



# Humboldt County Transition Age Youth Collaboration

## Local Resource Guide for Transition Age Youth

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Have we missed something? Do we have old information? Let us know by sending an email with new resources or corrections to [humboldtyouth@gmail.com](mailto:humboldtyouth@gmail.com). We appreciate your help!

## Leadership and Skill Building Information and Services

**Name:** Humboldt County Transition Age Youth Collaboration (HCTAYC)

**Address:** 134 D St., Suite 101, Eureka, CA 95501

**Phone:** (707) 476 2260

**Website:** [www.humboldtyouth.org](http://www.humboldtyouth.org)

**Description:** Provides leadership development trainings to all transition age youth (16-26 years old) in Humboldt, and may offer support for youth to attend leadership development events on a local, state and national level. Youth Advisory Board applications are available; YAB members receive monthly stipends for their participation in meetings, social events and conferences.

**Name:** Independent Living Skills (ILS)

**Address:** 134 D St., Suite 101, Eureka, CA 95501

**Phone:** (707) 476 1291 or (707) 476 1293

**Website:** <http://co.humboldt.ca.us/HHS/SSB/IndependentLivingSkillsProgram.asp>

**Description:** Voluntary program designed to assist youth in transitioning from the foster care system. Youth who have been in foster care after their sixteenth birthdays are eligible for ILSP services until the day before their 21st birthdays. Youth are referred to the program by their social worker or probation officer. ILS Coordinator offers three kinds of service: Workshops, Special Events and Individual Services. ILS also assists youth in obtaining their birth certificates, California ID cards and other documents. To encourage participation, the program provides incentives. To encourage youth to finish high school, eligible youth who are active in the program (meaning have attended at least 6 events) receive a household start up kit containing brand new dishes, sheets, pots, pans, a phone, and many other items as a gift upon graduation.

**Name:** California Youth Connection (CYC)

**Address:** Humboldt Chapter: 134 D St., Suite 101, Eureka, CA 95501

**Website:** [www.calyouthconn.org](http://www.calyouthconn.org)

**Description:** CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy. CYC Chapters in counties throughout the state identify local issues and use grassroots and community organizing to create change.

**Name:** Youth in Mind

**Address:** 2147 Oregon St., Berkeley, CA 94705

**Phone:** (916) 217 7227

**Website:** [www.yimcal.org](http://www.yimcal.org)

**Description:** Youth in Mind is a statewide organization made up of young people affected by the mental health system seeking to promote positive change through leadership and advocacy within the field of mental health. Youth in Mind members participate in all levels of system change including member leadership summits, mental health conferences, and local advocacy opportunities.

**Name:** The Ink People

**Address:** 411 12th St, Eureka

**Phone:** (707) 442 8413

**Website:** <http://inkpeople.org/>

**Description:** The Ink People's office is open Tues-Sat 11-4 and the first Saturday of each month from 6-9 PM for Arts Alive! This is a public benefit community cultural development organization founded in 1979. They encourage people to exercise their humanity, build civic discourse and engage their creative potential. Offers

exhibitions, classes, workshops, films, an arts and humanities library, poetry readings, free Internet access, and special events. Facilities include shared studios for photography, printmaking, painting & drawing, digital arts, and fiber arts, and a performance/meeting space.

**Name:** Media & Art Resource Zone (MARZ) Project

**Address:** 411 12<sup>th</sup> St., Eureka, CA 95501

**Phone:** (707) 442 8413

**Website:** [www.myspace.com/marzproject](http://www.myspace.com/marzproject)

**Description:** Located at the Ink People Center For the Arts. After school youth project Tuesday Friday 3 6pm. Promotes self discovery and leadership skills; encourages teens to explore positive means of expression; program is free.

## Mental Health and Counseling Information and Services

**Name:** Mental Health Bill of Rights

**Website:** [http://www.aacap.org/cs/root/resources\\_for\\_families/patient\\_bill\\_of\\_rights](http://www.aacap.org/cs/root/resources_for_families/patient_bill_of_rights) (children)

**Website:** <http://www.rtc.pdx.edu/FeaturedDiscussions/pgFD00main.php> (youth)

**Website:** [http://www.naswdc.org/practice/behavioral\\_health/mental.asp](http://www.naswdc.org/practice/behavioral_health/mental.asp) (all)

**Description:** Bills of rights for children, youth, and all recipients of mental health care.

**Name:** Humboldt County Mental Health Office of Patients' Rights

**Address:** Public Health Building, 529 I St., Eureka, CA 95501

**Phone:** (707) 476 4948 or (707) 268 2183

**Email:** [sinfantino@co.humboldt.ca.us](mailto:sinfantino@co.humboldt.ca.us), [jsnow@co.humboldt.ca.us](mailto:jsnow@co.humboldt.ca.us)

**Description:** Works with Mental Health Branch to ensure the rights of all clients/patients who avail themselves of county mental health services. At a client's request, represents that client at Probable Cause Hearings inside Sempervirens, investigates any request or complaint and generally speaks for those who may not be able to speak for themselves.

**Name:** Humboldt County Mental Health Department

**Address:** 727 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 2729

**Website:** <http://co.humboldt.ca.us/HHS/MHB/>

**Description:** Outpatient counseling on Fridays. Walk in clinic every other week.

**Name:** Humboldt County DHHS, Mental Health Branch

**Address:** 1711 3<sup>rd</sup> St. Eureka (children, youth and family) 720 Wood Street, Eureka (adult)

**Phone:** 707 268 2800 (children, youth and family services) 707 268 2945 (adult services)

**Website:** <http://co.humboldt.ca.us/HHS/MHB/>

**Description:** Mental Health case management for adults and children who are receiving services at County Mental Health. Comprehensive mental health services and referral point. Call during business hours to make an appointment, reach staff or speak to receptionist.

**Name:** Humboldt County Mental Health Crisis Line

**Phone:** 707 445 7715

**Website:** <http://co.humboldt.ca.us/HHS/MHB/>

**Description:** Talk with a live person 24 hours/day. Call anytime day or night. Trained crisis specialists answer the phone. They can listen, and/or make referrals to community resources, and have a list of counselors who accept insurance.

**Name:** National Alliance on Mental Illness (NAMI) Humboldt Chapter

**Phone:** 707 444 1600

**Website:**

[http://www.nami.org/Template.cfm?Section=your\\_local\\_NAMI&Template=/CustomSource/LocalDetail.cfm&ocalID=000000017&fromHL=no&state=CA](http://www.nami.org/Template.cfm?Section=your_local_NAMI&Template=/CustomSource/LocalDetail.cfm&ocalID=000000017&fromHL=no&state=CA)

**Description:** NAMI is the National Alliance on Mental Illness, the nation's largest grassroots mental health organization dedicated to improving the lives of individuals and families affected by mental illness.

**Name:** Hope Center

**Address:** 2933 H St., Eureka

**Phone:** 707 441 3723

**Description:** Free, supportive space for people with mental illness, ongoing groups, peer to peer support, advocacy, drop in services.

**Name:** Hospice of Humboldt

**Address:** 2010 Myrtle Ave./P.O. Box 3611, Eureka, CA 95502

**Phone:** 707 445 8443

**Website:** [www.hospiceofhumboldt.org/](http://www.hospiceofhumboldt.org/)

**Description:** Bereavement, terminally ill patient care and respite. Provides social workers, a chaplain, grief groups and counselors. 8 week sessions of peer support for children aged 5 through 12, teens, and adults who have experienced the death of a loved one.

**Name:** California Department of Mental Health

**Website:** <http://www.dmh.ca.gov/>

**Description:** The California Department of Mental Health (DMH), entrusted with leadership of the California mental health system, ensures through partnerships the availability and accessibility of effective, efficient, culturally competent services. This is accomplished by advocacy, education, innovation, outreach, understanding, oversight, monitoring, quality improvement, and the provision of direct services.

**Name:** California Mental Health Services

**Website:** <http://www.ca.gov/Health/MentalHealthServ.html>

**Name:** Catholic Charities of Humboldt and Del Norte

**Address:** 2936 J St., Eureka, CA 95501

**Phone:** 707 444 9611

**Website:** [www.srcharties.org/programs/delnorte.html](http://www.srcharties.org/programs/delnorte.html)

**Description:** Treatment/counseling for chemical dependency, abuse and other problems. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Catholic Charities accepts Medi Cal and sliding fee scale. Limited scholarships (no charge to patient) for patients with no funds. Will conduct home based visits in some cases.

**Name:** Children, Youth and Family Services, Humboldt County Mental Health

**Address:** 1711 Third Street, Eureka, CA 95501

**Phone:** 707 268 2800 or 1 888 849 5728

**Website:** [www.co.humboldt.ca.us/hhs/socialservices](http://www.co.humboldt.ca.us/hhs/socialservices)

**Description:** Mental health assessments and treatment. Accepts Medi Cal, has sliding scale fees based on income. Provides an array of mental health, alcohol and drug related services that promote health and mental health. Includes assessment process, individual, family and group counseling, Day Treatment, In Home Intensive Services, medication evaluation and management, case management with a focus on linkage and brokerage to other resources and services in the community.

**Name:** Co Dependents Anonymous

**Phone:** 707 442 9155 Monique, 707 445 3833 Andrea

**Description:** Offers support and fellowship to those having difficulty maintaining functional relationships.

**Name:** Covered Bridge Counseling Center

**Address:** 2367 Harrison Ave., Eureka, CA 95501

**Phone:** 707 443 1130

**Description:** Individual and group psychotherapeutic services for children, and their families. Specializing in pediatric ADD & ADHD.

**Name:** Fortuna Community Services

**Address:** 2331 Rohnerville Road, Fortuna, CA 95540

**Phone:** 707 725 1166

**Description:** Counseling, in home support, information and referral.

**Name:** Changing Tides Family Services

**Address:** 805 7<sup>th</sup> St., Eureka

**Phone:** 707 445 1195

**Website:** [www.hccc1.org](http://www.hccc1.org)

**Description:** Mental health case management for children and their families if child is full scope Medi Cal.

**Name:** Humboldt County Network of Care

**Website:** <http://humboldt.networkofcare.org/mh/home/index.cfm>

**Description:** Resource for individuals, families and agencies concerned with behavioral health. It provides information about behavioral health services, laws, and related news, as well as communication tools and other features.

**Name:** Humboldt Family Service Center

**Address:** 1802 California Street, Eureka, CA 95501

**Phone:** 707 443 7358

**Website:** [www.humboldtfamilyservicecenter.org](http://www.humboldtfamilyservicecenter.org)

**Description:** Low cost counseling, Children of Divorce Workshop, Family Violence Program. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Medi Cal and sliding fee scale. Also an office in Fortuna and Arcata – Call Eureka office to make an appointment.

**Name:** Humboldt Open Door Clinic

**Address:** 770 10th Street, Arcata, CA 95521

**Phone:** 707 826 8633 ext.155

**Website:** [www.opendoorhealth.com/humboldt](http://www.opendoorhealth.com/humboldt)

**Description:** Community medical clinic with outpatient counseling.

**Name:** Hupa Valley Tribal Human Services Department Indian Child Welfare/Children and Family Services

**Address:** P.O. Box 1267, Hoopa, CA 95546

**Phone:** 530 625 4236

**Website:** [www.hoopa.nsn.gov/departments/hsdepartment.htm](http://www.hoopa.nsn.gov/departments/hsdepartment.htm)

**Description:** Individual, family, group and marriage counseling, support groups. Crisis intervention, counseling, emergency housing, food and transportation.

**Name:** M/WEND

**Address:** 930 3rd St. Eureka, CA 95501

**Phone:** 707 441 8630

**Website:** [www.ncamp.org/showrecord.asp?id=300](http://www.ncamp.org/showrecord.asp?id=300)

**Description:** Court approved services for perpetrators of domestic violence. Assessments and group therapy. Regular therapy/ family. Classes for parents on prevention of child abuse.

**Name:** Mental Health America

**Website:** <http://www.nmha.org/>

**Description:** Advocacy, public education, and support for Americans with mental health conditions.

**Name:** Mental Health Services Act (Proposition 63)

**Website:** [http://www.dmh.ca.gov/prop\\_63/MHSA/docs/Mental\\_Health\\_Services\\_Act\\_Full\\_Text.pdf](http://www.dmh.ca.gov/prop_63/MHSA/docs/Mental_Health_Services_Act_Full_Text.pdf)

**Description:** Proposition 63 (now known as the Mental Health Services Act or MHSA) provides the first opportunity in many years for the California Department of Mental Health (DMH) to provide increased funding, personnel and other resources to support county mental health programs and monitor progress toward statewide goals for children, transition age youth, adults, older adults and families.

**Name:** Mobile Medical Office

**Address:** P.O. Box 905, Eureka CA, 95500 0905

**Phone:** 707 443 1186; 707 443 9108 counseling

**Website:** <http://www.mobilemed.org/index.html>

**Description:** Traveling medical clinic provider including counseling. Comprehensive primary care services including physical care and mental health screenings. Preventive dental care, substance abuse outpatient and referral services, homeless support services, help with public benefits such as health insurance applications, food stamps and social security disability applications. Provides bilingual after hours clinic. All services are free for patients under 200% of poverty level and no one is ever turned away due to inability to pay. These services are provided via two out reach vans that circulate in the community. Call for schedules, or see website.

**Name:** NorthCountry Clinic Arcata

**Address:** 785 18th Street, Arcata, CA 95521

**Phone:** 707 822 2481

**Website:** [www.opendoorhealth.com/](http://www.opendoorhealth.com/)

**Description:** Community medical clinic with outpatient counseling.

**Name:** NorthCountry Clinic McKinleyville

**Address:** 1644 Central Avenue, Suite A, McKinleyville, CA 95519

**Phone:** 707 839 1909

**Website:** [www.opendoorhealth.com/](http://www.opendoorhealth.com/)

**Description:** Community medical clinic with outpatient counseling.

**Name:** North Coast Veterans Resource Center

**Address:** 2107 3rd St., Eureka, CA 95501

**Phone:** 707 442 4322

**Website:** [www.humboldt.edu/~ves/Pages/community.html#NCV](http://www.humboldt.edu/~ves/Pages/community.html#NCV)

**Description:** Offers a variety of services for veterans including, but not limited to housing, employment, and referrals for mental health services.

**Name:** North Coast Association of Mental Health Providers (NCAMHP)

**Website:** [www.ncamhp.org](http://www.ncamhp.org)

**Description:** A web based resource guide for licensed, independent counselors.

**Name:** Remi Vista Youth and Family Services

**Address:** 3960 Walnut Drive Suite B Eureka, CA 95501

**Phone:** 707 268 8722

**Website:** [www.remivista.com](http://www.remivista.com)

**Description:** Comprehensive children's services for mental health and developmental disabilities. Group home, in home behavioral services, transitional housing, foster care, supportive living services. Psychotherapeutic services for children and adults. For patients who are actively dangerous to self or others, refer directly to Humboldt County Mental Health. Remi Vista also offers group therapy and case management. Accepts Medi Cal. No sliding fee scale.

**Name:** Redwoods Rural Health Center

**Address:** 100 Westcoast Road, P.O. Box 769, Redway, CA 95560

**Phone:** 707 923 2783

**Website:** [www.rrhc.org](http://www.rrhc.org)

**Description:** Community medical clinic with outpatient counseling.

**Name:** Redwood Family Institute

**Address:** 935 3rd Street, Eureka, CA 95501

**Phone:** 707 444 8895

**Website:** [www.redwoodfamilyinstitute.org](http://www.redwoodfamilyinstitute.org)

**Description:** Counseling within a Christian framework for families, children and adolescents, pre marital counseling, sexual abuse recovery counseling.

**Name:** Rio Dell Community Resource Center

**Address:** 95 Center Street, Rio Dell, CA 95562

**Phone:** 707 764 2259

**Description:** Phone consultation and referral for health, counseling, alcohol and drug treatment. Support groups offered throughout the year, call for details.

**Name:** St. Joseph Resource Center Eureka

**Address:** 212 G Street, Eureka, CA 95501

**Phone:** 707 442 5239

**Description:** Phone consultation and referral for health, counseling, alcohol and drug treatment.

**Name:** The St. Joseph Resource Center Fortuna

**Address:** 2331 Rohnerville Rd., Fortuna, CA 95540

**Phone:** 707 725 5239

**Description:** Phone consultation and referral for health, counseling, alcohol and drug treatment.

**Name:** Willow Creek Community Resource Center

**Address:** 38883 Highway 299, Willow Creek, CA 95573

**Phone:** 530 629 3141

**Description:** Phone consultation and referrals for health, counseling, alcohol and drug treatment. Support groups and special presentations offered throughout the year, call for details.

