol addictions.

Name: St. Joseph Resource Center

Address: 1151 Main Street, Fortuna, CA 95540

Phone: 707-725-5239

Description: Phone consultation and referrals for health, counseling, alcohol and drug treatment, support groups.

Name: United Indian Lodge

Address: 1116 9th Street, Eureka, CA 95501

Phone: 707-445-3071

Description: Co-ed recovery services for substance abusers in American Indian communities in Humboldt and Del Norte Counties.

Name: The Emma Center

Address: 920 Samoa Blvd. Ste. 207, Arcata

Phone: 707-825-6680

Description: Phone consultation and referrals for health, counseling, alcohol and drug treatment, support groups.

Name: Homeless Education Project

Address: Marshall Family Resource Center, 2100 J St., Eureka

Phone: 707-441-2516

Description: Free counseling for school children.

Name: HSU Community Clinic (formerly Davis House)

Address: HSU Campus, Behavioral Sciences Bldg. Room 208 (Union St. between 14th and 17th streets in Arcata)

Phone: 707-826-3921

Description: Sliding scale counseling during HSU semesters.

Name: HumWORKS

Phone: 707-269-4179

Description: Mental health and substance abuse treatment, domestic violence and vocational services for CalWORKS recipients.

Name: Street Outreach Services

Phone: 707-441-5252

Description: Traveling mental health services and referrals for people experiencing homelessness, call for daily location.

Name: Crestwood Behavioral Health

Phone: 707-442-5721

Description: Inpatient mental health rehabilitation center, 46-bed locked facility.

Name: Sempervirens Psychiatric Health Facility

Address: 720 Wood St., Eureka

Phone: 707-445-7715

Website: <http://co.humboldt.ca.us/iisSearch.asp?strSearch=sempervirens>

Description: Provides inpatient hospitalization for evaluation and treatment of severely acute psychiatric episodes, including those who are a danger to self, a danger to others or are gravely disabled.

Homeless Services and Resources Information and Services

Name: North Coast Service Center (formerly Arcata Endeavor)

Address: 501 9th Arcata, CA 95521

Phone: 707-822-5008

Website: www.arcataendeavor.org

Description: Free shower and laundry service to the first 8 people to arrive at the facility, Mon, Wed, Fri at 9AM(arrive early to line up), soap, shampoo, towel and laundry detergent provided. Hot meals M-F 11:30-12:30 Food boxes: call or drop in to sign up after 9:00 AM on Tues/Thurs. 1 box given per month. Must be resident of Humboldt for 1 month and have current I.D. Emergency food boxes given on case-by case basis. The Endeavor is not a shelter. Endeavor provides support for homeless people, to include: case management, hot meals and monthly food box, showers, laundry, phone and mail drop for job seeking. There are no emergency shelters in Arcata. Case management for homeless persons. Includes emergency interventions, referrals, emergency telephone and travel aid, ID search, SSI assistance.

Name: Eureka Rescue Mission

Address: 110 2nd St., Eureka (men), 107 3rd St., Eureka (women)

Phone: 707-445-3787, 707-443-4551 (men), 707-443-5016 (women)

Website: www.eurekarescuemission.org

Description: Serves breakfast and dinner nightly. Emergency shelter and transitional housing with no limit to length of stay. Must remain clean and sober. Mon-Sat, sign in 6:00-6:30 and stay for meal, shower and bed space, Sun- 2:30-3:30 for meal, then return at 7:00 for shower and bed. Free showers Mon, Wed, and Fri. 8-9:30AM. Also provides free feminine hygiene and other personal hygiene products. Food and clothing; shelter on nightly basis. ID needed for shelter.

Name: Arcata House

Address: 1005 11th St. Arcata, CA 95521

Phone: 707-822-4528

Email: arcatahouse@sbcglobal.net

Description: Transitional housing to learn skills needed to reach a goal of permanent housing. Focus is on women and children. Includes case management.

Name: Food Distribution Program

Address: Hoopa Highway 96

Phone: 530-625-4646 or 530-625-4711

Description: Distribution of USDA food items to low income families, focusing on tribal rancherias but also servicing others. Warehouse open 9:00 A.M. - Noon and 1:00 P.M. - 4:00 P.M.

Name: Food For People

Address: 307 West 14th St. Eureka, CA 95501

Phone: 707-445-3166

Website: www.foodforpeople.org

Description: Distribution of food for eligible individuals and families. Special senior brown bag distribution. Food delivery for home-bound eligible disabled people by referral from health/social worker only. Summer Kids lunch program. Food boxes: Tues & Fri only. Call in after 9:30AM to schedule same day appointments. Also bags of groceries delivered monthly. Appointments and food box pick-ups between 12:30PM and 4:30PM. Must have current I.D.

Name: Food Stamp Division, Department of Social Services

Address: 929 Koster St. Eureka, CA 95501

Phone: 707-269-3590

Website: www.dss.cahwnet.gov/foodstamps/

Description: Streamline for food stamps and Medi-Cal. Food supplementation program that provides coupons which may be redeemed for food items; for income eligible persons.

Name: Humboldt County Social Services

Address: 929 Koster St. Eureka, CA 95501

Phone: 707-269-3590

Description: Once in a lifetime housing relief for TANF recipients- 16 day motel vouchers or rental deposit support.

Name: Fortuna Community Services

Address: 2331 Rohnerville Road, Fortuna, CA 95540

Phone: 707-725-1166

Email: fcstart@aol.com

Description: Emergency food and clothing, call for information. Service areas include: Loleta, Hydesville, Bridgeville, Ferndale, Honeydew, Scotia, Rio Dell, Redcrest.

Name: Arcata Community Pool

Address: 1150 16th Street, Arcata, CA 95521

Phone: 707-822-6801

Description: 6:00 A.M. - 7:00 P.M. Monday-Friday \$3.00 for use of all facilities: pool, sauna, showers. Bring own towel. Free showers Sunday 11:00 A.M. - 12:00 P.M.

Name: Hansen's Truck Stop

Address: 2404 Sandy Prairie Rd Fortuna, CA 95540

Phone: 707-725-1744

Email: hansenstruck@direcway.com

Description: Shower \$1.00 , 5AM-8PM, bring own towel and soap

Name: Housing Authority

Address: 735 W Everding St Eureka, CA 95501

Phone: 707-443-4583

Website: www.eureka-humboldt-hsg.org

Description: (Section 8, and subsidized apartments)Subsidized housing program for low-income families, seniors and people with disabilities. Public housing units also available.

Name: Humboldt Bay Housing

Address: 500 Valley West Blvd, Arcata, CA 95521

Phone: 707-826-7312

Email: hbhdc@reninet.com

Description: Develops and manages housing for low to moderate income residents of Humboldt County.

Name: Humboldt Domestic Violence Services

Address: P.O. Box # 969 Eureka, CA 95501

Phone: 707-443-6042, 866-668-6543 (24-hours crisis/support line)

Website: www.hdvs.org

Description: Emergency shelter for victims of domestic violence. Children 17 yrs and under may stay with the parent.

Name: The Launch Pad

Phone: 707-445-1360

Website: www.rcaa.org

Description: Transitional living for homeless, runaway or at-risk youth ages 16-18.

Name: MAC House (Multiple Assistance Center)

Address: 2415 Second St. Eureka, CA 95501

Phone: 707-269-2002, 707-269-9590, 707-269-2075

Website: <http://www.rcaa.org/macenter.htm>

Description: Transitional housing to learn skills needed to reach a goal of permanent housing. Single men, single women, and families with or without children. The MAC house is not an emergency shelter. The intake process can last two or more weeks. Case management for residents of this homeless transitional housing facility.

Name: Mateel Community Center

Address: P.O. Box 1910, Redway, CA 95560

Phone: 707-923-3368

Email: mateel@humboldt.net

Description: Hot meals on Tuesdays, Wednesdays and Thursdays 12:00 P.M. - 1:00 P.M., free of charge.

Name: Murray Road Community Church

Address: 1490 Murray Rd. McKinleyville

Phone: 707-839-4676

Website: www.murrayroad.org

Description: Shower facilities. Call for availability.

Name: Murray Road Community Church Thrift Store

Address: 1490 Murray Rd. McKinleyville

Phone: 707-839-4676

Website: www.murrayroad.org

Description: Hours of operation are 10 a.m. to 5 p.m. Monday through Saturday 839-4676. Furniture, electronics, toys, clothes, items for the home.

Name: Northcoast Veterans Resource Center

Address: 2107 3rd St., Eureka, CA 95501

Phone: 707-442-4322

Website: www.humboldt.edu/~ves/Pages/community.html#NCVRC

Description: Case Management, employment, homeless services and transitional housing, resource and referral center

Name: Women & Children In Southern Humboldt (WISH)

Address: Garberville

Phone: 707-923-4100, 800-211-1188

Description: Emergency shelter for domestic violence survivors, education, advocacy and referrals.

Name: Raven Project, Youth Services Bureau

Address: 523 T St., Eureka

Phone: 707-443-7099

Website: www.rcaa.org/ysb.html

Description: Drop in Center and Street Outreach Program for homeless, runaway, or at-risk youth ages 10-21. Showers, laundry, meals, toiletries, clothing and shoes, mail and phone service, employment assistance, other psychosocial and educational supports.

Name: RCAA Family Services Emergency Shelter

Address: 926 G St Eureka, CA 95501

Phone: 707-269-2075

Website: www.rcaa.org/emershel.html

Description: Call between 1:00PM and 4:30PM. Entry point for Bridge House, Safe Haven, Second Step, motel vouchers. Other than a very limited supply of motel vouchers there are no emergency shelter services available at this number. Also call this number to be set up an appt. for interview for MAC house (transitional housing)

Name: RCAA Family Services Property Management

Address: 537 9th St Eureka, CA 95501

Phone: 707-269-2011

Website: www.rcaa.org/propmgmt.html

Description: Provides referrals for substantial number low cost housing options. Also owns and manages rental properties in Eureka, Mckinleyville, and Fortuna which includes studios, one, two, and three bedroom units.

Name: RCAA Youth Bureau Thrift Shop

Address: 100 West Harris Eureka, CA 95501

Phone: 707-445-4217

Website: www.rcaa.org

Description: Items available for purchase. M-F 10 a.m. to 6 p.m. and Sat. 10 a.m. to 5 p.m.

Name: Rescue Mission Thrift Store

Address: 1031 Broadway Eureka, CA 95501

Phone: 707-443-2523

Description: Clothing and furniture. Items available for purchase, very reasonable.

Name: Rescue Mission Free Store

Address: 107 3rd St. Eureka, CA 95501

Phone: 707-443-4551

Description: Clothing and furniture. Free store open Thursday-Sat from 1-5 p.m.

Name: Salvation Army

Address: 2123 Tydd St. Eureka, CA 95501

Phone: 707-442-6475

Website: www.salvationarmyusa.org

Description: Individual or family can drop in and receive bag of groceries once every 3 months.

Name: Salvation Army

Address: 1340 10th St., Arcata

Phone: 707-822-3069

Website: www.salvationarmyusa.org

Description: M-Sa 10-6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707-442-6475.

Name: Salvation Army

Address: 1489 Hoover St., Eureka

Phone: 707-443-9032

Website: www.salvationarmyusa.org

Description: M-Sa 10-6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707-442-6475.

Name: Salvation Army

Address: 822 S Fortuna Blvd., Fortuna

Phone: 707-725-4166

Website: www.salvationarmyusa.org

Description: M-Sa 10-6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707-442-6475.

Name: Salvation Army

Address: 1500 Anna Sparks Way, McKinleyville

Phone: 707-839-2956

Website: www.salvationarmyusa.org

Description: M-Sa 10-6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707-442-6475.

Name: Seventh Day Adventist Community Services

Phone: Fortuna: 707-725-6164; Eureka: 707-442-6950; McKinleyville: 707-839-3832

Description: Limited hours, call ahead. Emergency food, call for more information.

Name: St. Vincent de Paul

Address: 35 W. 3rd Street, Eureka, CA 95501

Phone: 707-445-9588

Website: www.humstvincentdepaul.org/dining.html

Description: Free hot meal daily 11:00 A.M. - 1:00 P.M. Also available onsite on Wednesdays and Fridays - Mobile Medical Office for medical care.

Name: St. Vincent de Paul Thrift Store

Address: 528 2nd St., Eureka

Phone: 707-443-8676

Website: www.svdv.bluestep.net

Description: Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

Name: St. Vincent de Paul Thrift Store

Address: 513 K St., Arcata

Phone: 707-725-4061

Website: www.svdp.bluestep.net

Description: Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

Name: St. Vincent de Paul Thrift Store

Address: 1117 Main St., Fortuna

Phone: 707-725-4061

Website: www.svdp.bluestep.net

Description: Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

Name: St. Vincent de Paul Thrift Store

Address: Hwy 299, Willow Creek

Phone: 530-629-1981

Website: www.svdp.bluestep.net

Description: Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

Name: WIC (Women, Infants and Children)

Address: 730 Harris St. Eureka, CA 95501

Phone: 707-445-6255

Website: www.wicworks.ca.gov/

Description: Provides nutritional counseling & food vouchers for mothers and their children up to age 5. Automatically eligible if you receive Food Stamps, Medi-Cal, TANF, or if you have a qualifying income

Name: WIC (Women, Infants and Children)

Address: 727 Cedar Street, Garberville, CA 95542

Phone: 707-923-2779

Website: www.wicworks.ca.gov/

Description: Provides nutritional counseling & food vouchers for mothers and their children up to age 5. Automatically eligible if you receive Food Stamps, Medi-Cal, TANF, or if you have a qualifying income

Name: WIC, United Indian Health

Address: Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570

Phone: 707-677-4140

Website: www.wicworks.ca.gov/

Description: Food vouchers for eligible pregnant and breastfeeding women, infants and children.

Name: Youth Service Bureau

Address: 1100 California St Eureka CA, 95501

Phone: 707-443-8322, 707-444-2273 (24 hour hotline)

Website: www.rcaa.org

Description: Crisis Shelter for homeless or at-risk youth between the ages of 12-17, Transitional Living Program for youth.

Employment Information and Services

Name: Department of Rehabilitation

Address: 310 3rd St. Suite A Eureka, CA 95505

Phone: 707-445-6300

Website: www.dor.ca.gov

Description: Vocational rehabilitation for people with disabilities, including evaluation, education, training, and job seeking assistance.

Name: Employment Development Department

Website: www.EDD.ca.gov

Name: Express Personnel Services

Address: 14 W Wabash St Eureka, CA 95503

Phone: 707-268-1866

Website: www.expresspersonnel.com

Description: A temporary job agency. Does include temp jobs that lead to full time positions. All types of employment ranging from office to manual labor.

Name: The Humboldt County Switchboard

Website: www.theswitchboard.org

Description: List of local resources and events

Name: Humboldt County Personnel Department

Address: 825 5th St. Eureka, CA 95501

Phone: 707-476-2357 or 476-2349

Website: www.co.humboldt.ca.us/personel/job_announcements.asp

Description: Recording of current openings of Humboldt County Positions only.

Name: Job Center

Address: 739 S. Fortuna Boulevard, Fortuna, CA 95540

Phone: 707-725-3352

Description: Job training for displaced workers, long-term unemployed and under-employed; Summer Youth Employment Program.

Name: The Job Market EDD (Employment Development Department)

Address: 409 K St. Eureka, CA 95503

Phone: Main Line: 707-445-6660; 24-hour Job Hotline: 707-444-2222; Job Service Center: 707-445-6532;

Disability Insurance: 707-445-6568; One-Stop Job Center: 707-445-6149

Website: <http://www.thejobmarket.org/>

Description: Employment Resources for Humboldt County. Comprehensive resource center for jobseekers and employers. Resume assistance, fax, phones, classifieds, classes and workshops, counseling and advising, job listings, unemployment insurance.

Name: The Launch Pad

Address: 1100 California Street, Eureka, CA 95501

Phone: 707-445-1360

Website: www.rcaa.org/ysb/trnslv.html

Description: Transitional living for homeless, runaway or at-risk youth ages 16-18.

Name: The National Network for Youth

Website: www.nn4youth.org

Name: Northcoast Veterans Resource Center

Address: 2107 3rd St., Eureka, CA 95501

Phone: 707-442-4322

Website: www.humboldt.edu/~ves/Pages/community.html#NCVRC

Description: Case Management, employment, homeless services and transitional housing, resource and referral center

Name: Our House

Phone: 707-444-CARE

Description: Crisis Shelter for homeless or at-risk youth between the ages of 12-17.

Name: Raven Project

Phone: 707-443-7099

Website: www.rcaa.org/ysb.html

Description: Drop in Center and Street Outreach Program for homeless, runaway, or at-risk youth ages 12-21. Showers, laundry, meals, toiletries, clothing and shoes, mail and phone service, employment assistance, other psychosocial and educational supports.

Name: Redwoods United, Inc.

Address: 45 Ericson Court, Arcata, CA 95521

Phone: 707-822-7070

Description: Vocational training and job placement for people with disabilities.

Name: Sequoia Personnel Services

Address: 2930 E St. Eureka, CA 95503

Phone: 707-445-9641

Website: www.sequoiapersonnel.com

Description: A temporary job agency. Does include temp jobs that lead to full time positions. All types of employment ranging from office to manual labor.

Name: Unemployment Insurance

Phone: 800-300-5616

Website: www.edd.ca.gov/uibdg/ut46085.htm

Description: Call to apply for assistance with unemployment benefits.

Name: Workforce Investment Act Youth Program

Website: www.humboldtwib.com/youth.php

Name: Youth Service Bureau

Website: www.rcaa.org/ysb/index.html

Description: Includes hotline, emergency shelter, Street Outreach, Transitional Living, and Employment Assistance

Education Information and Services

Name: Adult Education

Phone: 707-441-2448

Website: www.eurekaadultschool.org

Description: Offers GED preparation, practice test administration, and assistance with signing up for GED tests. Also offers English as a second language (ESL) classes, vocational classes, and help acquiring your high school diploma.

Name: College of the Redwoods

Address: 7351Tompkins Hill Rd. Eureka, CA 95501

Phone: 800-641-0400 General Information, 707-476-4200 Enrollment services

Website: <http://www.redwoods.edu/>

Description: General Information

Name: Eureka Even Start

Phone: 707-441-3396

Website: www.eurekaadultschool.org/evenstart.html

Description: Offers GED, Adult Education and English as a Second Language, family mentors, parenting classes, free childcare, and transportation to school for parents of children under age 8, who wish to learn English or work on their high school diploma, get a better job and help their children succeed in school.

Name: Home and Hospital

Phone: 707-441-2574

Email: barnetta@eurekacityschools.org

Description: In home or hospital education for students who cannot attend school for health reasons

Name: Homeless Education Project

Address: 2100 J St. Eureka, CA 95501

Phone: 707-441-2516

Website: www.eurekacityschools.org/homeless/homeless.html

Description: Provides educational liaisons, transportation, tutoring/mentoring, backpack project, school supplies, laundry vouchers, shoe vouchers, clothing vouchers, hygiene products, etc. Serves school age youth up to age 21.

Name: Humboldt Literacy Project

Address: 647 Allard Ave, Room 74, Eureka, CA 95503

Phone: 707-443-3655

Website: www.humlit.org

Description: Assessment and education for adults who would like to learn to read. No charge for services.

Name: NHUHSD (Northern Humboldt Unified High School District) Adult School

Address: 2755 McKinleyville Ave., McKinleyville, CA 95519

Phone: 707-39-6460

Website: www.nohum.k12.ca.us/nhuhsd/

Description: Offers assistance in acquiring high school diploma and GED. Programs for independent study, ESL with free childcare, older adults (55+), adults with disabilities, Workforce Investment Act (up to age 24), Homeless Outreach Grant (up to age 20). Free enrolment and books.

Name: Veterans Upward Bound

Address: 14th St. Arcata, CA 95519

Phone: 707-826-4971 or (800) 826-4971

Website: www.humboldt.edu/~veterans/vub

Description: Provide free courses for veterans. Science, math, communication courses available as well as career counseling.

Pregnancy and Parenting Information and Services

Name: Pregnancy Care Center

Address: 2390 Myrtle Avenue, P.O. Box 5968, Eureka, CA 95502

Phone: 707-822-7039, 24-Hour: (800) 395-HELP

Website: www.pcceureka.org

Description: Information and education, pregnancy testing, maternity clothes and baby clothes up to two years old as available; Friend to Friend support referrals; all services free.

Name: Arcata and Rooney McKinleyville Children's Center

Address: 1695 10th St., Arcata, CA 95521

Phone: 707-822-1423

Email: armcc@softcom.net

Description: Serving children 3-11 years old.

Name: Adoption Horizons and the Birthparent Center

Address: 302 4th Street, Eureka, CA 95501

Phone: 707-444-9909

Description: Adoption Study Classes are offered to families who wish to adopt a child.

Name: Breast Feeding Support Group/Classes

Phone: 707-822-7743

Name: Center for Women's Health Care

Address: 2773 Harris St, Eureka, CA 95503

Phone: 707-444-9664, 707-442-4593

Description: Prenatal care. Accepts Medi-Cal and presumptive eligibility for Medi-Cal. Accepts private pay and insurance, CPSP program offers education, nutritional counseling, social services.

Name: College of the Redwood's Child Development Center

Address: 7351 Tomkins Hill Rd. Eureka

Phone: 707-476-4337

Website: www.redwoods.edu/catalog/catalog05-06-access/Services/cdc.htm

Description: For College of the Redwoods students.

Name: College of the Redwoods, Foster Parent Training Skills, Independent Living Skills

Address: 7351 Tompkins Hill Road, Eureka, CA 95501

Phone: 707-476-4300 ext. 4807

Description: Provides training for foster parent certification. Call CR for more information.

Name: Compassionate Friends

Phone: 707-923-7276; 707-822-6379- Nita, 707-839-1851- Verna, 707-733-5124- Wade

Description: Offers friendship and understanding to bereaved parents.

Name: Easter Seals

Address: 3289 Edgewood Road, Eureka, CA 95501

Phone: 707-445-3106

Email: emorgan@ca-no.easter-seals.org

Description: Helps with the physical and social needs of the disabled. Services offered include: information and referral, equipment loan program, financial aid program for travel for children, rehabilitation services (Living-Learning Program for adults) hydrotherapy programs (adults and children), Camp Easter Seals.

Name: Exchange Club Parenting Center

Address: 1809 Albee Street, Eureka, CA 95501

Phone: 707-443-3484 or 707-443-7935

Website: www.preventchildabuse.com/exchange.htm

Description: Supportive mentorship program for parents. Offers in-home parent education and referrals to community resources. Classes TBA and last 6-8 weeks. Curriculum – Positive Discipline. No cost/donations. Call to register, no child care provided.

Name: Family Planning Referral Service

Phone: 1-800-942-1054

Description: Provides referrals to local family planning services.

Name: Family Resource Centers

Phone: McKinleyville: 707-840-0905; Manila: 707-444-9771; Rio Dell: 707-764-5239; Orick: 707-488-2403; Willow Creek: 530-692-3141; Blue Lake: 707-668-5239; Eureka: 707-441-2404; South Bay: 707-445-5933; Fortuna: 707-725-9082; Carlotta: 707-768-3372; Bridgeville: 707-777-1775; Redway: 707-923-1147; Miranda: 707-943-3144;

Website: www.humkids.org/content/index.php?option=content&task=view&id=213&Itemid=56 or www.frcnca.org and/or www.dds.ca.gov/EarlyStart/ESFamResource.cfm

Description: These centers offer a variety of services and support to families, including food baskets, resource referral, transportation bus tickets, laundry vouchers, free clothing, employment, education resources, holiday help, adult education, family literacy, fire safety, computer/internet access, some medical and dental screening. Parent Support Groups, parenting classes, some child care provided for class attendance. Call for additional information.