**Name:** Support After Suicide

**Phone:** 707 839 3349

**Description:** Support for family and friends suffering from a loss due to suicide, meets 7pm on the 3<sup>rd</sup> Monday of each month at the Adorni Center in Eureka.

## Drugs and Alcohol Information and Services

**Name:** Al Anon, Alateen, Family Groups

**Phone:** 707 443 1419

**Description:** Support for family, friends and children of people experiencing addiction.

**Name:** Alcohol/Drug Care Services

**Address:** 528 5th St. Eureka, CA 95501

**Phone:** 707 445 1391

**Website:** [www.4drugrehab.com/facility\\_654.html](http://www.4drugrehab.com/facility_654.html)

**Description:** Assessments, residential treatment, intensive and regular outpatient programs, aftercare, transition housing, and referral to sober living houses. The only detox available in the area includes a 72 hour minimum stay, all supporting services, and referrals for continued treatment upon detox completion. Detox is \$15.75 per day including meals and supplies for ADLs.

**Name:** Alcohol and Drug Care Services, Inc.

**Address:** 1335 C Street, Eureka, CA 95501

**Phone:** 707 476 4054

**Description:** Residential alcohol and drug detoxification.

**Name:** Alcohol and Drugs Programs Branch, DHHS

**Address:** 720 Wood St. Eureka, CA 95501

**Phone:** 707 445 6250, 707 441 3787

**Website:** [http://co.humboldt.ca.us/hhs/alcohol\\_and\\_drug\\_programs/](http://co.humboldt.ca.us/hhs/alcohol_and_drug_programs/)

**Description:** Comprehensive alcohol and other drugs programming, from assessment to aftercare.

**Name:** Alcoholics Anonymous (AA)

**Address:** PO Box 7102 Eureka, CA 95501

**Phone:** 707 442 0711 (24 hour)

**Website:** [www.alcoholicsanonymous.org](http://www.alcoholicsanonymous.org)

**Description:** Support to those recovering from alcoholism/trying to stop drinking. An answering service that has a schedule of AA meeting times and locations for Humboldt County. If requested an operator can forward the caller to an AA representative.

**Name:** Catholic Charities of Humboldt Del Norte

**Address:** 2936 J Street, Eureka, CA 95501

**Phone:** 707 444 9611

**Description:** Treatment/counseling for chemical dependency, abuse, other problems. PYRAMID program for teens 13-17 years old that includes preventive substance abuse education at area high schools, individual counseling and support groups.

**Name:** Center for Individual Recovery Services

**Address:** 173 S. Fortuna Blvd., P.O. Box 779, Fortuna, CA 95540

**Phone:** 707 725 6499

**Description:** Outpatient alcohol and drug counseling for groups and individuals, community education, support groups. (Sliding fee scale.)

**Name:** Clean and Sober House

**Address:** 819 I Street, Eureka, CA 95501

**Phone:** 707 444 2763

**Description:** Housing for men and women (no children) in recovery. Requires person to have existing income.

**Name:** Crossroads

**Address:** 1205 Myrtle Avenue, P.O. Box 1332, Eureka, CA 95501/95502

**Phone:** 707 445 0869

**Description:** Inpatient long term drug and alcohol treatment program for men and women.

**Name:** Family Recovery Services

**Address:** St. Joseph's Hospital, 2630 Harrison Avenue, Eureka, CA 95501

**Phone:** 707 445 9251 or 800 334 4774

**Description:** Inpatient detoxification and intensive outpatient chemical dependency treatment for adults and their families. Information, assessment, referral.

**Name:** Fortuna Community Services

**Address:** 2331 Rohnerville Road, Fortuna, CA 95540

**Phone:** 707 725 1166

**Description:** Counseling, in home support, information and referral.

**Name:** Healthy Moms Program

**Address:** 2910 H St. Eureka, CA 95501

**Phone:** 707 441 5220

**Website:** [www.co.humboldt.ca.us/iisSearch.asp?strSearch=healthy+moms](http://www.co.humboldt.ca.us/iisSearch.asp?strSearch=healthy+moms)

**Description:** Day treatment and outpatient programs for substance abusing pregnant and parenting women with a child five years of age and under. Outpatient day treatment, classes and support groups, with emphasis on parenting. Childcare available for participating clients.

**Name:** Hoopa Tribal Alcohol Program

**Address:** P.O. Box 1267, Hoopa, CA 95546

**Phone:** 530 625 4236

**Description:** Drop in center for education, referral and counseling, community education and prevention.

**Name:** Humboldt County Mental Health

**Address:** 727 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 2729 or 923 2720

**Description:** Outpatient treatment, prevention and intervention for groups and individuals, couples, and families affected by alcohol or other drug abuse and related issues.

**Name:** Humboldt County Office of Alcohol and Other Drugs Programs

**Address:** 2922 I Street, Eureka, CA 95501

**Phone:** 707 445 6250

**Description:** Outpatient treatment, prevention, and intervention for individuals and adolescents and their families affected by alcohol or other drug abuse and related issues.

**Name:** Humboldt Family Service Center

**Address:** 1802 California Street, Eureka, CA 95501

**Phone:** 707 443 7358

**Description:** Drug education program, counseling, Children of Divorce Workshop, Family Violence Program.

**Name:** Humboldt Recovery Center

**Address:** 1303 11th St. Eureka, CA 95501

**Phone:** 707 443 4237

**Description:** Six month residential inpatient/six month aftercare treatment program for men and women with alcohol and other drug dependency problems. Substance abuse treatment services residential and aftercare. Accepts private insurance, self payment, sliding fee scale.

**Name:** Humboldt Women for Shelter

**Address:** P.O. Box 969, Eureka, CA 95502

**Phone:** 707 443 6042 (24 hour crisis line), 707 444 9255 (office)

**Email:** [humwomen@humboldt1.com](mailto:humwomen@humboldt1.com)

**Description:** Battered women's alcohol services program. Provides support groups, individual counseling, information referrals and advocacy for women dually impacted by domestic violence and alcohol.

**Name:** Narcotics Anonymous (NA)

**Address:** PO Box 6634 Eureka, CA

**Phone:** 707 444 8645

**Website:** [www.na.org](http://www.na.org)

**Description:** Support to those seeking help in recovery from drug addiction. Group of recovering addicts supporting one another in the effort to stay clean. An answering service that has a schedule of NA meeting times and locations for Humboldt and Del Norte counties. If requested, you can be forwarded to an NA representative.

**Name:** North Coast Substance Abuse Council

**Address:** 205 Myrtle Ave. Eureka, CA 95502

**Phone:** 707 445 3869

**Website:** [www.ncsac\\_crossroads.org](http://www.ncsac_crossroads.org)

**Description:** Comprehensive range of alcohol and other drug treatment services including assessments, residential treatment, aftercare and outpatient.

**Name:** Singing Trees Recovery Center

**Address:** 2061 Highway South 101, P.O. Box 8, Garberville, CA 95542

**Phone:** 707 247 3495 or 800 344 3799

**Description:** Residential treatment for drug and alcohol addictions.

**Name:** St. Joseph Resource Center

**Address:** 1151 Main Street, Fortuna, CA 95540

**Phone:** 707 725 5239

**Description:** Phone consultation and referrals for health, counseling, alcohol and drug treatment, support groups.

**Name:** United Indian Lodge

**Address:** 1116 9th Street, Eureka, CA 95501

**Phone:** 707 445 3071

**Description:** Co ed recovery services for substance abusers in American Indian communities in Humboldt and Del Norte Counties.

**Name:** The Emma Center

**Address:** 920 Samoa Blvd. Ste. 207, Arcata

**Phone:** 707 825 6680

**Description:** Phone consultation and referrals for health, counseling, alcohol and drug treatment, support groups.

**Name:** Homeless Education Project

**Address:** Marshall Family Resource Center, 2100 J St., Eureka

**Phone:** 707 441 2516

**Description:** Free counseling for school children.

**Name:** HSU Community Clinic (formerly Davis House)

**Address:** HSU Campus, Behavioral Sciences Bldg. Room 208 (Union St. between 14<sup>th</sup> and 17<sup>th</sup> streets in Arcata)

**Phone:** 707 826 3921

**Description:** Sliding scale counseling during HSU semesters.

**Name:** HumWORKS

**Phone:** 707 269 4179

**Description:** Mental health and substance abuse treatment, domestic violence and vocational services for CalWORKS recipients.

**Name:** Street Outreach Services

**Phone:** 707 441 5252

**Description:** Traveling mental health services and referrals for people experiencing homelessness, call for daily location.

**Name:** Crestwood Behavioral Health

**Phone:** 707 442 5721

**Description:** Inpatient mental health rehabilitation center, 46 bed locked facility.

**Name:** Sempervirens Psychiatric Health Facility

**Address:** 720 Wood St., Eureka

**Phone:** 707 445 7715

**Website:** <http://co.humboldt.ca.us/iisSearch.asp?strSearch=sempervirens>

**Description:** Provides inpatient hospitalization for evaluation and treatment of severely acute psychiatric episodes, including those who are a danger to self, a danger to others or are gravely disabled.

## Homeless Services and Resources Information and Services

**Name:** North Coast Service Center (formerly Arcata Endeavor)

**Address:** 501 9th Arcata, CA 95521

**Phone:** 707 822 5008

**Website:** [www.arcataendeavor.org](http://www.arcataendeavor.org)

**Description:** Free shower and laundry service to the first 8 people to arrive at the facility, Mon, Wed, Fri at 9AM(arrive early to line up), soap, shampoo, towel and laundry detergent provided. Hot meals M F 11:30-12:30 Food boxes: call or drop in to sign up after 9:00 AM on Tues/Thurs. 1 box given per month. Must be resident of Humboldt for 1 month and have current I.D. Emergency food boxes given on case by case basis. The Endeavor is not a shelter. Endeavor provides support for homeless people, to include: case management, hot meals and monthly food box, showers, laundry, phone and mail drop for job seeking. There are no emergency shelters in Arcata. Case management for homeless persons. Includes emergency interventions, referrals, emergency telephone and travel aid, ID search, SSI assistance.

**Name:** Eureka Rescue Mission

**Address:** 110 2nd St., Eureka (men), 107 3<sup>rd</sup> St., Eureka (women)

**Phone:** 707 445 3787, 707 443 4551 (men), 707 443 5016 (women)

**Website:** [www.eurekarescuemission.org](http://www.eurekarescuemission.org)

**Description:** Serves breakfast and dinner nightly. Emergency shelter and transitional housing with no limit to length of stay. Must remain clean and sober. Mon Sat, sign in 6:00-6:30 and stay for meal, shower and bed space, Sun 2:30-3:30 for meal, then return at 7:00 for shower and bed. Free showers Mon, Wed, and Fri. 8-9:30AM. Also provides free feminine hygiene and other personal hygiene products. Food and clothing; shelter on nightly basis. ID needed for shelter.

**Name:** Arcata House

**Address:** 1005 11th St. Arcata, CA 95521

**Phone:** 707 822 4528

**Email:** [arcatahouse@sbcglobal.net](mailto:arcatahouse@sbcglobal.net)

**Description:** Transitional housing to learn skills needed to reach a goal of permanent housing. Focus is on women and children. Includes case management.

**Name:** Food Distribution Program

**Address:** Hoopa Highway 96

**Phone:** 530 625 4646 or 530 625 4711

**Description:** Distribution of USDA food items to low income families, focusing on tribal rancherias but also servicing others. Warehouse open 9:00 A.M. Noon and 1:00 P.M. 4:00 P.M.

**Name:** Food For People

**Address:** 307 West 14th St. Eureka, CA 95501

**Phone:** 707 445 3166

**Website:** [www.foodforpeople.org](http://www.foodforpeople.org)

**Description:** Distribution of food for eligible individuals and families. Special senior brown bag distribution. Food delivery for home bound eligible disabled people by referral from health/social worker only. Summer Kids lunch program. Food boxes: Tues & Fri only. Call in after 9:30AM to schedule same day appointments. Also bags of groceries delivered monthly. Appointments and food box pick ups between 12:30PM and 4:30PM. Must have current I.D.

**Name:** Food Stamp Division, Department of Social Services

**Address:** 929 Koster St. Eureka, CA 95501

**Phone:** 707 269 3590

**Website:** [www.dss.cahwnet.gov/foodstamps/](http://www.dss.cahwnet.gov/foodstamps/)

**Description:** Streamline for food stamps and Medi Cal. Food supplementation program that provides coupons which may be redeemed for food items; for income eligible persons.

**Name:** Humboldt County Social Services

**Address:** 929 Koster St. Eureka, CA 95501

**Phone:** 707 269 3590

**Description:** Once in a lifetime housing relief for TANF recipients 16 day motel vouchers or rental deposit support.

**Name:** Fortuna Community Services

**Address:** 2331 Rohnerville Road, Fortuna, CA 95540

**Phone:** 707 725 1166

**Email:** [fcstart@aol.com](mailto:fcstart@aol.com)

**Description:** Emergency food and clothing, call for information. Service areas include: Loleta, Hydesville, Bridgeville, Ferndale, Honeydew, Scotia, Rio Dell, Redcrest.

**Name:** Arcata Community Pool

**Address:** 1150 16th Street, Arcata, CA 95521

**Phone:** 707 822 6801

**Description:** 6:00 A.M. 7:00 P.M. Monday Friday \$3.00 for use of all facilities: pool, sauna, showers. Bring own towel. Free showers Sunday 11:00 A.M. 12:00 P.M.

**Name:** Hansen's Truck Stop

**Address:** 2404 Sandy Prairie Rd Fortuna, CA 95540

**Phone:** 707 725 1744

**Email:** [hansenstruck@direcway.com](mailto:hansenstruck@direcway.com)

**Description:** Shower \$1.00 , 5AM 8PM, bring own towel and soap

**Name:** Housing Authority

**Address:** 735 W Everding St Eureka, CA 95501

**Phone:** 707 443 4583

**Website:** [www.eureka\\_humboldt\\_hsg.org](http://www.eureka_humboldt_hsg.org)

**Description:** (Section 8, and subsidized apartments)Subsidized housing program for low income families, seniors and people with disabilities. Public housing units also available.

**Name:** Humboldt Bay Housing

**Address:** 500 Valley West Blvd, Arcata, CA 95521

**Phone:** 707 826 7312

**Email:** [hbhdc@reninet.com](mailto:hbhdc@reninet.com)

**Description:** Develops and manages housing for low to moderate income residents of Humboldt County.

**Name:** Humboldt Domestic Violence Services

**Address:** P.O. Box # 969 Eureka, CA 95501

**Phone:** 707 443 6042, 866 668 6543 (24 hours crisis/support line)

**Website:** [www.hdvs.org](http://www.hdvs.org)

**Description:** Emergency shelter for victims of domestic violence. Children 17 yrs and under may stay with the parent.

**Name:** The Launch Pad

**Phone:** 707 445 1360

**Website:** [www.rcaa.org](http://www.rcaa.org)

**Description:** Transitional living for homeless, runaway or at risk youth ages 16 18.

**Name:** MAC House (Multiple Assistance Center)

**Address:** 2415 Second St. Eureka, CA 95501

**Phone:** 707 269 2002, 707 269 9590, 707 269 2075

**Website:** <http://www.rcaa.org/macenter.htm>

**Description:** Transitional housing to learn skills needed to reach a goal of permanent housing. Single men, single women, and families with or without children. The MAC house is not an emergency shelter. The intake process can last two or more weeks. Case management for residents of this homeless transitional housing facility.

**Name:** Mateel Community Center

**Address:** P.O. Box 1910, Redway, CA 95560

**Phone:** 707 923 3368

**Email:** [mateel@humboldt.net](mailto:mateel@humboldt.net)

**Description:** Hot meals on Tuesdays, Wednesdays and Thursdays 12:00 P.M. 1:00 P.M., free of charge.

**Name:** Murray Road Community Church

**Address:** 1490 Murray Rd. McKinleyville

**Phone:** 707 839 4676

**Website:** [www.murrayroad.org](http://www.murrayroad.org)

**Description:** Shower facilities. Call for availability.

**Name:** Murray Road Community Church Thrift Store

**Address:** 1490 Murray Rd. McKinleyville

**Phone:** 707 839 4676

**Website:** [www.murrayroad.org](http://www.murrayroad.org)

**Description:** Hours of operation are 10 a.m. to 5 p.m. Monday through Saturday 839 4676. Furniture, electronics, toys, clothes, items for the home.