Name: Healthy Moms

Address: 2910 H St., Eureka, CA 95501

Phone: 707-441-5225

Website: www.centerforaddiction.org/healthy_moms_program/

Description: Required for mothers enrolled in the 6 month program only. 2 days/week.

Name: Humboldt Child Care Council

Address: 2379 Myrtle Ave. Eureka, CA 95501

Phone: 707-445-9291

Website: www.hccc1.org

Description: Referrals for child care. Family Eligibility Payment Service (FEPS) helps parents obtain subsidized child care. Maintains a list of licensed and unlicensed childcare providers. Trains licensed and unlicensed childcare providers. Call for referral to child care providers. Parenting skills classes offered at no cost; parenting support groups; prevention and intervention for child abuse and neglect.

Name: Humboldt Child Care Council- Dad's Program

Address: 2379 Myrtle Ave. Eureka, CA 95501

Phone: 707-445-1195

Website: www.hccc1.org

Description: Support group for fathers under the age of 25 held once a week in Eureka and once a week in Fortuna. Drop in basis, no cost. Program resumes in the Fall.

Name: Humboldt State University Children's Center
Address: Humboldt State University, Arcata, CA 95521
Phone: 707-826-3838
Website: <http://studentaffairs.humboldt.edu/children>

Description: Priority for HSU students, staff, and faculty. Serves age 12 months through kindergarten. No programs for school age children. Charges are \$16.00/half day, \$32.00/full day (anything over 6 ½ hours)

Name: Humboldt-Del Norte Head Start Program
Address: 685 F Street, Arcata, CA 95521
Phone: 707-822-7206

Description: A program that helps parents utilize their knowledge to help meet the needs of their children.

Name: La Leche League
Phone: 707-839-7466, 707-839-0774

Description: Dedicated to helping mothers who want to breast-feed their babies.

Name: National Abortion Federation Hotline
Phone: 1 (800) 772-9100

Website: www.prochoice.org

Description: A confidential service providing referrals to clinics that are members of the Federation. It is not an all-inclusive listing of abortion clinics.

Name: North Coast Big Brothers/Sisters
Address: 932 C Street, Eureka, CA 95501
Phone: 707-445-4871

Email: bbbs@humboldt1.com

Description: One on one adult female mentoring for pregnant and parenting teens (PAIR Program).

Name: North Coast Children's Services
Address: 1266 Ninth St. Arcata, CA 95521
Phone: 707-822-7206

Website: www.ncsheadstart.org

Description: Administers Head Start and Early Head Start Programs.

Name: Northcoast Alliance Gay Line
Address: 235 4th St., Suite A, Eureka, CA 95501
Phone: 707-822-6124, 707-445-9760

Description: Support group for lesbian, gay and bi-parents.

Name: NorthCountry Clinic, Arcata office
Address: 785 18th Street, Arcata, CA 95521
Phone: 707-822-2481

Description: Family and individual counseling; prenatal classes.

Name: NorthCountry Clinic, McKinleyville office

Address: 1644 Central Avenue, Suite A, McKinleyville, CA 95519

Phone: 707-839-1909

Description: Family and individual counseling; prenatal classes.

Name: Open Door Clinic Community Health Centers

Phone: North Country Clinic 707-822-2481; Humboldt Open Door Clinic 707-826-8610; Eureka Community Health Center 707-441-1624; McKinleyville Open Door Clinic 707-839-3068; Del Norte Community Health Clinic 707-465-6925; Arcata Open Door Teen Clinic 707-826-8610

Website: <http://opendoorhealth.com/>

Description: All sites provide gynecological services, pregnancy testing, counseling for pregnancy options, Family PACT (no-charge access to reproductive health services) sign ups, birth control consultation and distribution, and HIV/STD testing. Referrals to a wide range of pregnancy related services. Call for appointment.

Name: Parent Aid Program

Phone: 707-443-7935

Description: Contact Trish Anderson. Supportive mentorship program for parents. Offers in-home parent education and community resources referral.

Name: Parenting Information Referral Line at Lucille Packard Children's Hospital

Phone: 1-800-690-2282

Email: pirc@medcenter.stanford.edu

Description: Available 7 days/week, 7:00 A.M. - 11:00 P.M., nurses answer parenting questions and general health questions.

Name: Parent Project

Address: Eureka City Schools, call for location

Phone: 707-441-2400

Website: www.eurekacityschools.org/progserv/progserv.htm#PARENT

Description: Parent Project Jr. for elementary age children, 6-10 week course for bx management. Parent Project Sr. 10 week course for "out of control" teens. \$20/session for parents of Eureka City Schools students or \$120/session for others. Fees are adjustable. Classes held in the Fall.

Name: Parents of Multiples

Address: Rebecca Nordquist- 707-668-5837, Dorothy Myers- 707-668-5859

Description: Postpartum depression. Loss of a twin. Nursing premature babies etc.

Name: Planned Parenthood

Address: 2316 Harrison Avenue, Eureka, CA 95501

Phone: 707-442-5709

Website: www.plannedparenthood.org

Description: Reproductive health care, birth control, STD testing/treatment, pregnancy testing, HIV testing, teen clinic, abortion, sterilization.

Name: Redwood Family Institute

Address: 935 3rd Street, Eureka, CA 95501

Phone: 707-444-8895

Description: Family, child and adolescent counseling; family assessment also provided, all services provided in a Christian setting.

Name: Redwood Region Youth Services Bureau (YSB)

Address: 904 G Street, Eureka, CA 95501

Phone: 707-443-8322

Description: Provides parent support groups for parents with teenagers.

Name: Redwoods Rural Health Center

Address: 100 Westcoast Road, P.O. Box 769, Redway, CA 95560

Phone: 707-923-2783

Description: Community medical clinic providing medical, dental, psychological and natural therapies. Family planning and Comprehensive Perinatal Services Program.

Name: Six Rivers Planned Parenthood

Address: 2316 Harrison Ave., Eureka, CA 95501

Phone: 707-445-2018 x208 or 707-442-5709

Website: www.ppeureka.org

Description: Classes include: Growing Up for 9-12 year old daughters and parents. Puberty issues and body image; Girl Power/Women Power for 13-16 year old girls and parents; Father and Son discussion group for sons and fathers 6-8 grades. Offered in Fall and in Spring. Free to public. Gynecological services. Pregnancy testing and counseling for pregnancy options. Family PACT (no-charge access to reproductive health services) sign ups, birth control consultation and distribution, and HIV/STD testing. Teen only walk in clinics. Medical and Surgical abortion services. Vasectomy services. Referrals to a wide range of pregnancy related services. Call for appointments and clinic hours.

Name: Special Needs Connection Resource & Referral Service

Address: 2379 Myrtle, Eureka, CA 95504

Phone: 707-445-1195

Description: Offers support, resource information, referrals and advocacy for families with young children who have special needs.

Name: Teenage Pregnancy and Parenting Network (TAPPN)

Address: 2379 Myrtle Avenue, Eureka, CA 95501

Phone: 707-445-1195 or 800-795-3554

Description: Support and referral for pregnant and parenting teens; transportation as needed. No web address available at this time Case management services for teens and their families. Offers early pre/post-natal care, nutrition counseling, parenting education, family planning, individual and family counseling, peer support, child care, breast feeding and childbirth education by Public Health Nurse. Pregnant and/or parenting teens must enroll prior to age 19. Mates must enroll prior to 20 years, 10 months.

Name: Winzler's Children's Center

Address: 717 Creighton St., Eureka, CA 95501

Phone: 707-441-2498

Website: www.eurkeacityschools.org/winzler.html

Description: Preschool for ages 3 years old to kindergarten. After school programs for children in grades K-3rd. Sliding scale fees based on income and need.

Medical, Dental and Health Information and Services

Name: American Cancer Society

Address: 2942 F St. Eureka, CA 95501

Phone: 707-442-1436

Website: www.cancer.org

Description: Provides cancer related educational resources, assists with transportation and accommodations to appointments (diagnosis related), support groups, "Look Good, Feel Good" program for women.

Name: American Heart Association

Address: 1400 N. Dutton Ave. Santa Rosa, CA 95401

Phone: (707) 542-1992

Website: www.americanheart.org

Description: Branch of national agency that provides information regarding heart disease and prevention, recovery information/referrals, current information and statistics. Information/referrals to local support groups, providers.

Name: Burre Dental Health Center

Address: 959 Myrtle Ave Eureka, Ca 95503

Phone: 707-442-7078

Website: www.opendoorhealth.com

Description: General dentistry, oral hygiene education, and children's dental services. Monday-Friday: 8am-5pm, Saturday pediatric clinics: 8am-noon

Name: Burre Memorial Clinic - General Hospital

Address: 2505 Lucas Street, Eureka, CA 95501

Phone: 707-443-2293

Description: Family oriented community medical clinic, CHDP provider.

Name: Child Health and Disability Prevention Program (CHDP)

Address: 529 I St, Eureka CA 95501

Phone: 707-445-6210

Website: www.dhs.ca.gov/pcfh/cms/chdp/

Description: Periodic, preventive health services to non-Medi-Cal eligible, children up to age 19. Family must meet income eligibility guidelines. Services include physical exams, immunizations, nutritional, behavioral and oral health assessments, vision & hearing screenings, and screening tests for other health conditions.

Name: College of the Redwoods Dental Clinic

Address: 7351 Tompkins Hill Rd. Eureka, Ca 95503

Phone: 707-476-4250

Website: www.redwoods.cc.ca.us

Description: For low income residents. Must pay cash at time of service, no Medi-Cal and they do not bill any insurance. Costs are about 70% less expensive than normal costs. Only open during the academic school year

Name: County Medical Services Program (CMSP)

Phone: 707-269-3590

Website: www.cmspcounties.org

Description: To apply by phone, call 268-3471. Provides limited health coverage for low-income, indigent adults 21-64 years of age. In emergencies, same day processing is possible.

Name: Deaf Counseling Advocacy

Address: 2830 G St. Ste B2, Eureka, CA 95501

Phone: 707-476-8680

Website: www.dcara.org

Description: Case Management for hearing impaired persons.

Name: Department of Rehabilitation

Address: 310 3rd St. Suite A, Eureka, Ca 95505

Phone: 707-445-6300

Website: www.dor.ca.gov/

Description: Vocational rehabilitation for people with disabilities, including evaluation, education, training, and job seeking assistance. Call to schedule an orientation appointment.

Name: Dial a Ride/Dial a Lift

Phone: 707-443-0826

Website: www.hta.org/Dial-A-Ride/service.htm

Description: Handicap accessible transportation available to people who cannot use public transportation, and can be so certified by a physician.

Name: Donated Dental Services (DDS) Program

Address: 1800 15th St. Denver, CO 80202

Phone: (877) 357-8660

Website: www.nfdh.org/DDS.html

Description: Offers free or low cost, comprehensive dental care through local, volunteer dentists to patients of all ages who, because of serious disability, advanced age or medical problems lack adequate income to pay for needed dental care. Application is made through the coordinating office in Denver, Colorado.

Name: Dr. Foot

Phone: 707-496-4443 cell, 707-443-1186 24-hour medical, 707-443-9108 counseling, 707-668-1795 administration

Description: Traveling medical clinic provider, including CHDP services; Monday through Friday at various locations throughout the county. Call for locations.

Name: Easter Seals

Address: 3289 Edgewood Rd., Eureka, Ca 95503

Phone: 707-445-8841

Website: www.easterseals.com/site/pageserver

Description: Adult day care services for elderly and disabled people. Swimming programs for adults and children. The equipment loan program provides needed equipment for a \$10 fee for three months of use. Support groups also available. Limited scholarships available. Self referrals accepted.