**Name:** Northcoast Veterans Resource Center

**Address:** 2107 3rd St., Eureka, CA 95501

**Phone:** 707 442 4322

**Website:** [www.humboldt.edu/~ves/Pages/community.html#NCVRC](http://www.humboldt.edu/~ves/Pages/community.html#NCVRC)

**Description:** Case Management, employment, homeless services and transitional housing, resource and referral center

**Name:** Women & Children In Southern Humboldt (WISH)

**Address:** Garberville

**Phone:** 707 923 4100, 800 211 1188

**Description:** Emergency shelter for domestic violence survivors, education, advocacy and referrals.

**Name:** Raven Project, Youth Services Bureau

**Address:** 523 T St., Eureka

**Phone:** 707 443 7099

**Website:** [www.rcaa.org/ysb.html](http://www.rcaa.org/ysb.html)

**Description:** Drop in Center and Street Outreach Program for homeless, runaway, or at risk youth ages 10-21. Showers, laundry, meals, toiletries, clothing and shoes, mail and phone service, employment assistance, other psychosocial and educational supports.

**Name:** RCAA Family Services Emergency Shelter

**Address:** 926 G St Eureka, CA 95501

**Phone:** 707 269 2075

**Website:** [www.rcaa.org/emershel.html](http://www.rcaa.org/emershel.html)

**Description:** Call between 1:00PM and 4:30PM. Entry point for Bridge House, Safe Haven, Second Step, motel vouchers. Other than a very limited supply of motel vouchers there are no emergency shelter services available at this number. Also call this number to be set up an appt. for interview for MAC house (transitional housing)

**Name:** RCAA Family Services Property Management

**Address:** 537 9th St Eureka, CA 95501

**Phone:** 707 269 2011

**Website:** [www.rcaa.org/propmgmt.html](http://www.rcaa.org/propmgmt.html)

**Description:** Provides referrals for substantial number low cost housing options. Also owns and manages rental properties in Eureka, McKinleyville, and Fortuna which includes studios, one, two, and three bedroom units.

**Name:** RCAA Youth Bureau Thrift Shop

**Address:** 100 West Harris Eureka, CA 95501

**Phone:** 707 445 4217

**Website:** [www.rcaa.org](http://www.rcaa.org)

**Description:** Items available for purchase. M-F 10 a.m. to 6 p.m. and Sat. 10 a.m. to 5 p.m.

**Name:** Rescue Mission Thrift Store

**Address:** 1031 Broadway Eureka, CA 95501

**Phone:** 707 443 2523

**Description:** Clothing and furniture. Items available for purchase, very reasonable.

**Name:** Rescue Mission Free Store

**Address:** 107 3rd St. Eureka, CA 95501

**Phone:** 707 443 4551

**Description:** Clothing and furniture. Free store open Thursday-Sat from 1-5 p.m.

**Name:** Salvation Army

**Address:** 2123 Tydd St. Eureka, CA 95501

**Phone:** 707 442 6475

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Description:** Individual or family can drop in and receive bag of groceries once every 3 months.

**Name:** Salvation Army

**Address:** 1340 10th St., Arcata

**Phone:** 707 822 3069

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Description:** M Sa 10 6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707 442 6475.

**Name:** Salvation Army

**Address:** 1489 Hoover St., Eureka

**Phone:** 707 443 9032

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Description:** M Sa 10 6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707 442 6475.

**Name:** Salvation Army

**Address:** 822 S Fortuna Blvd., Fortuna

**Phone:** 707 725 4166

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Description:** M Sa 10 6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707 442 6475.

**Name:** Salvation Army

**Address:** 1500 Anna Sparks Way, McKinleyville

**Phone:** 707 839 2956

**Website:** [www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Description:** M Sa 10 6. Clothing and furniture items for purchase. For vouchers contact Salvation Army 707 442 6475.

**Name:** Seventh Day Adventist Community Services

**Phone:** Fortuna: 707 725 6164; Eureka: 707 442 6950; McKinleyville: 707 839 3832

**Description:** Limited hours, call ahead. Emergency food, call for more information.

**Name:** St. Vincent de Paul

**Address:** 35 W. 3rd Street, Eureka, CA 95501

**Phone:** 707 445 9588

**Website:** [www.humstvincentdepaul.org/dining.html](http://www.humstvincentdepaul.org/dining.html)

**Description:** Free hot meal daily 11:00 A.M. 1:00 P.M. Also available onsite on Wednesdays and Fridays  
Mobile Medical Office for medical care.

**Name:** St. Vincent de Paul Thrift Store

**Address:** 528 2nd St., Eureka

**Phone:** 707 443 8676

**Website:** [www.svdp.bluestep.net](http://www.svdp.bluestep.net)

**Description:** Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

**Name:** St. Vincent de Paul Thrift Store

**Address:** 513 K St., Arcata

**Phone:** 707 725 4061

**Website:** [www.svdp.bluestep.net](http://www.svdp.bluestep.net)

**Description:** Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

**Name:** St. Vincent de Paul Thrift Store

**Address:** 1117 Main St., Fortuna

**Phone:** 707 725 4061

**Website:** [www.svdp.bluestep.net](http://www.svdp.bluestep.net)

**Description:** Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

**Name:** St. Vincent de Paul Thrift Store

**Address:** Hwy 299, Willow Creek

**Phone:** 530 629 1981

**Website:** [www.svdp.bluestep.net](http://www.svdp.bluestep.net)

**Description:** Used furniture and clothing, remanufactured mattresses, reconditioned appliances. The organization also provides food boxes, emergency back bill pay, bus tickets, and other emergency assistance.

**Name:** WIC (Women, Infants and Children)

**Address:** 730 Harris St. Eureka, CA 95501

**Phone:** 707 445 6255

**Website:** [www.wicworks.ca.gov/](http://www.wicworks.ca.gov/)

**Description:** Provides nutritional counseling & food vouchers for mothers and their children up to age 5. Automatically eligible if you receive Food Stamps, Medi Cal, TANF, or if you have a qualifying income

**Name:** WIC (Women, Infants and Children)

**Address:** 727 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 2779

**Website:** [www.wicworks.ca.gov/](http://www.wicworks.ca.gov/)

**Description:** Provides nutritional counseling & food vouchers for mothers and their children up to age 5. Automatically eligible if you receive Food Stamps, Medi Cal, TANF, or if you have a qualifying income

**Name:** WIC, United Indian Health

**Address:** Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570

**Phone:** 707 677 4140

**Website:** [www.wicworks.ca.gov/](http://www.wicworks.ca.gov/)

**Description:** Food vouchers for eligible pregnant and breastfeeding women, infants and children.

**Name:** Youth Service Bureau

**Address:** 1100 California St Eureka CA, 95501

**Phone:** 707 443 8322, 707 444 2273 (24 hour hotline)

**Website:** [www.rcaa.org](http://www.rcaa.org)

**Description:** Crisis Shelter for homeless or at risk youth between the ages of 12 17, Transitional Living Program for youth.

## Employment Information and Services

**Name:** Department of Rehabilitation

**Address:** 310 3rd St. Suite A Eureka, CA 95505

**Phone:** 707 445 6300

**Website:** [www.dor.ca.gov](http://www.dor.ca.gov)

**Description:** Vocational rehabilitation for people with disabilities, including evaluation, education, training, and job seeking assistance.

**Name:** Employment Development Department

**Website:** [www.EDD.ca.gov](http://www.EDD.ca.gov)

**Name:** Express Personnel Services

**Address:** 14 W Wabash St Eureka, CA 95503

**Phone:** 707 268 1866

**Website:** [www.expresspersonnel.com](http://www.expresspersonnel.com)

**Description:** A temporary job agency. Does include temp jobs that lead to full time positions. All types of employment ranging from office to manual labor.

**Name:** The Humboldt County Switchboard

**Website:** [www.theswitchboard.org](http://www.theswitchboard.org)

**Description:** List of local resources and events

**Name:** Humboldt County Personnel Department

**Address:** 825 5th St. Eureka, CA 95501

**Phone:** 707 476 2357 or 476 2349

**Website:** [www.co.humboldt.ca.us/personel/job\\_announcements.asp](http://www.co.humboldt.ca.us/personel/job_announcements.asp)

**Description:** Recording of current openings of Humboldt County Positions only.

**Name:** Job Center

**Address:** 739 S. Fortuna Boulevard, Fortuna, CA 95540

**Phone:** 707 725 3352

**Description:** Job training for displaced workers, long term unemployed and under employed; Summer Youth Employment Program.

**Name:** The Job Market EDD (Employment Development Department)

**Address:** 409 K St. Eureka, CA 95503

**Phone:** Main Line: 707 445 6660; 24 hour Job Hotline: 707 444 2222; Job Service Center: 707 445 6532;

Disability Insurance: 707 445 6568; One Stop Job Center: 707 445 6149

**Website:** <http://www.thejobmarket.org/>

**Description:** Employment Resources for Humboldt County. Comprehensive resource center for jobseekers and employers. Resume assistance, fax, phones, classifieds, classes and workshops, counseling and advising, job listings, unemployment insurance.

**Name:** The Launch Pad

**Address:** 1100 California Street, Eureka, CA 95501

**Phone:** 707 445 1360

**Website:** [www.rcaa.org/ysb/trnslv.html](http://www.rcaa.org/ysb/trnslv.html)

**Description:** Transitional living for homeless, runaway or at risk youth ages 16 18.

**Name:** The National Network for Youth

**Website:** [www.nn4youth.org](http://www.nn4youth.org)

**Name:** Northcoast Veterans Resource Center

**Address:** 2107 3rd St., Eureka, CA 95501

**Phone:** 707 442 4322

**Website:** [www.humboldt.edu/~ves/Pages/community.html#NCVRC](http://www.humboldt.edu/~ves/Pages/community.html#NCVRC)

**Description:** Case Management, employment, homeless services and transitional housing, resource and referral center

**Name:** Our House

**Phone:** 707 444 CARE

**Description:** Crisis Shelter for homeless or at risk youth between the ages of 12 17.

**Name:** Raven Project

**Phone:** 707 443 7099

**Website:** [www.rcaa.org/ysb.html](http://www.rcaa.org/ysb.html)

**Description:** Drop in Center and Street Outreach Program for homeless, runaway, or at risk youth ages 12 21. Showers, laundry, meals, toiletries, clothing and shoes, mail and phone service, employment assistance, other psychosocial and educational supports.

**Name:** Redwoods United, Inc.

**Address:** 45 Ericson Court, Arcata, CA 95521

**Phone:** 707 822 7070

**Description:** Vocational training and job placement for people with disabilities.

**Name:** Sequoia Personnel Services

**Address:** 2930 E St. Eureka, CA 95503

**Phone:** 707 445 9641

**Website:** [www.sequoiapersonnel.com](http://www.sequoiapersonnel.com)

**Description:** A temporary job agency. Does include temp jobs that lead to full time positions. All types of employment ranging from office to manual labor.

**Name:** Unemployment Insurance

**Phone:** 800 300 5616

**Website:** [www.edd.ca.gov/uibdg/ut46085.htm](http://www.edd.ca.gov/uibdg/ut46085.htm)

**Description:** Call to apply for assistance with unemployment benefits.

**Name:** Workforce Investment Act Youth Program

**Website:** [www.humboldtwib.com/youth.php](http://www.humboldtwib.com/youth.php)

**Name:** Youth Service Bureau

**Website:** [www.rcaa.org/ysb/index.html](http://www.rcaa.org/ysb/index.html)

**Description:** Includes hotline, emergency shelter, Street Outreach, Transitional Living, and Employment Assistance

## Education Information and Services

**Name:** Adult Education

**Phone:** 707 441 2448

**Website:** [www.eurekaadultschool.org](http://www.eurekaadultschool.org)

**Description:** Offers GED preparation, practice test administration, and assistance with signing up for GED tests. Also offers English as a second language (ESL) classes, vocational classes, and help acquiring your high school diploma.

**Name:** College of the Redwoods

**Address:** 7351Tompkins Hill Rd. Eureka, CA 95501

**Phone:** 800 641 0400 General Information, 707 476 4200 Enrollment services

**Website:** <http://www.redwoods.edu/>

**Description:** General Information

**Name:** Eureka Even Start

**Phone:** 707 441 3396

**Website:** [www.eurekaadultschool.org/evenstart.html](http://www.eurekaadultschool.org/evenstart.html)

**Description:** Offers GED, Adult Education and English as a Second Language, family mentors, parenting classes, free childcare, and transportation to school for parents of children under age 8, who wish to learn English or work on their high school diploma, get a better job and help their children succeed in school.

**Name:** Home and Hospital

**Phone:** 707 441 2574

**Email:** [barnetta@eurekacityschools.org](mailto:barnetta@eurekacityschools.org)

**Description:** In home or hospital education for students who cannot attend school for health reasons

**Name:** Homeless Education Project

**Address:** 2100 J St. Eureka, CA 95501

**Phone:** 707 441 2516

**Website:** [www.eurekacityschools.org/homeless/homeless.html](http://www.eurekacityschools.org/homeless/homeless.html)

**Description:** Provides educational liaisons, transportation, tutoring/mentoring, backpack project, school supplies, laundry vouchers, shoe vouchers, clothing vouchers, hygiene products, etc. Serves school age youth up to age 21.

**Name:** Humboldt Literacy Project

**Address:** 647 Allard Ave, Room 74, Eureka, CA 95503

**Phone:** 707 443 3655

**Website:** [www.humlit.org](http://www.humlit.org)

**Description:** Assessment and education for adults who would like to learn to read. No charge for services.

**Name:** NHUHSD (Northern Humboldt Unified High School District) Adult School

**Address:** 2755 McKinleyville Ave., McKinleyville, CA 95519

**Phone:** 707 39 6460

**Website:** [www.nohum.k12.ca.us/nhuhsd/](http://www.nohum.k12.ca.us/nhuhsd/)

**Description:** Offers assistance in acquiring high school diploma and GED. Programs for independent study, ESL with free childcare, older adults (55+), adults with disabilities, Workforce Investment Act (up to age 24), Homeless Outreach Grant (up to age 20). Free enrolment and books.

**Name:** Veterans Upward Bound

**Address:** 14th St. Arcata, CA 95519

**Phone:** 707 826 4971 or (800) 826 4971

**Website:** [www.humboldt.edu/~veterans/vub](http://www.humboldt.edu/~veterans/vub)

**Description:** Provide free courses for veterans. Science, math, communication courses available as well as career counseling.

## Pregnancy and Parenting Information and Services

**Name:** Pregnancy Care Center

**Address:** 2390 Myrtle Avenue, P.O. Box 5968, Eureka, CA 95502

**Phone:** 707 822 7039, 24 Hour: (800) 395 HELP

**Website:** [www.pcceureka.org](http://www.pcceureka.org)

**Description:** Information and education, pregnancy testing, maternity clothes and baby clothes up to two years old as available; Friend to Friend support referrals; all services free.

**Name:** Arcata and Rooney McKinleyville Children's Center

**Address:** 1695 10th St., Arcata, CA 95521

**Phone:** 707 822 1423

**Email:** [armcc@softcom.net](mailto:armcc@softcom.net)

**Description:** Serving children 3 11 years old.

**Name:** Adoption Horizons and the Birthparent Center

**Address:** 302 4th Street, Eureka, CA 95501

**Phone:** 707 444 9909

**Description:** Adoption Study Classes are offered to families who wish to adopt a child.

**Name:** Breast Feeding Support Group/Classes

**Phone:** 707 822 7743

**Name:** Center for Women's Health Care

**Address:** 2773 Harris St, Eureka, CA 95503

**Phone:** 707 444 9664, 707 442 4593

**Description:** Prenatal care. Accepts Medi Cal and presumptive eligibility for Medi Cal. Accepts private pay and insurance, CPSP program offers education, nutritional counseling, social services.

**Name:** College of the Redwood's Child Development Center

**Address:** 7351 Tomkins Hill Rd. Eureka

**Phone:** 707 476 4337

**Website:** [www.redwoods.edu/catalog/catalog05\\_06\\_access/Services/cdc.htm](http://www.redwoods.edu/catalog/catalog05_06_access/Services/cdc.htm)

**Description:** For College of the Redwoods students.

**Name:** College of the Redwoods, Foster Parent Training Skills, Independent Living Skills

**Address:** 7351 Tompkins Hill Road, Eureka, CA 95501

**Phone:** 707 476 4300 ext. 4807

**Description:** Provides training for foster parent certification. Call CR for more information.

**Name:** Compassionate Friends

**Phone:** 707 923 7276; 707 822 6379 Nita, 707 839 1851 Verna, 707 733 5124 Wade

**Description:** Offers friendship and understanding to bereaved parents.

**Name:** Easter Seals

**Address:** 3289 Edgewood Road, Eureka, CA 95501

**Phone:** 707 445 3106

**Email:** [emorgan@ca.no.easter.seals.org](mailto:emorgan@ca.no.easter.seals.org)

**Description:** Helps with the physical and social needs of the disabled. Services offered include: information and referral, equipment loan program, financial aid program for travel for children, rehabilitation services (Living Learning Program for adults) hydrotherapy programs (adults and children), Camp Easter Seals.