Name: Eureka Community Health Center

Address: 2412 Buhne, Eureka, CA 95501

Phone: 707-441-1624, 707-442-7078 (dental clinic)

Description: Family oriented community medical clinic. Sliding fee scale, accepts Medi-Cal, CHDP provider. Same day appointments, call in morning for an afternoon appointment.

Name: Family PACT

Phone: 1 (800) 942-1054

Website: www.dhs.ca.gov/pcfh/ofp/programs/famPACT/

Description: Reproductive health services, including diagnosis and treatment for STIs and UTIs, contraceptives, pregnancy testing, annual exam. There is no cost to eligible patients for covered services.

Name: General Hospital

Address: 2200 Harrison Avenue, Eureka, CA 95501

Phone: 707-445-5111

Description: Community hospital, midwifery services including comprehensive prenatal and newborn care.

Name: General Hospital Dental Clinic

Address: 310 3rd Street, Suite B Eureka, CA 95501

Phone: 707-441-1188

Description: Community dental clinic, accepts Medi-Cal.

Name: H-CAR (Humboldt Community Access and Resource Center)

Phone: 707-443-7077

Website: www.hcar.us

Description: Provide support and services that allow developmentally delayed persons to live and participate in the community. New clients accepted by referral only. Six sites total with services that include: Vocational training, Community life/ access skills training, Recreation and Leisure Skills training etc. Call for sites and specific programs offered at each site.

Name: Health Care Medical Associates

Address: 2507 Harris Street, Eureka, CA 95503

Phone: 707-444-3100

Description: Low cost health care, CHDP provider, Medi-Cal provider, routine health care, family planning services.

Name: Health Care Medical Associates

Address: 2192 Central Avenue, McKinleyville, CA 95519

Phone: 707-839-5955

Description: Low cost health care, CHDP provider, Medi-Cal provider, family planning services.

Name: Healthy Families

Phone: 707-269-3590

Website: www.healthyfamilies.ca.gov/

Description: Low cost insurance that provides health, dental and vision coverage to children who do not have insurance today and do not qualify for no-cost Medi-Cal

Name: Heart of the Redwoods, Community Hospice

Address: 464 Maple Lane, Garberville, CA 95542

Phone: 707-923-7276

Email: hospice@asis.com

Description: Supportive in-home or hospital care for those with life threatening illnesses.

Name: Hospice of Humboldt

Address: 2010 Myrtle Avenue Eureka, CA 95501

Phone: 707-445-8443

Description: Supportive in-home or hospital care for those with life-threatening illnesses.

Name: Humboldt Child Care Council

Address: 2379 Myrtle Ave., Eureka, Ca 95501

Phone: 707-444-8293

Website: www.hccc1.org

Description: Supported Parenting provides support services to adult parents with developmental disabilities. The Special Needs Connection is a family resource center for parents with a developmental delayed child aged birth to three, or with a child at risk of having developmental delays. HCCC Respite Program and Behavioral Respite Program provide in home respite care to families. HCCC's goal is to help avoid the institutionalization and/or residential care of developmentally disabled family members.

Name: Humboldt Community Breast Health Project

Address: 987 8 St. Eureka

Phone: (877) 422-4776 toll free

Website: www.hcbhp.org

Description: Support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer.

Name: Humboldt Community Switchboard, Simple Directions

Address: P.O. 1080, Eureka, CA 95502

Phone: 707-441-8606 or 877-460-6000 (toll-free)

Description: Information and referral for community resources.

Name: Humboldt County Public Health Clinic

Address: 529 I Street, Eureka, CA 95501

Phone: 707-268-2105

Website: <http://www.co.humboldt.ca.us/health/>

Description: Free or low cost preventative care, treatment for sexually transmitted diseases with sliding fee scale; free and confidential HIV testing, TB screening, immunizations. Call 707-268-2132 for the North Coast AIDS Project, Tobacco project, nutrition, alcohol and other drugs education project.

Name: Humboldt County Health Department, Careline for Family Health Needs

Address: 317 2nd St., Eureka, CA 95501

Phone: 707-476-4960 or 800-698-0843

Description: Information and referral for family health needs, 8:30 A.M. to 5:00 P.M. Monday through Friday; toll-free from anywhere in Humboldt County. Care line for health related questions for people living in Humboldt County. Caller may be referred to services if needed, or be able to speak with a nurse on hand.

Name: Humboldt-Del Norte County Medical Society

Phone: 707-442-2367

Description: For referrals to individual physicians

Name: Humboldt-Del Norte County Dental Society

Phone: 707-443-7476

Description: For referrals to individual dentists

Name: Humboldt Dental Society

Phone: 707-443-7476

Website: www.hdnds.org

Description: Provides names and phone numbers for dentists to the public. Keeps track of who is taking new patients and what insurance they take.

Name: Humboldt Diabetes Project

Address: 3100 Edgewood Rd. Eureka, CA 95501

Phone: 707-443-4553

Website: www.hdnfmc.com

Description: Provides case management services and has a comprehensive web-site with downloadable forms, information, and services offered.

Name: Humboldt Open Door Clinic

Address: 770 10th Street, Arcata, CA 95521

Phone: 707-826-8610, 707-826-8624 - Dental

Description: Community medical clinic including CHDP services, counseling, dental care, family planning, prenatal care, pediatrics, nutritional counseling and smoking cessation.

Name: Humboldt Open Door Clinic

Address: 1644 Central Avenue, Suite F, McKinleyville, CA 95519

Phone: 707-839-3068

Description: Community medical clinic including CHDP services, counseling, dental care, family planning, prenatal care, pediatrics, nutritional counseling and smoking cessation.

Name: Humboldt Recovery Center

Address: 1303 11th Street, Eureka, CA 95501

Phone: 707-443-0514

Description: Industrial Strength Smokers Program, Sober Smokers Program.

Name: Humboldt Women for Shelter

Address: P.O. Box 969, Eureka, CA 95502-0969

Phone: 707-444-9255

Description: Alcohol and tobacco programs for women and children.

Name: In Home Support Services (IHSS)

Address: 929 Koster St., Eureka

Phone: 707-476-2100

Website: www.co.humboldt.ca.us/hhs/socialservices/

Description: A program to help low income people, who are frail, elderly, or functionally impaired, to stay at home. IHSS may be able to pay for a caregiver or to help an eligible person or persons with everyday tasks. An IHSS social worker or Public Health nurse determines eligibility and the number of hours of assistance someone may receive each month.

Name: In Home Support Services (IHSS)

Address: 880 Northcrest Dr., Crescent City

Phone: 707-464-3191

Website: www.co.humboldt.ca.us/hhs/socialservices/

Description: A program to help low income people, who are frail, elderly, or functionally impaired, to stay at home. IHSS may be able to pay for a caregiver or to help an eligible person or persons with everyday tasks. An IHSS social worker or Public Health nurse determines eligibility and the number of hours of assistance someone may receive each month.

Name: Jerold Phelps Community Hospital

Address: 733 Cedar Street, Garberville, CA 95542

Phone: 707-923-3921, 707-923-2178 TTY or TTD

Description: Community hospital.

Name: K IMA:W Medical Center

Address: P.O. Box 1288, Hoopa, CA 95546-1288

Phone: 530-625-4261

Description: Community health care services, Buckle Up Your Baby Program, CHDP provider.

Name: Kris Kelly Health Information Center in Humboldt County Library

Address: 1313 3rd Street, Eureka, CA 95501

Phone: 707-442-9094

Website: <http://www.kkhic.org/>

Description: Consumer health library. Wed. noon-7, Th&F 10-5. Provides comprehensive health information in a nurturing and confidential environment. Promotes communication between patients, families and their health care providers.

Name: Lighthouse of the North Coast

Address: 2830 G St. Suite B-1 Eureka, Ca 95501

Phone: 707-268-5646

Website: www.lighthouse-sf.org

Description: Provide help to those who are experiencing various degrees of vision loss. Help to find funding for various doctors visits, surgeries, and assistive equipment. Will direct clients to programs that will suite their needs and improve quality of life. A social service agency no medical care provided.

Name: Mad River Community Hospital

Address: 3800 Janes Road, Arcata, CA 95521

Phone: 707-822-3621

Website: <http://www.madriverhospital.com/>

Description: Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day) and Urgent Care Services open from 1 PM to 9:00 PM.

Name: Mad River Community Hospital Pain Clinic

Address: 3800 Janes Road, Arcata, CA 95521

Phone: 707-822-3621

Website: www.madriverhospital.com/services/WelcometoSurgicalServices.htm

Description: See patients in consultation with on-going chronic pain not with interventions. Mostly interventional problems, things that can be treated with treatment. Consult for pain management by referral from PCP. Will recommend meds and other conservative measures, but PCP must manage meds. Takes Medi-Cal and Medicare and other insurance. M-F, 8-4 pm.

Name: Mad River Home Health Service

Address: 3800 Janes Road, Arcata, CA 95521

Phone: 707-826-8420

Website: <http://www.madriverhospital.com/index.htm>

Description: Skilled Nursing Care; Home Health Aide services; Occupational, Physical and Speech Therapy; and Social Work Services to patients at home under supervision of Medical Doctor. Accepts Medicare, Medi-Cal, private insurance.

Name: Making Headway, Inc.

Address: 1125 3rd St., Eureka, CA 95501

Phone: 707-442-7668

Website: www.makingheadwayinc.org

Description: Chronic pain management for those who have traumatic brain injury. Class meets Wednesdays from 12:30 – 1:30pm. Also offer conjunctive therapy class in a pool at Easter SEALS on Tuesdays from 1:00 – 2:00pm. Ranges \$2 - \$5. Initial screening required. Case management services to people with traumatic brain injuries and their families. Fees depend on financial ability to pay (free to sliding scale).

Name: Maternal Child and Adolescent Health

Address: 317 2nd St. Eureka, Ca 95501

Phone: 707-445-6212

Website: www.co.humboldt.ca.us/health/default.asp?pg=maternal_and_child_health.asp

Description: Children's Medical Services- Provides authorization and payment for specialty medical care for disabled children. Serves persons with developmental disability.

Name: Medi-Cal

Address: 929 Koster St. Eureka, CA 95501

Phone: 707-269-3590

Website: www.dhs.ca.gov/mcs/medi-calhome/

Description: California's version of Medicaid, healthcare insurance for low-income families and individuals.

Name: Mobile Medical Health

Address: 760 15th St. Arcata, Ca 95521

Phone: 707-826-9926

Website: www.mobilemed.org

Description: Dental care for children at elementary schools in Humboldt and Del Norte County. During the academic school year only. Call for a schedule.

Name: Mobile Medical Office

Address: P.O. Box # 905 Eureka, CA, 95500-0905

Phone: 707-443-1186

Website: <http://www.mobilemed.org/index.html>

Description: Comprehensive primary care services including physical care and mental health screenings. Preventive dental care, substance abuse outpatient and referral services, homeless support services, help with

public benefits such as health insurance applications, food stamps and social security disability applications. Provides bilingual after-hours clinic. All services are free for patients under 200% of poverty level and no one is ever turned away due to inability to pay. These services are provided via two out-reach vans that circulate in the community. Call for schedules, or see website.

Name: NorthCountry Clinic

Address: 1644 Central Avenue, Suite A, McKinleyville, CA 95519

Phone: 707-839-1909

Description: General medical care for all family members including CHDP, family planning, individual and group counseling.

Name: NorthCountry Clinic

Address: 785 18th Street, Arcata, CA 95521

Phone: 707-822-2481

Description: General medical care for all family members including CHDP, family planning, prenatal care and classes, Comprehensive Perinatal Services Program provider, individual and group counseling.

Name: Northern California Neurosurgery Medical Group

Address: 2400 Country Drive, Suite 100, Fremont, CA 94536

Phone: 510-494-5700

Website: www.lieberson.com

Description: Multi-specialty group caring for spine problems, carpal tunnel disease, pain, and work injuries.

Name: Northern California Pain Initiative (NCPI)

Website: www.home.earthlink.net/~norcalpain/index.html

Description: Works with healthcare providers, patients, and other stakeholders to provide education about effective and appropriate pain management, conducts outreach regarding pain-related issues, provides information regarding access to services, and influences public policy. Also has links for Pain Management, Pediatric Pain and Senior Pain resources.

Name: Northern California Spine Institute

Address: 5725 West Las Positas, Suite 200, Pleasanton, CA 94588

Phone: 925-469-6274

Website: www.ncsi.tv

Description: Spine Institute is integrated with an inpatient and outpatient program that embraces new technology when appropriate for out patients, including less invasive surgical techniques. Multi-disciplinary program of spine treatment utilizing both surgical and non-surgical treatment.

Name: Pacific Coast Deaf Support Association

Phone: 707-443-9896

Description: For deaf and hearing impaired individuals, from newborns to seniors and their families.

Name: Redwood Coast Regional Center

Address: 525 2nd St Suite 300 Eureka, Ca 95501

Phone: 707-445-0893

Website: www.redwoodcoastrc.org

Description: Case management for people with developmental disabilities and their families. Assessment and diagnostics, counseling, case management, individualized plans of care, purchase of services. Referrals given to most major disability organizations in the area

Name: Redwood Memorial Hospital, Fortuna

Address: 3300 Renner Dr., Fortuna, CA

Phone: 707-725-3361

Website: <http://www.stjosepheureka.org/frontpage/default.htm>

Description: Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day). For Urgent Care services see St. Joseph General Hospital Campus.

Name: Redwoods Rural Health Center

Address: 101 Westcoast Road, P.O. Box 769, Redway, CA 95560

Phone: 707-923-2783

Description: Community medical clinic providing medical, dental, psychological and natural therapies. Comprehensive Perinatal Service Program provider.

Name: Seventh Day Adventist Church

Address: 4251 F Street, Eureka, CA 95503

Phone: 707-442-6950

Description: 5-Day Program.

Name: Six Rivers Medical Clinic

Address: P.O. Box 1045, Willow Creek, CA 95573

Phone: 530-629-3116

Description: Outpatient clinic, x-rays, CHDP provider.

Name: Smoking Cessation Programs

Phone: 1-800-7-NO-BUTTS (1-800-766-28887)

Description: Toll-free counseling.

Name: Southern Humboldt Community Clinic

Address: 733 Cedar Street, Garberville, CA 95542

Phone: 707-923-3925

Description: Family health care.

Name: St. Joseph Dental Clinic

Address: 310 3rd St. Eureka, Ca 95501

Phone: 707-441-1188

Website: www.stjosepheureka.org

Description: The dental clinic accepts Medi-Cal, CMSP, CHDP, and private pay insurance.

Name: St. Joseph General Hospital Campus

Address: 2200 Harrison, Eureka, CA

Phone: 707-445-5111

Website: <http://www.stjosepheureka.org/frontpage/default.htm>

Description: A full service, acute care hospital. Services include Urgent Care open 8: AM to 11:00 PM. No emergency room services at this site. Urgent care will move to St. Joseph Hospital in Spring, 2006.

Name: St. Joseph Health System/Community Resource Center
Address: 212 G Street, Eureka, CA 95501
Phone: 707-442-5239
Description: Phone consultation and referral for various needs.

Name: St. Joseph Health System/Community Resource Center
Address: 1151 Main Street, Fortuna, CA 95540
Phone: 707-725-5239
Description: M-Fr 9AM-1PM

Name: St. Joseph Home Care Network
Phone: 707-443-9332
Description: Skilled Nursing Care; Home Health Aide services; Occupational, Physical and Speech Therapy; and Social Work Services to patients at home under supervision of Medical Doctor. Accepts Medicare, Medi-Cal, private insurance.

Name: St. Joseph Hospital, Eureka
Address: 2700 Dolbeer Street, Eureka, CA
Phone: 707-445-8121
Website: <http://www.stjosepheureka.org/frontpage/default.htm>
Description: Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day). For Urgent Care services see St. Joseph General Hospital Campus

Name: Tri-Counties Independent Living
Address: 955 Myrtle Ave. Eureka Ca 95501
Phone: 707-445-8408
Website: www.tilinet.org
Description: Assist individuals in obtaining information about disability and independent living issues, assistive technology and programs. Provide housing lists and information in search of affordable housing. Benefits (SSA, SSDI, SSI, and Medi-Cal) counseling. Peer counseling available.

Name: UCSF Pain Management Center
Address: 2255 Post Street, San Francisco, CA 94143
Phone: 415-885-PAIN(7246), Patient Info Line 415-885-3878
Website: http://mountzion.ucsfmedicalcenter.org/pain_management/
Description: Work with patients with complicated and chronic medical, surgical, and neurological pain problems. Patients will receive a comprehensive evaluation. Other services include: regional anesthesia (nerve block); transcutaneous electrical nerve stimulation (TENS); physical therapy and/or occupational therapy; home exercise and activity guidance; medication tailoring; shorter individual psychotherapy and behavior modification; self-hypnosis training and biofeedback; stress management and relaxation; group and family psychotherapy.

Name: Union Labor Health Foundation Dental Fund
Phone: 707-442-2417
Website: www.hafoundation.org/form.html

Description: Provides small grants to meet immediate dental needs of children. Applications are accepted at any time and are reviewed periodically. Must be referred by a provider or agency. Fill out referral available on S Drive CASE MANAGERS folder, or call for faxed referral sheet.

Name: United Indian Health Services

Address: Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570

Phone: 707-677-3693 or 707-269-2655

Description: Comprehensive health care services for Native American Indian population including CHDP, medical, dental, nutrition, vision care, counseling.

Name: Willow Creek Family Health Center

Address: P.O. Box 726, Willow Creek, CA 95573-0726

Phone: 530-629-3111

Description: Family medical practice, CHDP provider.

Name: Willow Creek Dept. of Public Health

Address: 77 Walnut Way, Willow Creek, CA 95573

Phone: 530-629-2410

Website: <http://www.co.humboldt.ca.us/health/>

Description: Women's health, STD screenings, immunization, birth control, pregnancy testing.

Name: The Women's Resource Center

Address: Bayshore Mall, 3300 Broadway, Eureka, CA 95501

Phone: 707-442-5239

Description: Referrals for health, alcohol and drug programs.

Tribal, Native American Information and Services

Name: Hoopa Valley Tribal, Human Services Department

Address: Loop Road BIA Campus, P.O. Box 1267, Hoopa, CA 95546

Phone: 530-625-4236, 530-625-4237

Description: Counseling program provides individual, family, group and marriage counseling. Indian Child Welfare, court advocacy and assistance for Native American Indian children and their families. Individual, family, group and marriage counseling, support groups.

Name: Indian Action Council

Address: 2725 Myrtle Avenue, Eureka, CA 95501

Phone: 707-443-8401

Description: 8:30-4:30 Mon-Fri, Tutoring, library, computer lab on site.

Name: Indian Child Welfare/Children and Family Services

Address: P.O. Box 1267, Hoopa, CA 95546-1267

Phone: 530-625-4236

Description: Crisis intervention, counseling, emergency housing and food, and transportation.

Name: Indian Natural Resources Science and Engineering Program

Address: Walter Warren House 38, HSU, Arcata, CA 95521

Phone: 707-826-4994

Description: Provides counseling (personal and cultural), tutorial services and financial aid to Native American Indians who choose to go through this program to help develop natural resources on the reservations.

Name: K IMA:W Medical Center

Address: P.O. Box 1288, Hoopa, CA 95546-1288

Phone: 530-625-4261

Description: Community health care services; Buckle Up Your Baby Program.

Name: Northern California Indian Development Council

Address: 241 F Street, Eureka, CA 95501

Phone: 707-445-8451

Description: Employment and referrals for Native American Indian youth. Computers in the job room free of charge.

Name: United Indian Health Services

Address: Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570-0420

Phone: 707-825-5000 or 707-677-3693

Website: www.uihs.org

Description: Medical/dental, nutrition, counseling, social services, transportation on limited basis; sliding scale fees. Native American Indian only

Name: United Indian Lodge

Address: 1116 9th Street, Eureka, CA 95501

Phone: 707-445-3071

Description: Co-ed recovery services for substance abuser in Native American communities in Humboldt and Del Norte counties.

Name: Yurok Tribe

Address: 15900 Highway 101 North, Klamath, CA 95548

Phone: 707-481-1350

Description: Services for tribal members include emergency childcare support and family assistance through the Indian Child Welfare Program. Head Start services also available.

Name: Yurok Tribe

Address: 1034 6th Street, Eureka, CA 95501

Phone: 707-444-0433

Description: Services for tribal members include emergency childcare support and family assistance through the Indian Child Welfare Program.

Teen Programs and Services

Name: Eureka Teen Parent Program

Address: Eureka High School, 1915 J Street, Eureka, CA 95501

Phone: 707-441-2536

Description: Support for pregnant teens; mainstreams mothers through school.

Name: G.E.T. (Getting Education Together) Parenting Program

Address: Arcata High School, 1720 M Street, Arcata, CA 95521

Phone: 707-839-6400

Description: Pre/postnatal education, life/consumer skills, home economics, nutrition, academic studies, high school diplomas for pregnant and parenting teens. Free child care available on site.

Name: Northcoast Big Brothers/Big Sisters

Address: 932 C Street, Eureka, CA 95501

Phone: 707-445-4871

Description: One on one adult female mentoring for pregnant and parenting teens; Parenting Adolescent in Relationships (P.A.I.R.) Program.

Name: Redwood Community Action Agency, Youth Services Bureau (YSB)

Address: 904 G Street, Eureka, CA 95501

Phone: 707-444-CARE 24-hour hotline, 707-443-8322 office

Description: 24 hour hotline for someone to talk to, emergency shelter, information regarding local services for runaways. Short term case management intervention and school based intervention.

Name: S.N.A.P. (Support Network for Adolescent Parents), Youth Educational Services

Address: Humboldt State University, Hagoplan House 91, Arcata, CA 95521

Phone: 707-826-4965 or 707-826-5615

Description: Social activities, educational activities, resources and enhancement of self-esteem for pregnant and parenting teens.

Name: Teenage Health Resource Line

Phone: 1-888-711-TEEN

Email: teenhealth@lpch.stanford.edu

Description: Available 7 days/week, 7:00 A.M. - 11:00 P.M. Based in Palo Alto, nurses answer general questions about nutrition, STDs, body changes, illness, etc.

Name: Teenage Pregnancy and Parenting Network (TAPPN)

Address: 2379 Myrtle Avenue, Eureka, CA 95501

Phone: 707-445-1195, 800-795-3554

Description: Case management, support, resource and referral for pregnant and parenting teens. Transportation and advocacy as needed.

Name: The Women's Resource Center

Address: 1151 Main Street, Fortuna, CA 95540

Phone: 707-725-5239

Description: Kids Fund for teens aged 13 - 19. Funds available for various needs including classes, retreats, prom dresses and sports equipment; teens pay back through community services. Eel River valley only.

Child Health and Welfare Information and Services

Name: California Children's Services

Address: 317 2D, Eureka, CA 95501

Phone: 707-445-6212

Website: www.dhs.ca.gov/pcfh/cms/ccs/

Description: Pays for medical and other related services to children with qualifying (usually serious) health problems and diseases. Available services may include doctor's visits, hospital stays, surgery, physical and occupational therapy, and medical supplies/equipment. Must be under 21, meet income eligibility requirements.