**Name:** Exchange Club Parenting Center

**Address:** 1809 Albee Street, Eureka, CA 95501

**Phone:** 707 443 3484 or 707 443 7935

**Website:** [www.preventchildabuse.com/exchange.htm](http://www.preventchildabuse.com/exchange.htm)

**Description:** Supportive mentorship program for parents. Offers in home parent education and referrals to community resources. Classes TBA and last 6 8 weeks. Curriculum – Positive Discipline. No cost/donations. Call to register, no child care provided.

**Name:** Family Planning Referral Service

**Phone:** 1 800 942 1054

**Description:** Provides referrals to local family planning services.

**Name:** Family Resource Centers

**Phone:** McKinleyville: 707 840 0905; Manila: 707 444 9771; Rio Dell: 707 764 5239; Orick: 707 488 2403;

Willow Creek: 530 692 3141; Blue Lake: 707 668 5239; Eureka: 707 441 2404; South Bay: 707 445 5933;

Fortuna: 707 725 9082; Carlotta: 707 768 3372; Bridgeville: 707 777 1775; Redway: 707 923 1147; Miranda: 707 943 3144;

**Website:** [www.humkids.org/content/index.php?option=content&task=view&id=213&Itemid=56](http://www.humkids.org/content/index.php?option=content&task=view&id=213&Itemid=56) or

[www.frcnca.org](http://www.frcnca.org) and/or [www.dds.ca.gov/EarlyStart/ESFamResource.cfm](http://www.dds.ca.gov/EarlyStart/ESFamResource.cfm)

**Description:** These centers offer a variety of services and support to families, including food baskets, resource referral, transportation bus tickets, laundry vouchers, free clothing, employment, education resources, holiday help, adult education, family literacy, fire safety, computer/internet access, some medical and dental screening. Parent Support Groups, parenting classes, some child care provided for class attendance. Call for additional information.

**Name:** Healthy Moms

**Address:** 2910 H St., Eureka, CA 95501

**Phone:** 707 441 5225

**Website:** [www.centerforaddiction.org/healthy\\_moms\\_program/](http://www.centerforaddiction.org/healthy_moms_program/)

**Description:** Required for mothers enrolled in the 6 month program only. 2 days/week.

**Name:** Humboldt Child Care Council

**Address:** 2379 Myrtle Ave. Eureka, CA 95501

**Phone:** 707 445 9291

**Website:** [www.hccc1.org](http://www.hccc1.org)

**Description:** Referrals for child care. Family Eligibility Payment Service (FEPS) helps parents obtain subsidized child care. Maintains a list of licensed and unlicensed childcare providers. Trains licensed and unlicensed childcare providers. Call for referral to child care providers. Parenting skills classes offered at no cost; parenting support groups; prevention and intervention for child abuse and neglect.

**Name:** Humboldt Child Care Council Dad's Program

**Address:** 2379 Myrtle Ave. Eureka, CA 95501

**Phone:** 707 445 1195

**Website:** [www.hccc1.org](http://www.hccc1.org)

**Description:** Support group for fathers under the age of 25 held once a week in Eureka and once a week in Fortuna. Drop in basis, no cost. Program resumes in the Fall.

**Name:** Humboldt State University Children's Center  
**Address:** Humboldt State University, Arcata, CA 95521  
**Phone:** 707 826 3838  
**Website:** <http://studentaffairs.humboldt.edu/children>

**Description:** Priority for HSU students, staff, and faculty. Serves age 12 months through kindergarten. No programs for school age children. Charges are \$16.00/half day, \$32.00/full day (anything over 6 ½ hours)

**Name:** Humboldt Del Norte Head Start Program  
**Address:** 685 F Street, Arcata, CA 95521  
**Phone:** 707 822 7206

**Description:** A program that helps parents utilize their knowledge to help meet the needs of their children.

**Name:** La Leche League  
**Phone:** 707 839 7466, 707 839 0774

**Description:** Dedicated to helping mothers who want to breast feed their babies.

**Name:** National Abortion Federation Hotline  
**Phone:** 1 (800) 772 9100  
**Website:** [www.prochoice.org](http://www.prochoice.org)

**Description:** A confidential service providing referrals to clinics that are members of the Federation. It is not an all inclusive listing of abortion clinics.

**Name:** North Coast Big Brothers/Sisters  
**Address:** 932 C Street, Eureka, CA 95501  
**Phone:** 707 445 4871  
**Email:** [bbbs@humboldt1.com](mailto:bbbs@humboldt1.com)

**Description:** One on one adult female mentoring for pregnant and parenting teens (PAIR Program).

**Name:** North Coast Children's Services  
**Address:** 1266 Ninth St. Arcata, CA 95521  
**Phone:** 707 822 7206  
**Website:** [www.ncsheadstart.org](http://www.ncsheadstart.org)

**Description:** Administers Head Start and Early Head Start Programs.

**Name:** Northcoast Alliance Gay Line  
**Address:** 235 4th St., Suite A, Eureka, CA 95501  
**Phone:** 707 822 6124, 707 445 9760

**Description:** Support group for lesbian, gay and bi parents.

**Name:** NorthCountry Clinic, Arcata office  
**Address:** 785 18th Street, Arcata, CA 95521  
**Phone:** 707 822 2481

**Description:** Family and individual counseling; prenatal classes.

**Name:** NorthCountry Clinic, McKinleyville office

**Address:** 1644 Central Avenue, Suite A, McKinleyville, CA 95519

**Phone:** 707 839 1909

**Description:** Family and individual counseling; prenatal classes.

**Name:** Open Door Clinic Community Health Centers

**Phone:** North Country Clinic 707 822 2481; Humboldt Open Door Clinic 707 826 8610; Eureka Community Health Center 707 441 1624; McKinleyville Open Door Clinic 707 839 3068; Del Norte Community Health Clinic 707 465 6925; Arcata Open Door Teen Clinic 707 826 8610

**Website:** <http://opendoorhealth.com/>

**Description:** All sites provide gynecological services, pregnancy testing, counseling for pregnancy options, Family PACT (no charge access to reproductive health services) sign ups, birth control consultation and distribution, and HIV/STD testing. Referrals to a wide range of pregnancy related services. Call for appointment.

**Name:** Parent Aid Program

**Phone:** 707 443 7935

**Description:** Contact Trish Anderson. Supportive mentorship program for parents. Offers in home parent education and community resources referral.

**Name:** Parenting Information Referral Line at Lucille Packard Children's Hospital

**Phone:** 1 800 690 2282

**Email:** [pirc@medcenter.stanford.edu](mailto:pirc@medcenter.stanford.edu)

**Description:** Available 7 days/week, 7:00 A.M. 11:00 P.M., nurses answer parenting questions and general health questions.

**Name:** Parent Project

**Address:** Eureka City Schools, call for location

**Phone:** 707 441 2400

**Website:** [www.eurekacityschools.org/progserv/progserv.htm#PARENT](http://www.eurekacityschools.org/progserv/progserv.htm#PARENT)

**Description:** Parent Project Jr. for elementary age children, 6 10 week course for bx management. Parent Project Sr. 10 week course for "out of control" teens. \$20/session for parents of Eureka City Schools students or \$120/session for others. Fees are adjustable. Classes held in the Fall.

**Name:** Parents of Multiples

**Address:** Rebecca Nordquist 707 668 5837, Dorothy Myers 707 668 5859

**Description:** Postpartum depression. Loss of a twin. Nursing premature babies etc.

**Name:** Planned Parenthood

**Address:** 2316 Harrison Avenue, Eureka, CA 95501

**Phone:** 707 442 5709

**Website:** [www.plannedparenthood.org](http://www.plannedparenthood.org)

**Description:** Reproductive health care, birth control, STD testing/treatment, pregnancy testing, HIV testing, teen clinic, abortion, sterilization.

**Name:** Redwood Family Institute

**Address:** 935 3rd Street, Eureka, CA 95501

**Phone:** 707 444 8895

**Description:** Family, child and adolescent counseling; family assessment also provided, all services provided in a Christian setting.

**Name:** Redwood Region Youth Services Bureau (YSB)

**Address:** 904 G Street, Eureka, CA 95501

**Phone:** 707 443 8322

**Description:** Provides parent support groups for parents with teenagers.

**Name:** Redwoods Rural Health Center

**Address:** 100 Westcoast Road, P.O. Box 769, Redway, CA 95560

**Phone:** 707 923 2783

**Description:** Community medical clinic providing medical, dental, psychological and natural therapies. Family planning and Comprehensive Perinatal Services Program.

**Name:** Six Rivers Planned Parenthood

**Address:** 2316 Harrison Ave., Eureka, CA 95501

**Phone:** 707 445 2018 x208 or 707 442 5709

**Website:** [www.ppeureka.org](http://www.ppeureka.org)

**Description:** Classes include: Growing Up for 9 12 year old daughters and parents. Puberty issues and body image; Girl Power/Women Power for 13 16 year old girls and parents; Father and Son discussion group for sons and fathers 6 8 grades. Offered in Fall and in Spring. Free to public. Gynecological services. Pregnancy testing and counseling for pregnancy options. Family PACT (no charge access to reproductive health services) sign ups, birth control consultation and distribution, and HIV/STD testing. Teen only walk in clinics. Medical and Surgical abortion services. Vasectomy services. Referrals to a wide range of pregnancy related services. Call for appointments and clinic hours.

**Name:** Special Needs Connection Resource & Referral Service

**Address:** 2379 Myrtle, Eureka, CA 95504

**Phone:** 707 445 1195

**Description:** Offers support, resource information, referrals and advocacy for families with young children who have special needs.

**Name:** Teenage Pregnancy and Parenting Network (TAPPN)

**Address:** 2379 Myrtle Avenue, Eureka, CA 95501

**Phone:** 707 445 1195 or 800 795 3554

**Description:** Support and referral for pregnant and parenting teens; transportation as needed. No web address available at this time Case management services for teens and their families. Offers early pre/post natal care, nutrition counseling, parenting education, family planning, individual and family counseling, peer support, child care, breast feeding and childbirth education by Public Health Nurse. Pregnant and/or parenting teens must enroll prior to age 19. Mates must enroll prior to 20 years, 10 months.

**Name:** Winzler's Children's Center

**Address:** 717 Creighton St., Eureka, CA 95501

**Phone:** 707 441 2498

**Website:** [www.eurkeacityschools.org/winzler.html](http://www.eurkeacityschools.org/winzler.html)

**Description:** Preschool for ages 3 years old to kindergarten. After school programs for children in grades K 3rd. Sliding scale fees based on income and need.

## Medical, Dental and Health Information and Services

**Name:** American Cancer Society

**Address:** 2942 F St. Eureka, CA 95501

**Phone:** 707 442 1436

**Website:** [www.cancer.org](http://www.cancer.org)

**Description:** Provides cancer related educational resources, assists with transportation and accommodations to appointments (diagnosis related), support groups, "Look Good, Feel Good" program for women.

**Name:** American Heart Association

**Address:** 1400 N. Dutton Ave. Santa Rosa, CA 95401

**Phone:** (707) 542 1992

**Website:** [www.americanheart.org](http://www.americanheart.org)

**Description:** Branch of national agency that provides information regarding heart disease and prevention, recovery information/referrals, current information and statistics. Information/referrals to local support groups, providers.

**Name:** Burre Dental Health Center

**Address:** 959 Myrtle Ave Eureka, Ca 95503

**Phone:** 707 442 7078

**Website:** [www.opendoorhealth.com](http://www.opendoorhealth.com)

**Description:** General dentistry, oral hygiene education, and children's dental services. Monday Friday: 8am 5pm, Saturday pediatric clinics: 8am noon

**Name:** Burre Memorial Clinic General Hospital

**Address:** 2505 Lucas Street, Eureka, CA 95501

**Phone:** 707 443 2293

**Description:** Family oriented community medical clinic, CHDP provider.

**Name:** Child Health and Disability Prevention Program (CHDP)

**Address:** 529 I St, Eureka CA 95501

**Phone:** 707 445 6210

**Website:** [www.dhs.ca.gov/pcfh/cms/chdp/](http://www.dhs.ca.gov/pcfh/cms/chdp/)

**Description:** Periodic, preventive health services to non Medi Cal eligible, children up to age 19. Family must meet income eligibility guidelines. Services include physical exams, immunizations, nutritional, behavioral and oral health assessments, vision & hearing screenings, and screening tests for other health conditions.

**Name:** College of the Redwoods Dental Clinic

**Address:** 7351 Tompkins Hill Rd. Eureka, Ca 95503

**Phone:** 707 476 4250

**Website:** [www.redwoods.cc.ca.us](http://www.redwoods.cc.ca.us)

**Description:** For low income residents. Must pay cash at time of service, no Medi Cal and they do not bill any insurance. Costs are about 70% less expensive than normal costs. Only open during the academic school year

**Name:** County Medical Services Program (CMSP)

**Phone:** 707 269 3590

**Website:** [www.cmspcounties.org](http://www.cmspcounties.org)

**Description:** To apply by phone, call 268 3471. Provides limited health coverage for low income, indigent adults 21 64 years of age. In emergencies, same day processing is possible.

**Name:** Deaf Counseling Advocacy

**Address:** 2830 G St. Ste B2, Eureka, CA 95501

**Phone:** 707 476 8680

**Website:** [www.dcara.org](http://www.dcara.org)

**Description:** Case Management for hearing impaired persons.

**Name:** Department of Rehabilitation

**Address:** 310 3rd St. Suite A, Eureka, Ca 95505

**Phone:** 707 445 6300

**Website:** [www.dor.ca.gov/](http://www.dor.ca.gov/)

**Description:** Vocational rehabilitation for people with disabilities, including evaluation, education, training, and job seeking assistance. Call to schedule an orientation appointment.

**Name:** Dial a Ride/Dial a Lift

**Phone:** 707 443 0826

**Website:** [www.hta.org/Dial A Ride/service.htm](http://www.hta.org/Dial_A_Ride/service.htm)

**Description:** Handicap accessible transportation available to people who cannot use public transportation, and can be so certified by a physician.

**Name:** Donated Dental Services (DDS) Program

**Address:** 1800 15th St. Denver, CO 80202

**Phone:** (877) 357 8660

**Website:** [www.nfdh.org/DDS.html](http://www.nfdh.org/DDS.html)

**Description:** Offers free or low cost, comprehensive dental care through local, volunteer dentists to patients of all ages who, because of serious disability, advanced age or medical problems lack adequate income to pay for needed dental care. Application is made through the coordinating office in Denver, Colorado.

**Name:** Dr. Foot

**Phone:** 707 496 4443 cell, 707 443 1186 24 hour medical, 707 443 9108 counseling, 707 668 1795 administration

**Description:** Traveling medical clinic provider, including CHDP services; Monday through Friday at various locations throughout the county. Call for locations.

**Name:** Easter Seals

**Address:** 3289 Edgewood Rd., Eureka, Ca 95503

**Phone:** 707 445 8841

**Website:** [www.easterseals.com/site/pageserver](http://www.easterseals.com/site/pageserver)

**Description:** Adult day care services for elderly and disabled people. Swimming programs for adults and children. The equipment loan program provides needed equipment for a \$10 fee for three months of use. Support groups also available. Limited scholarships available. Self referrals accepted.

**Name:** Eureka Community Health Center

**Address:** 2412 Buhne, Eureka, CA 95501

**Phone:** 707 441 1624, 707 442 7078 (dental clinic)

**Description:** Family oriented community medical clinic. Sliding fee scale, accepts Medi Cal, CHDP provider. Same day appointments, call in morning for an afternoon appointment.

**Name:** Family PACT

**Phone:** 1 (800) 942 1054

**Website:** [www.dhs.ca.gov/pcfh/ofp/programs/famPACT/](http://www.dhs.ca.gov/pcfh/ofp/programs/famPACT/)

**Description:** Reproductive health services, including diagnosis and treatment for STIs and UTIs, contraceptives, pregnancy testing, annual exam. There is no cost to eligible patients for covered services.

**Name:** General Hospital

**Address:** 2200 Harrison Avenue, Eureka, CA 95501

**Phone:** 707 445 5111

**Description:** Community hospital, midwifery services including comprehensive prenatal and newborn care.

**Name:** General Hospital Dental Clinic

**Address:** 310 3rd Street, Suite B Eureka, CA 95501

**Phone:** 707 441 1188

**Description:** Community dental clinic, accepts Medi Cal.

**Name:** H CAR (Humboldt Community Access and Resource Center)

**Phone:** 707 443 7077

**Website:** [www.hcar.us](http://www.hcar.us)

**Description:** Provide support and services that allow developmentally delayed persons to live and participate in the community. New clients accepted by referral only. Six sites total with services that include: Vocational training, Community life/ access skills training, Recreation and Leisure Skills training etc. Call for sites and specific programs offered at each site.