Name: Child Welfare Services

Address: 929 Koster St. Eureka, CA 95501

Phone: 707-445-6182: Business and info., 707-445-6180: 24 hour crisis reporting

Website: www.co.humboldt.ca.us/hhs/socialservices/cws.htm

Description: This is the county agency that provides Child Protective Services. Services include crisis intervention, emergency shelter, parent education, family maintenance, information and referral. Parents may self-refer to obtain necessary help.

Name: Children, Youth and Family Services, DHHS

Address: Humboldt County Mental Health, 1711 Third Street, Eureka, CA 95501

Phone: 707-268-2800 or 888-849-5728

Website: www.co.humboldt.ca.us/hhs/socialservices

Description: Provides an array of mental health, alcohol and drug related services that promote health and mental health. Includes assessment process, individual, family and group counseling, Day Treatment, In-Home Intensive Services, medication evaluation and management, case management with a focus on linkage and brokerage to other resources and services in the community.

Name: Department of Health and Human Services, Public Health Branch

Address: 317 2nd Street, Eureka, CA 95501

Phone: 707-445-6210 or 1-800-698-6843

Description: Assistance in obtaining preventive health exams at no cost for eligible children (CHDP) and referrals for medical and dental problems when identified.

Name: Easter Seals

Address: 109 Edgewood Road, Eureka, CA 95502

Phone: 707-445-8841

Email: emorgan@ca-no.easter-seals.org

Description: Services to persons with disabilities including assistance with travel related costs for infants/children, children's recreation program.

Name: Healthy Families Program

Phone: 800-880-5305

Description: Low cost health, dental and vision insurance plan available through the State of California for children up to age 19 who meet eligibility requirements.

Name: Healthy Start

Phone: Eureka: 707-441-0279, Fortuna/So. Fortuna Elementary: 707-725-0514; Rio Dell School District: 707-764-5103; South Fork High School: 707-943-3431; Weott School: 707-946-2347; Miranda Jr. High: 707-943-1707; Alderpoint/Blocksburg Community Ctr.: 707-926-1025; McKinleyville Union School District: 707-839-1508 or 839-1558; Orick Healthy Start: 707-488-2403

Description: Offers support for students, families and communities through school-based, school link services and programs. Coordinated case management provided by Healthy Start staff.

Name: Humboldt Access Project

Address: 956 Myrtle Ave., Eureka, CA 95501

Phone: 707-445-8404

Email: hap@northcoast.com

Description: An Independent Living Center providing information and referral, housing assistance, personal care assistants, cross disability peer support, independent living skills training, advocacy and computers for students with disabilities.

Name: Humboldt Child Care Council

Address: 2739 Myrtle Avenue, Eureka, CA 95501

Phone: 707-445-1195 or 800-795-3554

Website: www.hccc1.org

Description: Offers child care information and referrals, parenting services and case management. Toy-lending program. Respite care for medically eligible children. Case Management for families seeking child care resources. CMs help determine program eligibility, then identify needs, make referrals and monitor.

Name: Humboldt Community Access and Resource Center (HCAR)

Address: P.O. Box 2010, Eureka, CA 95502

Phone: 707-443-7077

Description: Provides in-home support services, day program services, transportation and employment services for persons with developmental disabilities.

Name: Humboldt County Child Welfare Services

Address: 929 Koster Street, Eureka, CA 95501

Phone: 707-445-6180 or 800-891-8551

Website: co.humboldt.ca.us/HHS/SSB/ChildWelfareServices.asp

Description: Provides services to protect children from serious mistreatment, including crisis intervention, emergency shelter care, parent education, family maintenance, family re-unification, permanent placement, information and referral.

Name: Humboldt County Dept. of Social Services - In-Home Support Services

Address: 929 Koster Street, Eureka, CA 95501

Phone: 707-269-3590

Description: Provides in-home care for needy persons.

Name: Humboldt County Health Department, California Children Services (CCS)

Address: 317 2nd Street, Eureka, CA 95501

Phone: 707-445-6212

Description: Medical services for eligible children with special health needs (physically disabled or handicapped).

Name: Humboldt County Health Department, Careline for Family Health Needs

Phone: 800-698-0843

Description: Information and referral for family health needs, 8:30a.m. to 5:00 p.m., Monday thru Friday toll-free from anywhere in Humboldt County.

Name: Humboldt County Health Department, Immunization Clinic

Address: 529 I Street, Eureka, CA 95501

Phone: 707-268-2108

Description: Reduced fee immunizations for children entering school. HIV Clinic, STD Clinic, and travel immunizations.

Name: Humboldt County Health Department, The High Risk Infant Visitation Enhancement Program (THRIVE)

Address: 529 I Street, Eureka, CA 95501

Phone: 707-268-2105

Description: Provides in home case management for high risk infants.

Name: Humboldt County Office of Education Special Services, Special Beginnings

Address: 901 Myrtle Avenue, Eureka, CA 95501

Phone: 707-445-7043

Description: In-home educational program for special needs infants and preschoolers aged zero to five years, and their families.

Name: Humboldt Women for Shelter

Address: P.O. Box 969, Eureka, CA 95502-0969

Phone: 707-444-9255

Description: Therapeutic childcare, weekly children s group and individual counseling, referrals, information and support for moms.

Name: March of Dimes

Address: 1787 Tribute Road, Suite E, Sacramento, CA 95815

Phone: 916-922-1913 or 800-339-1913

Description: Works to improve the health of babies by preventing birth defects and infant mortality.

Name: North Coast Children's Services

Address: 685 F St. Arcata, CA 95521

Phone: 707-822-7206

Website: www.ncsheadstart.org

Description: Provides assistance to families by helping get children enrolled in Headstart/Early Headstart programs. They also assess other needs, make referrals and provide nutritional screens. Families must meet certain income requirements to be eligible for services.

Name: Rape Crisis Team, Child Assault Prevention Project (CAPP)

Address: P.O. Box 543, Eureka, CA 95502

Phone: 707-443-2737, or 707-445-2881 or 1-800-656-4673 (will accept collect calls)

Description: Child abuse prevention information and referral, community workshops, 24-hour crisis line, accompaniment and advocacy.

Name: Redwood Coast Regional Center

Address: 808 E Street, Eureka, CA 95501

Phone: 707-445-0893

Description: Supportive services to high risk infants and children zero to three years who show developmental delays or who are at risk for such delays.

Name: Remi-Vista Youth and Family services

Phone: 707-268-8722

Website: www.remivista.com

Name: Ryan Youth Center

Address: 1653 J St., Eureka, CA 95501

Phone: 707-268-1858

Description: Youth recreation activities and after-school programs. Specialized programs for adolescents. After-school program for kids in grades K-6—monthly fee is \$30, scholarships available.

Name: Teenage Pregnancy and Parenting Network (TAPPN), DHHS Public Health Branch

Phone: 707-476-4914

Description: Case management for pregnant or parenting teens and their families. Pregnant and/or parenting teens must enroll prior to age 19. Mates must enroll prior to 20 years, 10 months.

Name: Two Feathers Native American Family Services

Address: 2355 Central Ave., Ste. C, McKinleyville, CA 95519

Phone: 707-839-1933, 800-341-9454

Description: Program to protect American Indian children from abuse or neglect.

Name: Youth Services Bureau

Address: 1100 California St Eureka CA, 95501

Phone: 707-444-2273

Website: www.rcaa.org/ysb.html

Description: Case management for 12-21 YO children through a variety of residential or outreach programs related to unstable housing or homelessness. This is also a crisis line but is appropriate for initial inquiries as well.

Foster Youth and Adoptions Information and Services

Name: Adoptions Services Bureau

Phone: 916-651-8089

Website: www.childsworld.ca.gov

Description: A service for adoptees to find background information on their adoptions.

Name: California Youth Connection (CYC)

Website: calyouthconn.org

Description: CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy. CYC Chapters in counties throughout the state identify local issues and use grassroots and community organizing to create change.

Name: CA Adoption and Foster Care Referral

Phone: 800-543-7487

Website: www.childsworld.ca.gov

Description: New adoptions and foster care licensing.

Name: California State Office of Adoptions

Address: 749 F St. Arcata, CA 95521

Phone: 707-826-9180

Email: Jane.micks@dss.ca.gov

Description: Works with prospective adoptive parents and birth parents. Performs home studies. Make placements when court mandated.

Name: Dept. of Health and Human Services

Phone: 707-441-5013

Website: www.co.humboldt.ca.us

Description: Foster Care coordination.

Name: Environmental Alternatives

Address: 202 M St. Box 3414 Eureka, CA 95501

Phone: 707-443-7370

Website: www.ea.org

Description: Foster family agency.

Name: Foster Care Rights and Ombudsman

Phone: 1-877-846-1602

Website: www.fosteryouthhelp.ca.gov

Name: Horizons Adoption and Birth Parent Center

Address: 10 W. 7th Street. Suite F Eureka, CA 95501

Phone: 707-444-9909

Website: www.adoption-horizons.org

Description: Adoption facilitation and preparation classes, home studies, post placement, birthparent educational and vocational trust funds and counseling.

Name: Independent Adoption Center

Phone: 800-877-6736

Website: www.adoptionhelp.org

Description: Adoption agency facilitating fully open adoptions. Comprehensive educational and counseling-centered services to birthparents, adopting parents and adoptees nationwide.

Emergency/Crisis Information and Services

Name: Adult Protective Services

Address: 808 E St., Eureka, CA 95501

Phone: 707-445-6180 24 Hour hotline, Non-Emergency Line: 707-476-2100

Website: www.co.humboldt.ca.us/hhs/socialservices/adult-1.htm

Description: To report abuse, exploitation, neglect or self-neglect of dependent adults (age 18+). Services include information and referral to community resources, case management, assessments, emergency shelter or in-home protection, transportation, counseling, etc.

Name: American Red Cross

Address: 406 Eleventh Street, Eureka, CA

Phone: 707-443-4521

Website: <http://www.northcoast.com/~hcarc/>

Name: Boys and Girls National Hotline

Address: 800-448-3000

Website: www.girlsandboystown.org

Description: 24 hour crisis line for primarily children and parents. Includes national resource and referral service information in English and Spanish.

Name: Breaking the Cycle

Address: 514 H St. Suite

Phone: 707-442-7806

Email: Btc.dv@sbcglobal.com

Description: Court approved services for perpetrators of domestic violence. Also offers private therapy to individuals. No Medi-Cal accepted.

Name: California Youth Crisis Line

Phone: 1-800-843-5200 (24 hours, English and Spanish)

Description: Provides crisis intervention counseling. Referrals to resource agencies and neutral message center, California only.

Name: Child Find of America

Phone: 1-800-426-5678 or 1-800-AWAYOUT (292-9688)

Description: Assists in locating all kinds of missing children (18 and under). Mediation hotline for runaways/parents and parents involved in custody battles.

Name: Child Protective Services, DHHS

Address: 929 Koster St., Eureka, CA 95501

Phone: 707-445-6182 / 24-Hour Child Abuse Hotline: 707-445-6180

Website: www.co.humboldt.ca.us/hhs/socialservices/cws.htm

Description: To report child abuse or neglect. Provide assessment and investigation services. Provides case-management, referrals, and on-going services if there is a safety risk to children.

Name: Child Welfare Humboldt County DHHS

Phone: 707-445-6180

Website: www.co.humboldt.ca.us/welfare/cws.htm

Description: 24 hour crisis and reporting line.

Name: General Hospital

Address: 2200 Harrison Avenue, Eureka, CA 95501

Phone: 707-445-5111

Name: Humboldt County Health Department, On-Call Nurse

Address: 529 I Street, Eureka, CA 95501

Phone: 707-268-2105

Description: Afternoons 1:00 P.M. - 5:00 P.M. only.

Name: Humboldt County Sheriff

Address: 826 4th St. Eureka, CA 95501, Eureka

Phone: 707-445-7251

Website: www.co.humboldt.ca.us/sheriff/

Description: Sheriff's department

Name: Humboldt County Sheriff

Address: 648 Locust St., Garberville, CA 95542

Phone: 707-923-276

Website: www.co.humboldt.ca.us/sheriff/

Description: Sheriff's department

Name: Humboldt County Sheriff

Address: 1608 Pickett Rd., McKinleyville, CA 95519

Phone: 707-839-3857

Website: www.co.humboldt.ca.us/sheriff/

Description: Sheriff's department

Name: Humboldt County Sheriff

Address: Highway 96 P.O. Box 1247, Hoopa, CA 95546

Phone: 530-625-4231

Website: www.co.humboldt.ca.us/sheriff/

Description: Sheriff's department

Name: Humboldt Domestic Violence Services

Address: Eureka, CA, 95502

Phone: 707-444-9255, 24 hour crisis lines: 707-443-6042 and/or 866-668-6543

Website: www.hdvs.org/

Description: Free, comprehensive services for women and men experiencing domestic violence and their children. On-call language(s) = English, Spanish. On-site language(s) = English, Hmong, Spanish. Services include shelter, peer counseling, support groups for adults and for children, emergency transportation, court accompaniment and legal assistance. Offers advocacy, education, and emergency housing to keep victims safe. Also offers three groups a week. Child care is included with advance notice. 30 days safe house also available.

Name: Humboldt Women for Shelter

Address: P.O. Box 969, Eureka, CA 95502

Phone: 707-443-6042 (24-hour crisis line)

Description: Hotline, shelter, support groups for women and children suffering from violence in their homes.

Name: Jerold Phelps Community Hospital

Address: 733 Cedar Street, Garberville, CA 95542

Phone: 707-923-3921, TTY or TTD 707-923-2178

Name: Mental Health Crisis Line

Address: 707-445-7715

Description: 24-hour crisis line.

Name: National Center for Missing and Exploited Children

Phone: 1-800-843-5678

Description: Deals with runaway, abducted or otherwise missing children aged 17 and under.

Name: National Domestic Violence Hotline

Phone: 800-799-7233

Website: www.ndvh.org

Description: Offers crisis intervention, information, and referrals to local services and shelters. Spanish speakers always available, as well as access to interpreters of other languages.

Name: National Runaway Switchboard

Phone: 1-800-621-4000, TDD 1-800-621-0394

Description: Services include phone counseling, referral and information to other agencies across the country. May arrange conferences between runaways and their parents or other agencies. Provides a message relay service without runaway revealing his/her location. Also provides information and referral to runaway for food, shelter, and health care.

Name: North Coast Rape Crisis Team

Address: P.O. Box 543, Eureka, CA 95502

Phone: Hotline: 707-445-2881 or 1-800-656-4673; Office: 707-443-2737

Email: ncrcthum@pacbell.net

Description: 24-hour crisis line and crisis intervention for survivors of sexual assault. Offers individual and group counseling. Accompanies survivors to court proceedings, law enforcement, hospital visits. Advocacy in court cases. Offers general information and referrals to community services.

Name: Pathways Crisis Response Service

Phone: 707-826-1886

Website: www.redwoodcoastrc.org

Description: Only for developmentally delayed Redwood Coast Regional Center clients. Call RCRC to learn if the individual is eligible for services.

Name: Poison Control Center

Phone: 1-800-876-4766 (24 hour), 1-800-972-3323 (24 hour TTY)

Name: Safe Haven, Operated by RCAA (Redwood Community Action Agency)

Phone: 707-269-2075

Website: www.rcaa.org

Description: Long term transitional shelter for women and children fleeing domestic violence. Call between 1:00 PM and 4:30 PM weekdays.

Name: Safelink

Phone: 877-785-2020

Website: www.casamyrna.org/programs/safelink.html

Description: Offers information, safety planning and linkages to shelter and other resources. Spanish speakers available.

Name: STD Hotline

Phone: 1-800-227-8922

Description: 8:00 A.M. to 11:00 P.M. EST Monday thru Friday

Name: Stop Abuse For Everyone (SAFE)

Phone: Hotline = 800-799-SAFE

Website: www.safe4all.org/

Description: Is a human rights organization that provides services for those who typically don't have services: battered men, same sex victims, teens, the elderly, and immigrants.

Name: Victim Witness Office

Phone: 707-441-7417

Website: www.cya.ca.gov/victim/vw_county.html

Description: Violent crimes victims' assistance to include court support and help opening claims to Victims of Crime Fund (provides compensation for costs associated with being the victim of a violent crime, including counseling, medical and dental bills, lost wages, funeral and burials).

Name: VINE (Victim Information and Notification Every Day)

Phone: 877-331-8463

Website: www.appriss.com/VINE.html

Description: To register to receive updates on the release or change of custody status of offenders. An automated guide accessible to touchtone and rotary phones.

Name: Wish House

Address: Garberville, CA 95542

Phone: 707-923-4100

Description: Shelter for women and their children in crisis. Also provides shelter for homeless.

Financial Information and Services

Name: CARE Program (PG&E)

Phone: 800-743-2273

Website: www.pge.com/res/financial_assistance/

Description: Program for qualifying, low-income or fixed-income PG&E customers for a 20% savings on their bill for two years. Customer must have his/her name on the bill. Income Criteria: For 1-2 person – pretax income must be no more than \$24,200; 3 people - \$28,400 or less; each additional member add \$5,800 to the pretax annual income. Children are included in the household size. Call to receive free application and obtain income requirements.

Name: Consumer Credit Counseling

Address: 1309 11th St. Suite 104, Eureka, CA 95521

Phone: 707-822-8536 or 800-762-1811

Website: www.cccsnojuggle.org

Description: Counseling for debt management. Also offers credit report review. Counselor will pull credit reports and scores from all three of the credit bureaus, as well as offering advice on the results.

Name: Dept. of Health and Human Services

Address: 929 Koster Street, Eureka, CA 95501

Phone: 707-269-3590

Website: <http://co.humboldt.ca.us/hhs/>

Description: Provides cash subsistence benefit and Medi-Cal to income eligible families with dependent children.

Name: Department of Health and Human Services, General Relief

Phone: 707-476-4700

Website: www.co.humboldt.ca.us/hhs/socialservices/pubassistance.asp

Description: A loan program for people with limited resources. Funds obtained must be paid back.

Name: Department of Health and Human Services, General Assistance

Address: 929 Koster Street, Eureka, CA 95501

Phone: 707-445-6103

Description: Cash subsistence benefit to destitute individuals who do not qualify for other cash aid programs (SSI, AFDC).

Name: Easter Seals Society

Address: 3289 Edgewood Road, P.O. Box 109, Eureka, CA 95501/95502

Phone: 707-445-3106

Email: emorgan@ca-no.easter-seals.org

Description: Services to persons with disabilities, including assistance with travel related costs.

Name: Energy Demonstration Center

Address: 904 G Street, Eureka, CA 95501

Phone: 707-444-3831

Description: Utilities payment assistance and home weatherization programs.

Name: Food Stamps

Address: 929 Koster St. Eureka, CA 95501

Phone: 707-269-3590 Public Inquiry Line, 707-476-4700 General line

Website: www.dss.cahw.net.gov/foodstamps/

Description: Food supplementation program for income eligible persons providing coupons which may be redeemed for food items.

Name: Medi-Cal

Address: 929 Koster Street, Eureka, CA 95501

Phone: 707-445-6113

Description: Federal and State funded health care insurance for low income families and individuals.

Name: RCAA's Energy & Environmental Services Division, Energy Demonstration Center

Address: 539 T St., Eureka, CA 95501

Phone: 707-444-3831

Website: www.rcaa.org/energy.html

Description: Home Energy Assistance Program (HEAP): 444-3834. Provides financial assistance for PG&E, Propane, and Firewood. Calls are taken every Monday starting at 9:00am to make appointments for that week. Once slots are full, no more calls are taken for that week. Calls and appointments are taken again the following Monday though out the year until their money runs out. Low-moderate income eligible.

Weatherization Program: 444-3831 ext. 201. Provides low to moderate-income tenants and home-owners with insulation, health and safety related testing, and home repairs. The energy saving improvements are provided free of charge for income qualified households. There is a waiting list.

Name: Redwood Coast Regional Center

Address: 808 E Street, Eureka, CA 95501

Phone: 707-445-0893

Description: Provides wide array of support services to developmentally disabled individuals, those at risk of developmental disability and their families.

Name: SBC (Telephone Service)

Phone: 800-310-2355

Website: www.sbc.com

Description: Offer Universal Lifeline service/program for low income households. Have to call to set it up, they will ask a few questions to determine if you qualify. This program provides a discount on your installation rate (to only \$10) and gives you ½ off rates for phone services.

Name: St. Joseph Resource Center

Address: 2331 Rohnerville Rd., Fortuna, CA 95540

Phone: 707-725-5239

Description: Cleaning Deposit Fund; provides established residents of Humboldt County with funds to assist in relocating to improved housing opportunities. Eel River valley area only.

Name: Unemployment Insurance

Phone: 800-300-5616

Website: www.edd.ca.gov/ui/dg/ut46085.htm

Description: Call to apply for assistance with unemployment benefits.

Legal Information and Services

Name: California Indian Legal Services

Address: 324 F Street, Suite A, Eureka, CA 95501

Phone: 707-443-8397

Email: dasfd@co.humboldt.ca.us

Description: Work to secure and protect full civil rights of California Indians.

Name: Humboldt County District Attorney, Child Support Services

Address: P.O. Box 128, 2420 6th St., Eureka, CA 95501

Phone: 707-441-3200

Website: www.co.humboldt.ca.us/dcsc/

Description: Provides assistance free of charge to all persons needing child support as a result of a parent being absent from home. Major service provided is the enforcing of court order for child support. Services provided for free and can establish paternity as well as obtain, enforce, collect and distribute child support and medical support orders.

Name: Legal Services

Address: 3rd St Eureka, CA 95501

Phone: 707-443-9123

Website: www.humsenior.org/legal/legal.html

Description: Serves local people in legal matters regarding family, tenant's rights and public benefits. Phone and in person consultation available.

Name: NAACP Legal Defense and Education Fund

Phone: 1-800-221-7822

Website: www.naacpldf.org/

Description: Provides legal assistance, not representation, to anyone who feels they may be victims of discrimination of any kind.

Name: Newcomer Center

Address: 674 Allard Ave, Eureka, CA 95501 (Located on the Eureka Adult School Campus)

Phone: 707-441-2462

Website: www.eurekaadultschool.org/newcomer.html

Description: Information and referral center for immigration, job search, legal help, and health referrals. Services for English, Spanish, Hmong, and other language speakers, and anyone with limited English skills.

Name: Redwood Legal Assistance

Address: P.O. Box 1017, Eureka, CA 95502-1017

Phone: 707-445-0866

Description: 9AM-3PM Mon-Thu 9AM-noon Fri. Civil legal services to indigent residents of Humboldt County. Services include tenants' rights, family law, public benefits.

Name: Referral Services - Humboldt Legal Center

Address: Humboldt State University, Arcata, CA 95521

Phone: 707-826-3824

Description: Provides information concerning legal needs to H.S.U. students and community. Counseling provided for small claims, divorce and child custody, taxes, drunk driving and traffic violations, disability rights, etc.

Name: Victims of Crime Resource Center

Phone: 1-800-842-8467

Website: www.1800victims.org/

Description: Provides information and referral statewide to victims their families, victim service providers and other interested parties. The center publishes and distributes free information material yearly concerning victims rights. Spanish speaking available.

Name: Victim Witness Office

Address: 712 Fourth St Eureka, CA 95501

Phone: 707-445-7417

Website: www.cya.ca.gov/victim/vw_county.html

Description: This program is available to victims or witnesses of violent crimes. The program offers crisis intervention, follow-up counseling, court preparation, court escort, assistance in completing Victim of Violent Crime claims, restitution assistance and help with restraining order information.