**Name:** Health Care Medical Associates

**Address:** 2507 Harris Street, Eureka, CA 95503

**Phone:** 707 444 3100

**Description:** Low cost health care, CHDP provider, Medi Cal provider, routine health care, family planning services.

**Name:** Health Care Medical Associates

**Address:** 2192 Central Avenue, McKinleyville, CA 95519

**Phone:** 707 839 5955

**Description:** Low cost health care, CHDP provider, Medi Cal provider, family planning services.

**Name:** Healthy Families

**Phone:** 707 269 3590

**Website:** [www.healthyfamilies.ca.gov/](http://www.healthyfamilies.ca.gov/)

**Description:** Low cost insurance that provides health, dental and vision coverage to children who do not have insurance today and do not qualify for no cost Medi Cal

**Name:** Heart of the Redwoods, Community Hospice

**Address:** 464 Maple Lane, Garberville, CA 95542

**Phone:** 707 923 7276

**Email:** [hospice@asis.com](mailto:hospice@asis.com)

**Description:** Supportive in home or hospital care for those with life threatening illnesses.

**Name:** Hospice of Humboldt

**Address:** 2010 Myrtle Avenue Eureka, CA 95501

**Phone:** 707 445 8443

**Description:** Supportive in home or hospital care for those with life threatening illnesses.

**Name:** Humboldt Child Care Council

**Address:** 2379 Myrtle Ave., Eureka, Ca 95501

**Phone:** 707 444 8293

**Website:** [www.hccc1.org](http://www.hccc1.org)

**Description:** Supported Parenting provides support services to adult parents with developmental disabilities. The Special Needs Connection is a family resource center for parents with a developmental delayed child aged birth to three, or with a child at risk of having developmental delays. HCCC Respite Program and Behavioral Respite Program provide in home respite care to families. HCCC's goal is to help avoid the institutionalization and/or residential care of developmentally disabled family members.

**Name:** Humboldt Community Breast Health Project

**Address:** 987 8 St. Eureka

**Phone:** (877) 422 4776 toll free

**Website:** [www.hcbhp.org](http://www.hcbhp.org)

**Description:** Support and education for those facing a breast health concern or a diagnosis of breast or gynecologic cancer.

**Name:** Humboldt Community Switchboard, Simple Directions

**Address:** P.O. 1080, Eureka, CA 95502

**Phone:** 707 441 8606 or 877 460 6000 (toll free)

**Description:** Information and referral for community resources.

**Name:** Humboldt County Public Health Clinic

**Address:** 529 I Street, Eureka, CA 95501

**Phone:** 707 268 2105

**Website:** <http://www.co.humboldt.ca.us/health/>

**Description:** Free or low cost preventative care, treatment for sexually transmitted diseases with sliding fee scale; free and confidential HIV testing, TB screening, immunizations. Call 707 268 2132 for the North Coast AIDS Project, Tobacco project, nutrition, alcohol and other drugs education project.

**Name:** Humboldt County Health Department, Careline for Family Health Needs

**Address:** 317 2nd St., Eureka, CA 95501

**Phone:** 707 476 4960 or 800 698 0843

**Description:** Information and referral for family health needs, 8:30 A.M. to 5:00 P.M. Monday through Friday; toll free from anywhere in Humboldt County. Care line for health related questions for people living in Humboldt County. Caller may be referred to services if needed, or be able to speak with a nurse on hand.

**Name:** Humboldt Del Norte County Medical Society

**Phone:** 707 442 2367

**Description:** For referrals to individual physicians

**Name:** Humboldt Del Norte County Dental Society

**Phone:** 707 443 7476

**Description:** For referrals to individual dentists

**Name:** Humboldt Dental Society

**Phone:** 707 443 7476

**Website:** [www.hdnds.org](http://www.hdnds.org)

**Description:** Provides names and phone numbers for dentists to the public. Keeps track of who is taking new patients and what insurance they take.

**Name:** Humboldt Diabetes Project

**Address:** 3100 Edgewood Rd. Eureka, CA 95501

**Phone:** 707 443 4553

**Website:** [www.hdnfmc.com](http://www.hdnfmc.com)

**Description:** Provides case management services and has a comprehensive web site with downloadable forms, information, and services offered.

**Name:** Humboldt Open Door Clinic

**Address:** 770 10th Street, Arcata, CA 95521

**Phone:** 707 826 8610, 707 826 8624 Dental

**Description:** Community medical clinic including CHDP services, counseling, dental care, family planning, prenatal care, pediatrics, nutritional counseling and smoking cessation.

**Name:** Humboldt Open Door Clinic

**Address:** 1644 Central Avenue, Suite F, McKinleyville, CA 95519

**Phone:** 707 839 3068

**Description:** Community medical clinic including CHDP services, counseling, dental care, family planning, prenatal care, pediatrics, nutritional counseling and smoking cessation.

**Name:** Humboldt Recovery Center

**Address:** 1303 11th Street, Eureka, CA 95501

**Phone:** 707 443 0514

**Description:** Industrial Strength Smokers Program, Sober Smokers Program.

**Name:** Humboldt Women for Shelter

**Address:** P.O. Box 969, Eureka, CA 95502 0969

**Phone:** 707 444 9255

**Description:** Alcohol and tobacco programs for women and children.

**Name:** In Home Support Services (IHSS)

**Address:** 929 Koster St., Eureka

**Phone:** 707 476 2100

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/](http://www.co.humboldt.ca.us/hhs/socialservices/)

**Description:** A program to help low income people, who are frail, elderly, or functionally impaired, to stay at home. IHSS may be able to pay for a caregiver or to help an eligible person or persons with everyday tasks. An IHSS social worker or Public Health nurse determines eligibility and the number of hours of assistance someone may receive each month.

**Name:** In Home Support Services (IHSS)

**Address:** 880 Northcrest Dr., Crescent City

**Phone:** 707 464 3191

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/](http://www.co.humboldt.ca.us/hhs/socialservices/)

**Description:** A program to help low income people, who are frail, elderly, or functionally impaired, to stay at home. IHSS may be able to pay for a caregiver or to help an eligible person or persons with everyday tasks. An IHSS social worker or Public Health nurse determines eligibility and the number of hours of assistance someone may receive each month.

**Name:** Jerold Phelps Community Hospital

**Address:** 733 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 3921, 707 923 2178 TTY or TTD

**Description:** Community hospital.

**Name:** K IMA:W Medical Center

**Address:** P.O. Box 1288, Hoopa, CA 95546 1288

**Phone:** 530 625 4261

**Description:** Community health care services, Buckle Up Your Baby Program, CHDP provider.

**Name:** Kris Kelly Health Information Center in Humboldt County Library

**Address:** 1313 3rd Street, Eureka, CA 95501

**Phone:** 707 442 9094

**Website:** <http://www.kkhic.org/>

**Description:** Consumer health library. Wed. noon 7, Th&F 10 5. Provides comprehensive health information in a nurturing and confidential environment. Promotes communication between patients, families and their health care providers.

**Name:** Lighthouse of the North Coast

**Address:** 2830 G St. Suite B 1 Eureka, Ca 95501

**Phone:** 707 268 5646

**Website:** [www.lighthouse.sf.org](http://www.lighthouse.sf.org)

**Description:** Provide help to those who are experiencing various degrees of vision loss. Help to find funding for various doctors visits, surgeries, and assistive equipment. Will direct clients to programs that will suite their needs and improve quality of life. A social service agency no medical care provided.

**Name:** Mad River Community Hospital

**Address:** 3800 Janes Road, Arcata, CA 95521

**Phone:** 707 822 3621

**Website:** <http://www.madriverhospital.com/>

**Description:** Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day) and Urgent Care Services open from 1 PM to 9:00 PM.

**Name:** Mad River Community Hospital Pain Clinic

**Address:** 3800 Janes Road, Arcata, CA 95521

**Phone:** 707 822 3621

**Website:** [www.madriverhospital.com/services/WelcometoSurgicalServices.htm](http://www.madriverhospital.com/services/WelcometoSurgicalServices.htm)

**Description:** See patients in consultation with on going chronic pain not with interventions. Mostly interventional problems, things that can be treated with treatment. Consult for pain management by referral from PCP. Will recommend meds and other conservative measures, but PCP must manage meds. Takes Medi Cal and Medicare and other insurance. M F, 8 4 pm.

**Name:** Mad River Home Health Service

**Address:** 3800 Janes Road, Arcata, CA 95521

**Phone:** 707 826 8420

**Website:** <http://www.madriverhospital.com/index.htm>

**Description:** Skilled Nursing Care; Home Health Aide services; Occupational, Physical and Speech Therapy; and Social Work Services to patients at home under supervision of Medical Doctor. Accepts Medicare, Medi Cal, private insurance.

**Name:** Making Headway, Inc.

**Address:** 1125 3rd St., Eureka, CA 95501

**Phone:** 707 442 7668

**Website:** [www.makingheadwayinc.org](http://www.makingheadwayinc.org)

**Description:** Chronic pain management for those who have traumatic brain injury. Class meets Wednesdays from 12:30 – 1:30pm. Also offer conjunctive therapy class in a pool at Easter SEALS on Tuesdays from 1:00 – 2:00pm. Ranges \$2 – \$5. Initial screening required. Case management services to people with traumatic brain injuries and their families. Fees depend on financial ability to pay (free to sliding scale).

**Name:** Maternal Child and Adolescent Health

**Address:** 317 2nd St. Eureka, Ca 95501

**Phone:** 707 445 6212

**Website:** [www.co.humboldt.ca.us/health/default.asp?pg=maternal\\_and\\_child\\_health.asp](http://www.co.humboldt.ca.us/health/default.asp?pg=maternal_and_child_health.asp)

**Description:** Children's Medical Services Provides authorization and payment for specialty medical care for disabled children. Serves persons with developmental disability.

**Name:** Medi Cal

**Address:** 929 Koster St. Eureka, CA 95501

**Phone:** 707 269 3590

**Website:** [www.dhs.ca.gov/mcs/medi\\_calhome/](http://www.dhs.ca.gov/mcs/medi_calhome/)

**Description:** California's version of Medicaid, healthcare insurance for low income families and individuals.

**Name:** Mobile Medical Health

**Address:** 760 15th St. Arcata, Ca 95521

**Phone:** 707 826 9926

**Website:** [www.mobilemed.org](http://www.mobilemed.org)

**Description:** Dental care for children at elementary schools in Humboldt and Del Norte County. During the academic school year only. Call for a schedule.

**Name:** Mobile Medical Office

**Address:** P.O. Box # 905 Eureka, CA, 95500 0905

**Phone:** 707 443 1186

**Website:** <http://www.mobilemed.org/index.html>

**Description:** Comprehensive primary care services including physical care and mental health screenings. Preventive dental care, substance abuse outpatient and referral services, homeless support services, help with

public benefits such as health insurance applications, food stamps and social security disability applications. Provides bilingual after hours clinic. All services are free for patients under 200% of poverty level and no one is ever turned away due to inability to pay. These services are provided via two out reach vans that circulate in the community. Call for schedules, or see website.

**Name:** NorthCountry Clinic

**Address:** 1644 Central Avenue, Suite A, McKinleyville, CA 95519

**Phone:** 707 839 1909

**Description:** General medical care for all family members including CHDP, family planning, individual and group counseling.

**Name:** NorthCountry Clinic

**Address:** 785 18th Street, Arcata, CA 95521

**Phone:** 707 822 2481

**Description:** General medical care for all family members including CHDP, family planning, prenatal care and classes, Comprehensive Perinatal Services Program provider, individual and group counseling.

**Name:** Northern California Neurosurgery Medical Group

**Address:** 2400 Country Drive, Suite 100, Fremont, CA 94536

**Phone:** 510 494 5700

**Website:** [www.lieberson.com](http://www.lieberson.com)

**Description:** Multi specialty group caring for spine problems, carpal tunnel disease, pain, and work injuries.

**Name:** Northern California Pain Initiative (NCPI)

**Website:** [www.home.earthlink.net/~norcalpain/index.html](http://www.home.earthlink.net/~norcalpain/index.html)

**Description:** Works with healthcare providers, patients, and other stakeholders to provide education about effective and appropriate pain management, conducts outreach regarding pain related issues, provides information regarding access to services, and influences public policy. Also has links for Pain Management, Pediatric Pain and Senior Pain resources.

**Name:** Northern California Spine Institute

**Address:** 5725 West Las Positas, Suite 200, Pleasanton, CA 94588

**Phone:** 925 469 6274

**Website:** [www.ncsi.tv](http://www.ncsi.tv)

**Description:** Spine Institute is integrated with an inpatient and outpatient program that embraces new technology when appropriate for out patients, including less invasive surgical techniques. Multi disciplinary program of spine treatment utilizing both surgical and non surgical treatment.

**Name:** Pacific Coast Deaf Support Association

**Phone:** 707 443 9896

**Description:** For deaf and hearing impaired individuals, from newborns to seniors and their families.

**Name:** Redwood Coast Regional Center

**Address:** 525 2nd St Suite 300 Eureka, Ca 95501

**Phone:** 707 445 0893

**Website:** [www.redwoodcoastrc.org](http://www.redwoodcoastrc.org)

**Description:** Case management for people with developmental disabilities and their families. Assessment and diagnostics, counseling, case management, individualized plans of care, purchase of services. Referrals given to most major disability organizations in the area

**Name:** Redwood Memorial Hospital, Fortuna

**Address:** 3300 Renner Dr., Fortuna, CA

**Phone:** 707 725 3361

**Website:** <http://www.stjosepheureka.org/frontpage/default.htm>

**Description:** Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day). For Urgent Care services see St. Joseph General Hospital Campus.

**Name:** Redwoods Rural Health Center

**Address:** 101 Westcoast Road, P.O. Box 769, Redway, CA 95560

**Phone:** 707 923 2783

**Description:** Community medical clinic providing medical, dental, psychological and natural therapies. Comprehensive Perinatal Service Program provider.

**Name:** Seventh Day Adventist Church

**Address:** 4251 F Street, Eureka, CA 95503

**Phone:** 707 442 6950

**Description:** 5 Day Program.

**Name:** Six Rivers Medical Clinic

**Address:** P.O. Box 1045, Willow Creek, CA 95573

**Phone:** 530 629 3116

**Description:** Outpatient clinic, x rays, CHDP provider.

**Name:** Smoking Cessation Programs

**Phone:** 1 800 7 NO BUTTS (1 800 766 28887)

**Description:** Toll free counseling.

**Name:** Southern Humboldt Community Clinic

**Address:** 733 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 3925

**Description:** Family health care.

**Name:** St. Joseph Dental Clinic

**Address:** 310 3rd St. Eureka, Ca 95501

**Phone:** 707 441 1188

**Website:** [www.stjosepheureka.org](http://www.stjosepheureka.org)

**Description:** The dental clinic accepts Medi Cal, CMSP, CHDP, and private pay insurance.

**Name:** St. Joseph General Hospital Campus

**Address:** 2200 Harrison, Eureka, CA

**Phone:** 707 445 5111

**Website:** <http://www.stjosepheureka.org/frontpage/default.htm>

**Description:** A full service, acute care hospital. Services include Urgent Care open 8: AM to 11:00 PM. No emergency room services at this site. Urgent care will move to St. Joseph Hospital in Spring, 2006.

**Name:** St. Joseph Health System/Community Resource Center  
**Address:** 212 G Street, Eureka, CA 95501  
**Phone:** 707 442 5239  
**Description:** Phone consultation and referral for various needs.

**Name:** St. Joseph Health System/Community Resource Center  
**Address:** 1151 Main Street, Fortuna, CA 95540  
**Phone:** 707 725 5239  
**Description:** M Fr 9AM 1PM

**Name:** St. Joseph Home Care Network  
**Phone:** 707 443 9332  
**Description:** Skilled Nursing Care; Home Health Aide services; Occupational, Physical and Speech Therapy; and Social Work Services to patients at home under supervision of Medical Doctor. Accepts Medicare, Medi Cal, private insurance.

**Name:** St. Joseph Hospital, Eureka  
**Address:** 2700 Dolbeer Street, Eureka, CA  
**Phone:** 707 445 8121  
**Website:** <http://www.stjosepheureka.org/frontpage/default.htm>  
**Description:** Community hospital. A full service, acute care hospital. Services include emergency room (open 24 hours a day). For Urgent Care services see St. Joseph General Hospital Campus

**Name:** Tri Counties Independent Living  
**Address:** 955 Myrtle Ave. Eureka Ca 95501  
**Phone:** 707 445 8408  
**Website:** [www.tilinet.org](http://www.tilinet.org)  
**Description:** Assist individuals in obtaining information about disability and independent living issues, assistive technology and programs. Provide housing lists and information in search of affordable housing. Benefits (SSA, SSDI, SSI, and Medi Cal) counseling. Peer counseling available.

**Name:** UCSF Pain Management Center  
**Address:** 2255 Post Street, San Francisco, CA 94143  
**Phone:** 415 885 PAIN(7246), Patient Info Line 415 885 3878  
**Website:** [http://mountzion.ucsfmedicalcenter.org/pain\\_management/](http://mountzion.ucsfmedicalcenter.org/pain_management/)  
**Description:** Work with patients with complicated and chronic medical, surgical, and neurological pain problems. Patients will receive a comprehensive evaluation. Other services include: regional anesthesia (nerve block); transcutaneous electrical nerve stimulation (TENS); physical therapy and/or occupational therapy; home exercise and activity guidance; medication tailoring; shorter individual psychotherapy and behavior modification; self hypnosis training and biofeedback; stress management and relaxation; group and family psychotherapy.

**Name:** Union Labor Health Foundation Dental Fund  
**Phone:** 707 442 2417  
**Website:** [www.hafoundation.org/form.html](http://www.hafoundation.org/form.html)

**Description:** Provides small grants to meet immediate dental needs of children. Applications are accepted at any time and are reviewed periodically. Must be referred by a provider or agency. Fill out referral available on S Drive CASE MANAGERS folder, or call for faxed referral sheet.

**Name:** United Indian Health Services

**Address:** Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570

**Phone:** 707 677 3693 or 707 269 2655

**Description:** Comprehensive health care services for Native American Indian population including CHDP, medical, dental, nutrition, vision care, counseling.

**Name:** Willow Creek Family Health Center

**Address:** P.O. Box 726, Willow Creek, CA 95573 0726

**Phone:** 530 629 3111

**Description:** Family medical practice, CHDP provider.

**Name:** Willow Creek Dept. of Public Health

**Address:** 77 Walnut Way, Willow Creek, CA 95573

**Phone:** 530 629 2410

**Website:** <http://www.co.humboldt.ca.us/health/>

**Description:** Women's health, STD screenings, immunization, birth control, pregnancy testing.

**Name:** The Women's Resource Center

**Address:** Bayshore Mall, 3300 Broadway, Eureka, CA 95501

**Phone:** 707 442 5239

**Description:** Referrals for health, alcohol and drug programs.

## Tribal, Native American Information and Services

**Name:** Hoopa Valley Tribal, Human Services Department

**Address:** Loop Road BIA Campus, P.O. Box 1267, Hoopa, CA 95546

**Phone:** 530 625 4236, 530 625 4237

**Description:** Counseling program provides individual, family, group and marriage counseling. Indian Child Welfare, court advocacy and assistance for Native American Indian children and their families. Individual, family, group and marriage counseling, support groups.

**Name:** Indian Action Council

**Address:** 2725 Myrtle Avenue, Eureka, CA 95501

**Phone:** 707 443 8401

**Description:** 8:30 4:30 Mon Fri, Tutoring, library, computer lab on site.

**Name:** Indian Child Welfare/Children and Family Services

**Address:** P.O. Box 1267, Hoopa, CA 95546 1267

**Phone:** 530 625 4236

**Description:** Crisis intervention, counseling, emergency housing and food, and transportation.

**Name:** Indian Natural Resources Science and Engineering Program

**Address:** Walter Warren House 38, HSU, Arcata, CA 95521

**Phone:** 707 826 4994

**Description:** Provides counseling (personal and cultural), tutorial services and financial aid to Native American Indians who choose to go through this program to help develop natural resources on the reservations.

**Name:** K IMA:W Medical Center

**Address:** P.O. Box 1288, Hoopa, CA 95546 1288

**Phone:** 530 625 4261

**Description:** Community health care services; Buckle Up Your Baby Program.

**Name:** Northern California Indian Development Council

**Address:** 241 F Street, Eureka, CA 95501

**Phone:** 707 445 8451

**Description:** Employment and referrals for Native American Indian youth. Computers in the job room free of charge.

**Name:** United Indian Health Services

**Address:** Trinidad Rancheria, P.O. Box 420, Trinidad, CA 95570 0420

**Phone:** 707 825 5000 or 707 677 3693

**Website:** [www.uihs.org](http://www.uihs.org)

**Description:** Medical/dental, nutrition, counseling, social services, transportation on limited basis; sliding scale fees. Native American Indian only

**Name:** United Indian Lodge

**Address:** 1116 9th Street, Eureka, CA 95501

**Phone:** 707 445 3071

**Description:** Co ed recovery services for substance abuser in Native American communities in Humboldt and Del Norte counties.

**Name:** Yurok Tribe

**Address:** 15900 Highway 101 North, Klamath, CA 95548

**Phone:** 707 481 1350

**Description:** Services for tribal members include emergency childcare support and family assistance through the Indian Child Welfare Program. Head Start services also available.

**Name:** Yurok Tribe

**Address:** 1034 6th Street, Eureka, CA 95501

**Phone:** 707 444 0433

**Description:** Services for tribal members include emergency childcare support and family assistance through the Indian Child Welfare Program.

## Teen Programs and Services

**Name:** Eureka Teen Parent Program

**Address:** Eureka High School, 1915 J Street, Eureka, CA 95501

**Phone:** 707 441 2536

**Description:** Support for pregnant teens; mainstreams mothers through school.

**Name:** G.E.T. (Getting Education Together) Parenting Program

**Address:** Arcata High School, 1720 M Street, Arcata, CA 95521

**Phone:** 707 839 6400

**Description:** Pre/postnatal education, life/consumer skills, home economics, nutrition, academic studies, high school diplomas for pregnant and parenting teens. Free child care available on site.

**Name:** Northcoast Big Brothers/Big Sisters

**Address:** 932 C Street, Eureka, CA 95501

**Phone:** 707 445 4871

**Description:** One on one adult female mentoring for pregnant and parenting teens; Parenting Adolescent in Relationships (P.A.I.R.) Program.

**Name:** Redwood Community Action Agency, Youth Services Bureau (YSB)

**Address:** 904 G Street, Eureka, CA 95501

**Phone:** 707 444 CARE 24 hour hotline, 707 443 8322 office

**Description:** 24 hour hotline for someone to talk to, emergency shelter, information regarding local services for runaways. Short term case management intervention and school based intervention.

**Name:** S.N.A.P. (Support Network for Adolescent Parents), Youth Educational Services

**Address:** Humboldt State University, Hagoplan House 91, Arcata, CA 95521

**Phone:** 707 826 4965 or 707 826 5615

**Description:** Social activities, educational activities, resources and enhancement of self esteem for pregnant and parenting teens.

**Name:** Teenage Health Resource Line

**Phone:** 1 888 711 TEEN

**Email:** [teenhealth@lpch.stanford.edu](mailto:teenhealth@lpch.stanford.edu)

**Description:** Available 7 days/week, 7:00 A.M. 11:00 P.M. Based in Palo Alto, nurses answer general questions about nutrition, STDs, body changes, illness, etc.

**Name:** Teenage Pregnancy and Parenting Network (TAPPN)

**Address:** 2379 Myrtle Avenue, Eureka, CA 95501

**Phone:** 707 445 1195, 800 795 3554

**Description:** Case management, support, resource and referral for pregnant and parenting teens. Transportation and advocacy as needed.

**Name:** The Women's Resource Center

**Address:** 1151 Main Street, Fortuna, CA 95540

**Phone:** 707 725 5239

**Description:** Kids Fund for teens aged 13 - 19. Funds available for various needs including classes, retreats, prom dresses and sports equipment; teens pay back through community services. Eel River valley only.

## Child Health and Welfare Information and Services

**Name:** California Children's Services

**Address:** 317 2D, Eureka, CA 95501

**Phone:** 707 445 6212

**Website:** [www.dhs.ca.gov/pcfh/cms/ccs/](http://www.dhs.ca.gov/pcfh/cms/ccs/)

**Description:** Pays for medical and other related services to children with qualifying (usually serious) health problems and diseases. Available services may include doctor's visits, hospital stays, surgery, physical and occupational therapy, and medical supplies/equipment. Must be under 21, meet income eligibility requirements.

**Name:** Child Welfare Services

**Address:** 929 Koster St. Eureka, CA 95501

**Phone:** 707 445 6182: Business and info., 707 445 6180: 24 hour crisis reporting

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/cws.htm](http://www.co.humboldt.ca.us/hhs/socialservices/cws.htm)

**Description:** This is the county agency that provides Child Protective Services. Services include crisis intervention, emergency shelter, parent education, family maintenance, information and referral. Parents may self refer to obtain necessary help.

**Name:** Children, Youth and Family Services, DHHS

**Address:** Humboldt County Mental Health, 1711 Third Street, Eureka, CA 95501

**Phone:** 707 268 2800 or 888 849 5728

**Website:** [www.co.humboldt.ca.us/hhs/socialservices](http://www.co.humboldt.ca.us/hhs/socialservices)

**Description:** Provides an array of mental health, alcohol and drug related services that promote health and mental health. Includes assessment process, individual, family and group counseling, Day Treatment, In Home Intensive Services, medication evaluation and management, case management with a focus on linkage and brokerage to other resources and services in the community.

**Name:** Department of Health and Human Services, Public Health Branch

**Address:** 317 2nd Street, Eureka, CA 95501

**Phone:** 707 445 6210 or 1 800 698 6843

**Description:** Assistance in obtaining preventive health exams at no cost for eligible children (CHDP) and referrals for medical and dental problems when identified.

**Name:** Easter Seals

**Address:** 109 Edgewood Road, Eureka, CA 95502

**Phone:** 707 445 8841

**Email:** [emorgan@ca.no.easter.seals.org](mailto:emorgan@ca.no.easter.seals.org)

**Description:** Services to persons with disabilities including assistance with travel related costs for infants/children, children's recreation program.

**Name:** Healthy Families Program

**Phone:** 800 880 5305

**Description:** Low cost health, dental and vision insurance plan available through the State of California for children up to age 19 who meet eligibility requirements.

**Name:** Healthy Start

**Phone:** Eureka: 707 441 0279, Fortuna/So. Fortuna Elementary: 707 725 0514; Rio Dell School District: 707 764 5103; South Fork High School: 707 943 3431; Weott School: 707 946 2347; Miranda Jr. High: 707 943 1707; Alderpoint/Blocksburg Community Ctr.: 707 926 1025; McKinleyville Union School District: 707 839 1508 or 839 1558; Orick Healthy Start: 707 488 2403

**Description:** Offers support for students, families and communities through school based, school link services and programs. Coordinated case management provided by Healthy Start staff.

**Name:** Humboldt Access Project

**Address:** 956 Myrtle Ave., Eureka, CA 95501

**Phone:** 707 445 8404

**Email:** [hap@northcoast.com](mailto:hap@northcoast.com)

**Description:** An Independent Living Center providing information and referral, housing assistance, personal care assistants, cross disability peer support, independent living skills training, advocacy and computers for students with disabilities.

**Name:** Humboldt Child Care Council

**Address:** 2739 Myrtle Avenue, Eureka, CA 95501

**Phone:** 707 445 1195 or 800 795 3554

**Website:** [www.hccc1.org](http://www.hccc1.org)

**Description:** Offers child care information and referrals, parenting services and case management. Toy lending program. Respite care for medically eligible children. Case Management for families seeking child care resources. CMs help determine program eligibility, then identify needs, make referrals and monitor.

**Name:** Humboldt Community Access and Resource Center (HCAR)

**Address:** P.O. Box 2010, Eureka, CA 95502

**Phone:** 707 443 7077

**Description:** Provides in home support services, day program services, transportation and employment services for persons with developmental disabilities.

**Name:** Humboldt County Child Welfare Services

**Address:** 929 Koster Street, Eureka, CA 95501

**Phone:** 707 445 6180 or 800 891 8551

**Website:** [co.humboldt.ca.us/HHS/SSB/ChildWelfareServices.asp](http://co.humboldt.ca.us/HHS/SSB/ChildWelfareServices.asp)

**Description:** Provides services to protect children from serious mistreatment, including crisis intervention, emergency shelter care, parent education, family maintenance, family re unification, permanent placement, information and referral.

**Name:** Humboldt County Dept. of Social Services In Home Support Services

**Address:** 929 Koster Street, Eureka, CA 95501

**Phone:** 707 269 3590

**Description:** Provides in home care for needy persons.

**Name:** Humboldt County Health Department, California Children Services (CCS)

**Address:** 317 2nd Street, Eureka, CA 95501

**Phone:** 707 445 6212

**Description:** Medical services for eligible children with special health needs (physically disabled or handicapped).

**Name:** Humboldt County Health Department, Careline for Family Health Needs

**Phone:** 800 698 0843

**Description:** Information and referral for family health needs, 8:30a.m. to 5:00 p.m., Monday thru Friday toll free from anywhere in Humboldt County.

**Name:** Humboldt County Health Department, Immunization Clinic

**Address:** 529 I Street, Eureka, CA 95501

**Phone:** 707 268 2108

**Description:** Reduced fee immunizations for children entering school. HIV Clinic, STD Clinic, and travel immunizations.

**Name:** Humboldt County Health Department, The High Risk Infant Visitation Enhancement Program (THRIVE)

**Address:** 529 I Street, Eureka, CA 95501

**Phone:** 707 268 2105

**Description:** Provides in home case management for high risk infants.

**Name:** Humboldt County Office of Education Special Services, Special Beginnings

**Address:** 901 Myrtle Avenue, Eureka, CA 95501

**Phone:** 707 445 7043

**Description:** In home educational program for special needs infants and preschoolers aged zero to five years, and their families.

**Name:** Humboldt Women for Shelter

**Address:** P.O. Box 969, Eureka, CA 95502 0969

**Phone:** 707 444 9255

**Description:** Therapeutic childcare, weekly children s group and individual counseling, referrals, information and support for moms.

**Name:** March of Dimes

**Address:** 1787 Tribute Road, Suite E, Sacramento, CA 95815

**Phone:** 916 922 1913 or 800 339 1913

**Description:** Works to improve the health of babies by preventing birth defects and infant mortality.

**Name:** North Coast Children's Services

**Address:** 685 F St. Arcata, CA 95521

**Phone:** 707 822 7206

**Website:** [www.ncsheadstart.org](http://www.ncsheadstart.org)

**Description:** Provides assistance to families by helping get children enrolled in Headstart/Early Headstart programs. They also assess other needs, make referrals and provide nutritional screens. Families must meet certain income requirements to be eligible for services.

**Name:** Rape Crisis Team, Child Assault Prevention Project (CAPP)

**Address:** P.O. Box 543, Eureka, CA 95502

**Phone:** 707 443 2737, or 707 445 2881 or 1 800 656 4673 (will accept collect calls)

**Description:** Child abuse prevention information and referral, community workshops, 24 hour crisis line, accompaniment and advocacy.

**Name:** Redwood Coast Regional Center

**Address:** 808 E Street, Eureka, CA 95501

**Phone:** 707 445 0893

**Description:** Supportive services to high risk infants and children zero to three years who show developmental delays or who are at risk for such delays.

**Name:** Remi Vista Youth and Family services

**Phone:** 707 268 8722

**Website:** [www.remivista.com](http://www.remivista.com)

**Name:** Ryan Youth Center

**Address:** 1653 J St., Eureka, CA 95501

**Phone:** 707 268 1858

**Description:** Youth recreation activities and after school programs. Specialized programs for adolescents. After school program for kids in grades K 6—monthly fee is \$30, scholarships available.

**Name:** Teenage Pregnancy and Parenting Network (TAPPN), DHHS Public Health Branch

**Phone:** 707 476 4914

**Description:** Case management for pregnant or parenting teens and their families. Pregnant and/or parenting teens must enroll prior to age 19. Mates must enroll prior to 20 years, 10 months.

**Name:** Two Feathers Native American Family Services

**Address:** 2355 Central Ave., Ste. C, McKinleyville, CA 95519

**Phone:** 707 839 1933, 800 341 9454

**Description:** Program to protect American Indian children from abuse or neglect.

**Name:** Youth Services Bureau

**Address:** 1100 California St Eureka CA, 95501

**Phone:** 707 444 2273

**Website:** [www.rcaa.org/ysb.html](http://www.rcaa.org/ysb.html)

**Description:** Case management for 12 21 YO children through a variety of residential or outreach programs related to unstable housing or homelessness. This is also a crisis line but is appropriate for initial inquiries as well.