HIV/AIDS Information and Services

Name: Aids Resources

Address: Eureka Community Health Center, 2412 Buhne St., Eureka, CA 95501

Phone: 707-441-1624

Description: Confidential testing for HIV/AIDS, by appointment.

Name: A.I.D.S.

Phone: 800-342-2437 (English), 800-344-7432 (Spanish), 800-243-7889 (TDD-Deaf Callers Only)

Description: 24 hour hotline for the public to get information on AIDS.

Name: California Children Services

Address: 712 Fourth St., Eureka, CA 95501

Phone: 707-445-6212

Description: Services for children who are at risk of HIV infection or who are HIV positive.

Name: Del Norte Community Health Center

Address: 550 E Washington St., Crescent City, CA 95531

Phone: 707-465-6925

Description: Confidential testing for HIV/AIDS, by appointment.

Name: Humboldt County Health Department

Address: 529 I St., Eureka, CA 95501

Phone: 707-268-2109 or 800-FOR-AIDS

Description: Confidential test for HIV/AIDS virus; free of charge.

Name: Humboldt County Health Dept.

Address: 727 Cedar S., Garberville, CA 95542

Phone: 707-923-2779

Description: Confidential test for HIV/AIDS virus, free of charge.

Name: Humboldt County Health Dept.

Address: 77 Walnut Way, PO Box 668, Willow Creek, CA 95573

Phone: 530-629-2410

Description: Confidential test for HIV/AIDS virus, free of charge.

Name: McKinleyville Community Health Center

Address: 1644 Central Ave. Suite F, McKinleyville, CA 95519

Phone: 707-839-3068

Description: Confidential testing for HIV/AIDS, by appointment.

Name: North Coast AIDS Project (NorCAP)

Address: 529 I St., Eureka, CA 95501

Phone: 707-268-2132

Website: www.co.humboldt.ca.us/health/norcap.htm

Description: AIDS education and prevention, direct services to people living with HIV/AIDS, plus non-medical, psychosocial case management to people living with HIV/AIDS. Program also has preventive programs and services

Name: North Country Clinic

Address: 785 18th Street, Arcata, CA 95521

Phone: 707-822-2481

Description: Confidential testing for HIV/AIDS, by appointment.

Name: Open Door Community Health Centers HIV/AIDS Program

Phone: Eureka Community Health Clinic: 707-441-1624; Humboldt Open Door Community Health Clinic: 707-826-8610; Del Norte Community Health Clinic: 707-465-6925

Website: <http://www.opendoorhealth.com>

Description: Each listed site provides comprehensive primary medical care, including HIV Specialists, RN Case Managers, Psychologists, and Registered Dietitians. Confidential testing for HIV/AIDS, by appointment. Provides primary medical/dental/behavioral health/nutrition services to HIV/AIDS patients.

Name: Redwoods Rural Health Center

Address: 101 Westcoast Rd., PO Box 769, Redway, CA 95560

Phone: 707-923-2783

Description: AIDS counseling, confidential HIV/AIDS virus testing, there is a charge.

Name: St. Joseph Home Care

Address: 721 E St. Eureka, CA 95501

Phone: 707-443-9332

Website: www.stjosepheureka.org

Description: Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

Name: St. Joseph Home Care Services

Address: 1151 Main St., Fortuna, CA 95540

Phone: 707-725-3389

Description: Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

Name: St. Joseph Home Care Services

Address: 764 Cedar St., Garberville, CA 95542

Phone: 707-923-4042

Description: Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

Transportation Services

Name: Angel Flights/Air Lifeline

Address: 3161 Donald Douglas Loop South, Santa Monica, CA

Phone: 800-446-1231

Website: www.angelflight.com

Description: Will transport in 500 mile radius, must be referred by another agency or physician, must be ambulatory. For people who need repeat care, medical needs requiring them to leave the area, transport blood. Provides nationwide service. Volunteer pilots. Patient and companion can fly together.

Name: Arcata-Mad River Transit

Address: 925 E St., Arcata, CA 95501

Phone: 707-822-3775

Description: Provides transportation and routes in and around Arcata. Office Hours: Monday – Friday, 8:00 – 5:00 pm., Closed 12:00 – 1:00 pm. Buses provide transportation within Arcata City limits. Buses operate from 7:00am. – 7:00pm., Monday – Friday and 10:00am. – 5:00pm. on Saturday. Rates: \$1 regular/ \$.50 senior/ \$.60 children and disabled. Accepts cash/check only. Discount Books: \$7/10 rides – everyone entitled; \$5/10 rides – seniors, disabled, children. Dial-A-Ride tickets available to be purchased thru here.

Name: Care-A-Van

Phone: 707-445-8419

Description: Transportation for scheduled medical appointments; no cost, donations accepted. Transportation of minors only with an adult. Some car seats available. 48 hours notice needed.

Name: CAE Transport (City Ambulance of Eureka)

Phone: 707-445-4907 ambulance office, 707-442-4551 24 Hours Taxi Service

Website: www.cityambulance.com

Name: Coastline Enterprises

Address: 838 4th St., Crescent City, CA 95531

Phone: 707-465-4720 or 707-464-8338

Website: www.delnortebus.com/coastline.htm

Description: Non-Emergency, free medical transportation from Crescent City two days a week for medical/dental appointments in the Eureka/Arcata area. There is no charge for this service. Tuesdays for medical appointment time frame 10:00 AM to Noon. Pickup location is at the Safeway store at 7:30 AM. Wed Afternoon appts between 1:00 and 3:00, pick up at 11:00 There is limited seating. Note from medical provider verifying appt. is necessary. Call for reservation. Non-emergency medical transportation is also available on a fee basis for Southern Oregon and Northern California. Fee may be Medi-Cal, insurance, or private pay.

Name: Dial-A-Ride/Dial-A-Lift

Address: 925 E St. Eureka

Phone: 707-442-4555, 707-443-0826, 707-443-9747, 707-822-3775 - Arcata

Website: www.hta.org/Dial-a-Ride/service.htm

Description: Available to people who cannot use public transportation and can be certified so by their physician. Tickets can also be purchased at Arcata-Mad River Transit and at the Arcata City Hall.

Name: Eureka Transit Service (Humboldt Transit Authority)

Address: 133 V St., Eureka, Ca 95501

Phone: 707-443-0826

Website: www.hta.org

Description: Provides transportation in and around Eureka city limits. Service is within the Eureka City limits only. Rates: \$1.20 Regular/ \$.90 Discount cash fare; \$3 regular/ \$2.50 discount day pass; \$9 regular/ \$6.50 reduced 10-ride pass; \$35 regular/ \$30 reduced month pass. (Reduced fare for seniors above the age of 62, children between the ages of 3 and 17, and persons with disabilities)

Name: HCAR (Humboldt Community Access and Resource Center) Care-A-Van Services

Phone: 707-443-7077

Website: www.hcar.us/ats.htm

Description: Non-emergency, free (donations OK) transportation for medical appts in the McKinleyville to Fortuna area. Low income eligibility guidelines apply. Call at least 3 business days ahead to arrange transport.

Name: H.E.L.P. Services

Address: P.O. Box 592, Crescent City, CA

Phone: 707-465-4357

Email: helpservices@charter.net

Description: Non-emergency, medically necessary transportation from Portland to Los Angeles. Stationed in Crescent City. Will bill Medi-Cal for medically necessary transportation. Will also accept private pay and other options.

Name: Kare-A-Van

Address: 2385 1st St., McKinleyville, CA

Phone: 707-839-0530

Description: Provides medically necessary transportation from hospital, home, rehabilitation appointments, doctor's appointments, etc. Will bill Medi-Cal for medically necessary transportation. Will also accept private pay and other options. \$18/pick-up plus \$1.60/mile.

Name: Mercy Flights, Inc.

Address: 3650 Biddle Rd., Suite #14, Medford, OR

Phone: 541-779-1019

Website: www.mercyflights.com

Description: Ground and air ambulance service. Emergency and non-emergency transport. Travel from West of the Rockies, Washington to California.

Name: Redwood Transit System (Humboldt Transit Authority)

Phone: 707-443-0826

Website: www.redwoodtransit.org

Description: Provides transportation from Scotia to Trinidad. Call HTA for current route schedule and fees. Service runs North and South along Hwy. 101 corridor. Thru Eureka Transit Service. Rates: \$1.20 Regular/ \$.90 Discount cash fare; \$3 regular/ \$2.50 discount day pass; \$9 regular/ \$6.50 reduced 10-ride pass; \$35 regular/ \$30 reduced month pass. (Reduced fare for seniors above the age of 62, children between the ages of 3 and 17, and persons with disabilities).

Name: We Care Non-Emergency Transportation

Address: P.O. Box 8171, Eureka, CA 95502-8171

Phone: 707-445-3692 – office, 707-268-5899 - voice pager, 1-888-528-3188 - toll free

Description: Non-emergency transfers to/from doctors, hospitals and other health care providers; 24 hours notice needed. Out of state transportation services also available.

Veteran Information and Services

Name: Department of Veterans Affairs (VA)

Address: 810 Vermont Ave., NW Washington, DC 20420

Phone: 800-827-1000

Website: www.va.gov

Description: Federal telephone service contact point for all services available to veterans through the US government.

Name: Eureka Veterans Clinic

Address: 714 F St., Eureka, CA 95501

Phone: 707-442-5335

Website: www.va.gov/directory/guide/facility.asp?ID=756

Description: Provides primary care, mental health, and some ancillary services to qualified veterans.

Name: Humboldt County Veterans Service Office

Address: 825 5th St., Rm. 310(In the courthouse), Eureka, CA 95501

Phone: 707-445-7341

Website: <http://www.co.humboldt.ca.us/veteran/>

Description: Advocate for veterans and their dependents for support in getting benefits and processing claims.

Name: North Coast Veterans Resource Center

Address: 2107 3rd St., Eureka, CA 95501

Phone: 707-442-4322

Website: www.humboldt.edu/~ves/Pages/community.html#NCVRC

Description: Offers a variety of services for veterans including, but not limited to housing, employment, and referrals for mental health services. Employment and limited training for homeless and/or unemployed veterans.

Name: Redwoods Veterans Outreach Center

Address: 2830 G St., Eureka, CA 95501

Phone: 707-444-8271

Website: www.humboldt.edu/~ves/Pages/community.html#VC

Description: Provides a broad range of counseling, outreach and services to eligible veterans and their families.

Name: Veterans Upward Bound

Address: Humboldt State University, University Annex Rm 158, Arcata

Phone: 800-826-4971

Website: www.humboldt.edu/~veterans/vub

Description: Offers college preparatory courses to veterans beginning or returning to college. Day and evening classes during the Fall and Spring semesters. Application & placement assistance, career & academic advising, transcript requests, financial aid assistance, college admission testing and individual tutoring. Available without charge to all college-bound veterans.

Miscellaneous Services

Name: General Hospital Community Resource Center

Address: 212 G St., Eureka, CA 95501, CA

Phone: 707-442-5239

Website: www.stjosepheureka.org/servicesfacilities/commresource/default.htm

Description: Located inside the St. Vincent De Paul Thrift Store. Monday – Friday, 10:00 – 2:00 pm.

Name: HOPE Coalition-Community Services Guide

Website: <http://hopecoalition.org/humboldtresourceguide.htm>

Description: A detailed resource guide available on the web.

Name: Humboldt Community Switchboard

Phone: 707-441-1001 from 9:00 -5:00 or 1 (877)-460-6000

Website: www.theswitchboard.org

Description: Resource search services.

Name: Redwood Community Action Agency

Address: 904 G St., Eureka, CA 95501

Phone: 707-269-2002

Website: www.rcaa.org

Description: Information and referral for social service programs.

Name: Tri-Counties Independent Living

Address: 955 Myrtle Ave., Eureka, CA 95501

Phone: 707-445-8404

Website: www.tilinet.org

Description: Short-term case management and referrals for people with disabilities.