## Foster Youth and Adoptions Information and Services

**Name:** Adoptions Services Bureau

**Phone:** 916 651 8089

**Website:** [www.childsworld.ca.gov](http://www.childsworld.ca.gov)

**Description:** A service for adoptees to find background information on their adoptions.

**Name:** California Youth Connection (CYC)

**Website:** [calyouthconn.org](http://calyouthconn.org)

**Description:** CYC promotes the participation of foster youth in policy development and legislative change to improve the foster care system, and strives to improve social work practice and child welfare policy. CYC Chapters in counties throughout the state identify local issues and use grassroots and community organizing to create change.

**Name:** CA Adoption and Foster Care Referral

**Phone:** 800 543 7487

**Website:** [www.childsworld.ca.gov](http://www.childsworld.ca.gov)

**Description:** New adoptions and foster care licensing.

**Name:** California State Office of Adoptions

**Address:** 749 F St. Arcata, CA 95521

**Phone:** 707 826 9180

**Email:** [Jane.micks@dss.ca.gov](mailto:Jane.micks@dss.ca.gov)

**Description:** Works with prospective adoptive parents and birth parents. Performs home studies. Make placements when court mandated.

**Name:** Dept. of Health and Human Services

**Phone:** 707 441 5013

**Website:** [www.co.humboldt.ca.us](http://www.co.humboldt.ca.us)

**Description:** Foster Care coordination.

**Name:** Environmental Alternatives

**Address:** 202 M St. Box 3414 Eureka, CA 95501

**Phone:** 707 443 7370

**Website:** [www.ea.org](http://www.ea.org)

**Description:** Foster family agency.

**Name:** Foster Care Rights and Ombudsman

**Phone:** 1 877 846 1602

**Website:** [www.fosteryouthhelp.ca.gov](http://www.fosteryouthhelp.ca.gov)

**Name:** Horizons Adoption and Birth Parent Center

**Address:** 10 W. 7th Street. Suite F Eureka, CA 95501

**Phone:** 707 444 9909

**Website:** [www.adoptionhorizons.org](http://www.adoptionhorizons.org)

**Description:** Adoption facilitation and preparation classes, home studies, post placement, birthparent educational and vocational trust funds and counseling.

**Name:** Independent Adoption Center

**Phone:** 800 877 6736

**Website:** [www.adoptionhelp.org](http://www.adoptionhelp.org)

**Description:** Adoption agency facilitating fully open adoptions. Comprehensive educational and counseling centered services to birthparents, adopting parents and adoptees nationwide.

## Emergency/Crisis Information and Services

**Name:** Adult Protective Services

**Address:** 808 E St., Eureka, CA 95501

**Phone:** 707 445 6180 24 Hour hotline, Non Emergency Line: 707 476 2100

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/adult\\_1.htm](http://www.co.humboldt.ca.us/hhs/socialservices/adult_1.htm)

**Description:** To report abuse, exploitation, neglect or self neglect of dependent adults (age 18+). Services include information and referral to community resources, case management, assessments, emergency shelter or in home protection, transportation, counseling, etc.

**Name:** American Red Cross

**Address:** 406 Eleventh Street, Eureka, CA

**Phone:** 707 443 4521

**Website:** <http://www.northcoast.com/~hcarc/>

**Name:** Boys and Girls National Hotline

**Address:** 800 448 3000

**Website:** [www.girlsandboystown.org](http://www.girlsandboystown.org)

**Description:** 24 hour crisis line for primarily children and parents. Includes national resource and referral service information in English and Spanish.

**Name:** Breaking the Cycle

**Address:** 514 H St. Suite

**Phone:** 707 442 7806

**Email:** [Btc.dv@sbcglobal.com](mailto:Btc.dv@sbcglobal.com)

**Description:** Court approved services for perpetrators of domestic violence. Also offers private therapy to individuals. No Medi Cal accepted.

**Name:** California Youth Crisis Line

**Phone:** 1 800 843 5200 (24 hours, English and Spanish)

**Description:** Provides crisis intervention counseling. Referrals to resource agencies and neutral message center, California only.

**Name:** Child Find of America

**Phone:** 1 800 426 5678 or 1 800 AWAYOUT (292 9688)

**Description:** Assists in locating all kinds of missing children (18 and under). Mediation hotline for runaways/parents and parents involved in custody battles.

**Name:** Child Protective Services, DHHS

**Address:** 929 Koster St., Eureka, CA 95501

**Phone:** 707 445 6182 / 24 Hour Child Abuse Hotline: 707 445 6180

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/cws.htm](http://www.co.humboldt.ca.us/hhs/socialservices/cws.htm)

**Description:** To report child abuse or neglect. Provide assessment and investigation services. Provides case management, referrals, and on going services if there is a safety risk to children.

**Name:** Child Welfare Humboldt County DHHS

**Phone:** 707 445 6180

**Website:** [www.co.humboldt.ca.us/welfare/cws.htm](http://www.co.humboldt.ca.us/welfare/cws.htm)

**Description:** 24 hour crisis and reporting line.

**Name:** General Hospital

**Address:** 2200 Harrison Avenue, Eureka, CA 95501

**Phone:** 707 445 5111

**Name:** Humboldt County Health Department, On Call Nurse

**Address:** 529 I Street, Eureka, CA 95501

**Phone:** 707 268 2105

**Description:** Afternoons 1:00 P.M. 5:00 P.M. only.

**Name:** Humboldt County Sheriff

**Address:** 826 4th St. Eureka, CA 95501, Eureka

**Phone:** 707 445 7251

**Website:** [www.co.humboldt.ca.us/sheriff/](http://www.co.humboldt.ca.us/sheriff/)

**Description:** Sheriff's department

**Name:** Humboldt County Sheriff

**Address:** 648 Locust St., Garberville, CA 95542

**Phone:** 707 923 276

**Website:** [www.co.humboldt.ca.us/sheriff/](http://www.co.humboldt.ca.us/sheriff/)

**Description:** Sheriff's department

**Name:** Humboldt County Sheriff

**Address:** 1608 Pickett Rd., McKinleyville, CA 95519

**Phone:** 707 839 3857

**Website:** [www.co.humboldt.ca.us/sheriff/](http://www.co.humboldt.ca.us/sheriff/)

**Description:** Sheriff's department

**Name:** Humboldt County Sheriff

**Address:** Highway 96 P.O. Box 1247, Hoopa, CA 95546

**Phone:** 530 625 4231

**Website:** [www.co.humboldt.ca.us/sheriff/](http://www.co.humboldt.ca.us/sheriff/)

**Description:** Sheriff's department

**Name:** Humboldt Domestic Violence Services

**Address:** Eureka, CA, 95502

**Phone:** 707 444 9255, 24 hour crisis lines: 707 443 6042 and/or 866 668 6543

**Website:** [www.hdvs.org/](http://www.hdvs.org/)

**Description:** Free, comprehensive services for women and men experiencing domestic violence and their children. On call language(s) = English, Spanish. On site language(s) = English, Hmong, Spanish. Services include shelter, peer counseling, support groups for adults and for children, emergency transportation, court accompaniment and legal assistance. Offers advocacy, education, and emergency housing to keep victims safe. Also offers three groups a week. Child care is included with advance notice. 30 days safe house also available.

**Name:** Humboldt Women for Shelter

**Address:** P.O. Box 969, Eureka, CA 95502

**Phone:** 707 443 6042 (24 hour crisis line)

**Description:** Hotline, shelter, support groups for women and children suffering from violence in their homes.

**Name:** Jerold Phelps Community Hospital

**Address:** 733 Cedar Street, Garberville, CA 95542

**Phone:** 707 923 3921, TTY or TTD 707 923 2178

**Name:** Mental Health Crisis Line

**Address:** 707 445 7715

**Description:** 24 hour crisis line.

**Name:** National Center for Missing and Exploited Children

**Phone:** 1 800 843 5678

**Description:** Deals with runaway, abducted or otherwise missing children aged 17 and under.

**Name:** National Domestic Violence Hotline

**Phone:** 800 799 7233

**Website:** [www.ndvh.org](http://www.ndvh.org)

**Description:** Offers crisis intervention, information, and referrals to local services and shelters. Spanish speakers always available, as well as access to interpreters of other languages.

**Name:** National Runaway Switchboard

**Phone:** 1 800 621 4000, TDD 1 800 621 0394

**Description:** Services include phone counseling, referral and information to other agencies across the country. May arrange conferences between runaways and their parents or other agencies. Provides a message relay service without runaway revealing his/her location. Also provides information and referral to runaway for food, shelter, and health care.

**Name:** North Coast Rape Crisis Team

**Address:** P.O. Box 543, Eureka, CA 95502

**Phone:** Hotline: 707 445 2881 or 1 800 656 4673; Office: 707 443 2737

**Email:** [ncrcthum@pacbell.net](mailto:ncrcthum@pacbell.net)

**Description:** 24 hour crisis line and crisis intervention for survivors of sexual assault. Offers individual and group counseling. Accompanies survivors to court proceedings, law enforcement, hospital visits. Advocacy in court cases. Offers general information and referrals to community services.

**Name:** Pathways Crisis Response Service

**Phone:** 707 826 1886

**Website:** [www.redwoodcoastrc.org](http://www.redwoodcoastrc.org)

**Description:** Only for developmentally delayed Redwood Coast Regional Center clients. Call RCRC to learn if the individual is eligible for services.

**Name:** Poison Control Center

**Phone:** 1 800 876 4766 (24 hour), 1 800 972 3323 (24 hour TTY)

**Name:** Safe Haven, Operated by RCAA (Redwood Community Action Agency)

**Phone:** 707 269 2075

**Website:** [www.rcaa.org](http://www.rcaa.org)

**Description:** Long term transitional shelter for women and children fleeing domestic violence. Call between 1:00 PM and 4:30 PM weekdays.

**Name:** Safelink

**Phone:** 877 785 2020

**Website:** [www.casamyrna.org/programs/safelink.html](http://www.casamyrna.org/programs/safelink.html)

**Description:** Offers information, safety planning and linkages to shelter and other resources. Spanish speakers available.

**Name:** STD Hotline

**Phone:** 1 800 227 8922

**Description:** 8:00 A.M. to 11:00 P.M. EST Monday thru Friday

**Name:** Stop Abuse For Everyone (SAFE)

**Phone:** Hotline = 800 799 SAFE

**Website:** [www.safe4all.org/](http://www.safe4all.org/)

**Description:** Is a human rights organization that provides services for those who typically don't have services: battered men, same sex victims, teens, the elderly, and immigrants.

**Name:** Victim Witness Office

**Phone:** 707 441 7417

**Website:** [www.cya.ca.gov/victim/vw\\_county.html](http://www.cya.ca.gov/victim/vw_county.html)

**Description:** Violent crimes victims' assistance to include court support and help opening claims to Victims of Crime Fund (provides compensation for costs associated with being the victim of a violent crime, including counseling, medical and dental bills, lost wages, funeral and burials).

**Name:** VINE (Victim Information and Notification Every Day)

**Phone:** 877 331 8463

**Website:** [www.appriss.com/VINE.html](http://www.appriss.com/VINE.html)

**Description:** To register to receive updates on the release or change of custody status of offenders. An automated guide accessible to touchtone and rotary phones.

**Name:** Wish House

**Address:** Garberville, CA 95542

**Phone:** 707 923 4100

**Description:** Shelter for women and their children in crisis. Also provides shelter for homeless.

## Financial Information and Services

**Name:** CARE Program (PG&E)

**Phone:** 800 743 2273

**Website:** [www.pge.com/res/financial\\_assistance/](http://www.pge.com/res/financial_assistance/)

**Description:** Program for qualifying, low income or fixed income PG&E customers for a 20% savings on their bill for two years. Customer must have his/her name on the bill. Income Criteria: For 1 2 person – pretax income must be no more than \$24,200; 3 people \$28,400 or less; each additional member add \$5,800 to the pretax annual income. Children are included in the household size. Call to receive free application and obtain income requirements.

**Name:** Consumer Credit Counseling

**Address:** 1309 11th St. Suite 104, Eureka, CA 95521

**Phone:** 707 822 8536 or 800 762 1811

**Website:** [www.cccsnojuggle.org](http://www.cccsnojuggle.org)

**Description:** Counseling for debt management. Also offers credit report review. Counselor will pull credit reports and scores from all three of the credit bureaus, as well as offering advice on the results.

**Name:** Dept. of Health and Human Services

**Address:** 929 Koster Street, Eureka, CA 95501

**Phone:** 707 269 3590

**Website:** <http://co.humboldt.ca.us/hhs/>

**Description:** Provides cash subsistence benefit and Medi Cal to income eligible families with dependent children.

**Name:** Department of Health and Human Services, General Relief

**Phone:** 707 476 4700

**Website:** [www.co.humboldt.ca.us/hhs/socialservices/pubassistance.asp](http://www.co.humboldt.ca.us/hhs/socialservices/pubassistance.asp)

**Description:** A loan program for people with limited resources. Funds obtained must be paid back.

**Name:** Department of Health and Human Services, General Assistance

**Address:** 929 Koster Street, Eureka, CA 95501

**Phone:** 707 445 6103

**Description:** Cash subsistence benefit to destitute individuals who do not qualify for other cash aid programs (SSI, AFDC).

**Name:** Easter Seals Society

**Address:** 3289 Edgewood Road, P.O. Box 109, Eureka, CA 95501/95502

**Phone:** 707 445 3106

**Email:** [emorgan@ca.no.easter.seals.org](mailto:emorgan@ca.no.easter.seals.org)

**Description:** Services to persons with disabilities, including assistance with travel related costs.

**Name:** Energy Demonstration Center

**Address:** 904 G Street, Eureka, CA 95501

**Phone:** 707 444 3831

**Description:** Utilities payment assistance and home weatherization programs.

**Name:** Food Stamps

**Address:** 929 Koster St. Eureka, CA 95501

**Phone:** 707 269 3590 Public Inquiry Line, 707 476 4700 General line

**Website:** [www.dss.cahwnet.gov/foodstamps/](http://www.dss.cahwnet.gov/foodstamps/)

**Description:** Food supplementation program for income eligible persons providing coupons which may be redeemed for food items.

**Name:** Medi Cal

**Address:** 929 Koster Street, Eureka, CA 95501

**Phone:** 707 445 6113

**Description:** Federal and State funded health care insurance for low income families and individuals.

**Name:** RCAA's Energy & Environmental Services Division, Energy Demonstration Center

**Address:** 539 T St., Eureka, CA 95501

**Phone:** 707 444 3831

**Website:** [www.rcaa.org/energy.html](http://www.rcaa.org/energy.html)

**Description:** Home Energy Assistance Program (HEAP): 444 3834. Provides financial assistance for PG&E, Propane, and Firewood. Calls are taken every Monday starting at 9:00am to make appointments for that week. Once slots are full, no more calls are taken for that week. Calls and appointments are taken again the following Monday though out the year until their money runs out. Low moderate income eligible.

Weatherization Program: 444 3831 ext. 201. Provides low to moderate income tenants and home owners with insulation, health and safety related testing, and home repairs. The energy saving improvements are provided free of charge for income qualified households. There is a waiting list.

**Name:** Redwood Coast Regional Center

**Address:** 808 E Street, Eureka, CA 95501

**Phone:** 707 445 0893

**Description:** Provides wide array of support services to developmentally disabled individuals, those at risk of developmental disability and their families.

**Name:** SBC (Telephone Service)

**Phone:** 800 310 2355

**Website:** [www.sbc.com](http://www.sbc.com)

**Description:** Offer Universal Lifeline service/program for low income households. Have to call to set it up, they will ask a few questions to determine if you qualify. This program provides a discount on your installation rate (to only \$10) and gives you ½ off rates for phone services.

**Name:** St. Joseph Resource Center

**Address:** 2331 Rohnerville Rd., Fortuna, CA 95540

**Phone:** 707 725 5239

**Description:** Cleaning Deposit Fund; provides established residents of Humboldt County with funds to assist in relocating to improved housing opportunities. Eel River valley area only.

**Name:** Unemployment Insurance

**Phone:** 800 300 5616

**Website:** [www.edd.ca.gov/uibdg/ut46085.htm](http://www.edd.ca.gov/uibdg/ut46085.htm)

**Description:** Call to apply for assistance with unemployment benefits.

## Legal Information and Services

**Name:** California Indian Legal Services

**Address:** 324 F Street, Suite A, Eureka, CA 95501

**Phone:** 707 443 8397

**Email:** [dasfd@co.humboldt.ca.us](mailto:dasfd@co.humboldt.ca.us)

**Description:** Work to secure and protect full civil rights of California Indians.

**Name:** Humboldt County District Attorney, Child Support Services

**Address:** P.O. Box 128, 2420 6th St., Eureka, CA 95501

**Phone:** 707 441 3200

**Website:** [www.co.humboldt.ca.us/dcss/](http://www.co.humboldt.ca.us/dcss/)

**Description:** Provides assistance free of charge to all persons needing child support as a result of a parent being absent from home. Major service provided is the enforcing of court order for child support. Services provided for free and can establish paternity as well as obtain, enforce, collect and distribute child support and medical support orders.

**Name:** Legal Services

**Address:** 3rd St Eureka, CA 95501

**Phone:** 707 443 9123

**Website:** [www.humsenior.org/legal/legal.html](http://www.humsenior.org/legal/legal.html)

**Description:** Serves local people in legal matters regarding family, tenant's rights and public benefits. Phone and in person consultation available.

**Name:** NAACP Legal Defense and Education Fund

**Phone:** 1 800 221 7822

**Website:** [www.naacpldf.org/](http://www.naacpldf.org/)

**Description:** Provides legal assistance, not representation, to anyone who feels they may be victims of discrimination of any kind.

**Name:** Newcomer Center

**Address:** 674 Allard Ave, Eureka, CA 95501 (Located on the Eureka Adult School Campus)

**Phone:** 707 441 2462

**Website:** [www.eurekaadultschool.org/newcomer.html](http://www.eurekaadultschool.org/newcomer.html)

**Description:** Information and referral center for immigration, job search, legal help, and health referrals. Services for English, Spanish, Hmong, and other language speakers, and anyone with limited English skills.

**Name:** Redwood Legal Assistance

**Address:** P.O. Box 1017, Eureka, CA 95502 1017

**Phone:** 707 445 0866

**Description:** 9AM 3PM Mon Thu 9AM noon Fri. Civil legal services to indigent residents of Humboldt County. Services include tenants' rights, family law, public benefits.

**Name:** Referral Services Humboldt Legal Center

**Address:** Humboldt State University, Arcata, CA 95521

**Phone:** 707 826 3824

**Description:** Provides information concerning legal needs to H.S.U. students and community. Counseling provided for small claims, divorce and child custody, taxes, drunk driving and traffic violations, disability rights, etc.

**Name:** Victims of Crime Resource Center

**Phone:** 1 800 842 8467

**Website:** [www.1800victims.org/](http://www.1800victims.org/)

**Description:** Provides information and referral statewide to victims their families, victim service providers and other interested parties. The center publishes and distributes free information material yearly concerning victims rights. Spanish speaking available.

**Name:** Victim Witness Office

**Address:** 712 Fourth St Eureka, CA 95501

**Phone:** 707 445 7417

**Website:** [www.cya.ca.gov/victim/vw\\_county.html](http://www.cya.ca.gov/victim/vw_county.html)

**Description:** This program is available to victims or witnesses of violent crimes. The program offers crisis intervention, follow up counseling, court preparation, court escort, assistance in completing Victim of Violent Crime claims, restitution assistance and help with restraining order information.

## HIV/AIDS Information and Services

**Name:** Aids Resources

**Address:** Eureka Community Health Center, 2412 Buhne St., Eureka, CA 95501

**Phone:** 707 441 1624

**Description:** Confidential testing for HIV/AIDS, by appointment.

**Name:** A.I.D.S.

**Phone:** 800 342 2437 (English), 800 344 7432 (Spanish), 800 243 7889 (TDD Deaf Callers Only)

**Description:** 24 hour hotline for the public to get information on AIDS.

**Name:** California Children Services

**Address:** 712 Fourth St., Eureka, CA 95501

**Phone:** 707 445 6212

**Description:** Services for children who are at risk of HIV infection or who are HIV positive.

**Name:** Del Norte Community Health Center

**Address:** 550 E Washington St., Crescent City, CA 95531

**Phone:** 707 465 6925

**Description:** Confidential testing for HIV/AIDS, by appointment.

**Name:** Humboldt County Health Department

**Address:** 529 I St., Eureka, CA 95501

**Phone:** 707 268 2109 or 800 FOR AIDS

**Description:** Confidential test for HIV/AIDS virus; free of charge.

**Name:** Humboldt County Health Dept.

**Address:** 727 Cedar S., Garberville, CA 95542

**Phone:** 707 923 2779

**Description:** Confidential test for HIV/AIDS virus, free of charge.

**Name:** Humboldt County Health Dept.

**Address:** 77 Walnut Way, PO Box 668, Willow Creek, CA 95573

**Phone:** 530 629 2410

**Description:** Confidential test for HIV/AIDS virus, free of charge.

**Name:** McKinleyville Community Health Center

**Address:** 1644 Central Ave. Suite F, McKinleyville, CA 95519

**Phone:** 707 839 3068

**Description:** Confidential testing for HIV/AIDS, by appointment.

**Name:** North Coast AIDS Project (NorCAP)

**Address:** 529 I St., Eureka, CA 95501

**Phone:** 707 268 2132

**Website:** [www.co.humboldt.ca.us/health/norcap.htm](http://www.co.humboldt.ca.us/health/norcap.htm)

**Description:** AIDS education and prevention, direct services to people living with HIV/AIDS, plus non medical, psychosocial case management to people living with HIV/AIDS. Program also has preventive programs and services

**Name:** North Country Clinic  
**Address:** 785 18th Street, Arcata, CA 95521  
**Phone:** 707 822 2481  
**Description:** Confidential testing for HIV/AIDS, by appointment.

**Name:** Open Door Community Health Centers HIV/AIDS Program  
**Phone:** Eureka Community Health Clinic: 707 441 1624; Humboldt Open Door Community Health Clinic: 707 826 8610; Del Norte Community Health Clinic: 707 465 6925  
**Website:** <http://www.opendoorhealth.com>  
**Description:** Each listed site provides comprehensive primary medical care, including HIV Specialists, RN Case Managers, Psychologists, and Registered Dietitians. Confidential testing for HIV/AIDS, by appointment. Provides primary medical/dental/behavioral health/nutrition services to HIV/AIDS patients.

**Name:** Redwoods Rural Health Center  
**Address:** 101 Westcoast Rd., PO Box 769, Redway, CA 95560  
**Phone:** 707 923 2783  
**Description:** AIDS counseling, confidential HIV/AIDS virus testing, there is a charge.

**Name:** St. Joseph Home Care  
**Address:** 721 E St. Eureka, CA 95501  
**Phone:** 707 443 9332  
**Website:** [www.stjosepheureka.org](http://www.stjosepheureka.org)  
**Description:** Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

**Name:** St. Joseph Home Care Services  
**Address:** 1151 Main St., Fortuna, CA 95540  
**Phone:** 707 725 3389  
**Description:** Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

**Name:** St. Joseph Home Care Services  
**Address:** 764 Cedar St., Garberville, CA 95542  
**Phone:** 707 923 4042  
**Description:** Services for people who are HIV positive; help with daily activities, medical care, finances, emotional support.

## Transportation Services

**Name:** Angel Flights/Air Lifeline

**Address:** 3161 Donald Douglas Loop South, Santa Monica, CA

**Phone:** 800 446 1231

**Website:** [www.angelflight.com](http://www.angelflight.com)

**Description:** Will transport in 500 mile radius, must be referred by another agency or physician, must be ambulatory. For people who need repeat care, medical needs requiring them to leave the area, transport blood. Provides nationwide service. Volunteer pilots. Patient and companion can fly together.

**Name:** Arcata Mad River Transit

**Address:** 925 E St., Arcata, CA 95501

**Phone:** 707 822 3775

**Description:** Provides transportation and routes in and around Arcata. Office Hours: Monday – Friday, 8:00 – 5:00 pm., Closed 12:00 – 1:00 pm. Buses provide transportation within Arcata City limits. Buses operate from 7:00am. – 7:00pm., Monday – Friday and 10:00am. – 5:00pm. on Saturday. Rates: \$1 regular/ \$.50 senior/ \$.60 children and disabled. Accepts cash/check only. Discount Books: \$7/10 rides – everyone entitled; \$5/10 rides – seniors, disabled, children. Dial A Ride tickets available to be purchased thru here.

**Name:** Care A Van

**Phone:** 707 445 8419

**Description:** Transportation for scheduled medical appointments; no cost, donations accepted. Transportation of minors only with an adult. Some car seats available. 48 hours notice needed.

**Name:** CAE Transport (City Ambulance of Eureka)

**Phone:** 707 445 4907 ambulance office, 707 442 4551 24 Hours Taxi Service

**Website:** [www.cityambulance.com](http://www.cityambulance.com)

**Name:** Coastline Enterprises

**Address:** 838 4th St., Crescent City, CA 95531

**Phone:** 707 465 4720 or 707 464 8338

**Website:** [www.delnortebus.com/coastline.htm](http://www.delnortebus.com/coastline.htm)

**Description:** Non Emergency, free medical transportation from Crescent City two days a week for medical/dental appointments in the Eureka/Arcata area. There is no charge for this service. Tuesdays for medical appointment time frame 10:00 AM to Noon. Pickup location is at the Safeway store at 7:30 AM. Wed Afternoon appts between 1:00 and 3:00, pick up at 11:00 There is limited seating. Note from medical provider verifying appt. is necessary. Call for reservation. Non emergency medical transportation is also available on a fee basis for Southern Oregon and Northern California. Fee may be Medi Cal, insurance, or private pay.

**Name:** Dial A Ride/Dial A Lift

**Address:** 925 E St. Eureka

**Phone:** 707 442 4555, 707 443 0826, 707 443 9747, 707 822 3775 Arcata

**Website:** [www.hta.org/Dial\\_a\\_Ride/service.htm](http://www.hta.org/Dial_a_Ride/service.htm)

**Description:** Available to people who cannot use public transportation and can be certified so by their physician. Tickets can also be purchased at Arcata Mad River Transit and at the Arcata City Hall.

**Name:** Eureka Transit Service (Humboldt Transit Authority)

**Address:** 133 V St., Eureka, Ca 95501

**Phone:** 707 443 0826

**Website:** [www.hta.org](http://www.hta.org)

**Description:** Provides transportation in and around Eureka city limits. Service is within the Eureka City limits only. Rates: \$1.20 Regular/ \$.90 Discount cash fare; \$3 regular/ \$2.50 discount day pass; \$9 regular/ \$6.50 reduced 10 ride pass; \$35 regular/ \$30 reduced month pass. (Reduced fare for seniors above the age of 62, children between the ages of 3 and 17, and persons with disabilities)

**Name:** HCAR (Humboldt Community Access and Resource Center) Care A Van Services

**Phone:** 707 443 7077

**Website:** [www.hcar.us/ats.htm](http://www.hcar.us/ats.htm)

**Description:** Non emergency, free (donations OK) transportation for medical appts in the McKinleyville to Fortuna area. Low income eligibility guidelines apply. Call at least 3 business days ahead to arrange transport.

**Name:** H.E.L.P. Services

**Address:** P.O. Box 592, Crescent City, CA

**Phone:** 707 465 4357

**Email:** [helpservices@charter.net](mailto:helpservices@charter.net)

**Description:** Non emergency, medically necessary transportation from Portland to Los Angeles. Stationed in Crescent City. Will bill Medi Cal for medically necessary transportation. Will also accept private pay and other options.

**Name:** Kare A Van

**Address:** 2385 1st St., McKinleyville, CA

**Phone:** 707 839 0530

**Description:** Provides medically necessary transportation from hospital, home, rehabilitation appointments, doctor's appointments, etc. Will bill Medi Cal for medically necessary transportation. Will also accept private pay and other options. \$18/pick up plus \$1.60/mile.

**Name:** Mercy Flights, Inc.

**Address:** 3650 Biddle Rd., Suite #14, Medford, OR

**Phone:** 541 779 1019

**Website:** [www.mercyflights.com](http://www.mercyflights.com)

**Description:** Ground and air ambulance service. Emergency and non emergency transport. Travel from West of the Rockies, Washington to California.

**Name:** Redwood Transit System (Humboldt Transit Authority)

**Phone:** 707 443 0826

**Website:** [www.redwoodtransit.org](http://www.redwoodtransit.org)

**Description:** Provides transportation from Scotia to Trinidad. Call HTA for current route schedule and fees. Service runs North and South along Hwy. 101 corridor. Thru Eureka Transit Service. Rates: \$1.20 Regular/ \$.90 Discount cash fare; \$3 regular/ \$2.50 discount day pass; \$9 regular/ \$6.50 reduced 10 ride pass; \$35 regular/ \$30 reduced month pass. (Reduced fare for seniors above the age of 62, children between the ages of 3 and 17, and persons with disabilities).

**Name:** We Care Non Emergency Transportation

**Address:** P.O. Box 8171, Eureka, CA 95502 8171

**Phone:** 707 445 3692 – office, 707 268 5899 voice pager, 1 888 528 3188 toll free

**Description:** Non emergency transfers to/from doctors, hospitals and other health care providers; 24 hours notice needed. Out of state transportation services also available.

## Veteran Information and Services

**Name:** Department of Veterans Affairs (VA)

**Address:** 810 Vermont Ave., NW Washington, DC 20420

**Phone:** 800 827 1000

**Website:** [www.va.gov](http://www.va.gov)

**Description:** Federal telephone service contact point for all services available to veterans through the US government.

**Name:** Eureka Veterans Clinic

**Address:** 714 F St., Eureka, CA 95501

**Phone:** 707 442 5335

**Website:** [www.va.gov/directory/guide/facility.asp?ID=756](http://www.va.gov/directory/guide/facility.asp?ID=756)

**Description:** Provides primary care, mental health, and some ancillary services to qualified veterans.

**Name:** Humboldt County Veterans Service Office

**Address:** 825 5th St., Rm. 310(In the courthouse), Eureka, CA 95501

**Phone:** 707 445 7341

**Website:** <http://www.co.humboldt.ca.us/veteran/>

**Description:** Advocate for veterans and their dependents for support in getting benefits and processing claims.

**Name:** North Coast Veterans Resource Center

**Address:** 2107 3rd St., Eureka, CA 95501

**Phone:** 707 442 4322

**Website:** [www.humboldt.edu/~ves/Pages/community.html#NCVRC](http://www.humboldt.edu/~ves/Pages/community.html#NCVRC)

**Description:** Offers a variety of services for veterans including, but not limited to housing, employment, and referrals for mental health services. Employment and limited training for homeless and/or unemployed veterans.

**Name:** Redwoods Veterans Outreach Center

**Address:** 2830 G St., Eureka, CA 95501

**Phone:** 707 444 8271

**Website:** [www.humboldt.edu/~ves/Pages/community.html#VC](http://www.humboldt.edu/~ves/Pages/community.html#VC)

**Description:** Provides a broad range of counseling, outreach and services to eligible veterans and their families.

**Name:** Veterans Upward Bound

**Address:** Humboldt State University, University Annex Rm 158, Arcata

**Phone:** 800 826 4971

**Website:** [www.humboldt.edu/~veterans/vub](http://www.humboldt.edu/~veterans/vub)

**Description:** Offers college preparatory courses to veterans beginning or returning to college. Day and evening classes during the Fall and Spring semesters. Application & placement assistance, career & academic advising, transcript requests, financial aid assistance, college admission testing and individual tutoring. Available without charge to all college bound veterans.

## Miscellaneous Services

**Name:** General Hospital Community Resource Center

**Address:** 212 G St., Eureka, CA 95501, CA

**Phone:** 707 442 5239

**Website:** [www.stjosepheureka.org/servicesfacilities/commresource/default.htm](http://www.stjosepheureka.org/servicesfacilities/commresource/default.htm)

**Description:** Located inside the St. Vincent De Paul Thrift Store. Monday – Friday, 10:00 – 2:00 pm.

**Name:** HOPE Coalition Community Services Guide

**Website:** <http://hopecoalition.org/humboldtresourceguide.htm>

**Description:** A detailed resource guide available on the web.

**Name:** Humboldt Community Switchboard

**Phone:** 707 441 1001 from 9:00 5:00 or 1 (877) 460 6000

**Website:** [www.theswitchboard.org](http://www.theswitchboard.org)

**Description:** Resource search services.

**Name:** Redwood Community Action Agency

**Address:** 904 G St., Eureka, CA 95501

**Phone:** 707 269 2002

**Website:** [www.rcaa.org](http://www.rcaa.org)

**Description:** Information and referral for social service programs.

**Name:** Tri Counties Independent Living

**Address:** 955 Myrtle Ave., Eureka, CA 95501

**Phone:** 707 445 8404

**Website:** [www.tilinet.org](http://www.tilinet.org)

**Description:** Short term case management and referrals for people with disabilities.